



# OUR LADY OF LOURDES

Roman Catholic Parish of Acton

Archdiocese of Westminster

This parish is served by The Spiritans



## Parish Newsletter 19th February 2023

Seventh Sunday in Ordinary Time Year A

First Reading: Leviticus 19:1-2,17-18 Second Reading: 1 Corinthians 3:16-23 Gospel: Matthew 5:38-48

### WELCOME

Thank you to everyone joining us this weekend. If you are new to the parish, please introduce yourself to one of the priests after Mass.

**Our Lady of Peace Prayer Group** meets every Friday at 7pm in the church. All our welcome.

**The Church will be open** Tues to Fri, 9:00am to 5:30pm. Sat 10:00am to 8:00pm, Sun for Masses.

#### Mass Times:

**Monday:** No Mass

Fr Patrick works at Heathrow—Fr Jude's day off

**Tuesday – Friday:** Mass 10:00am

**Saturday:** 7:00pm

**Sunday :** 9:00am, 10:30am, 12:00

**Parish Office:** Mondays 9:00am – 1:00pm

Thursdays and Fridays 10:00am—2:00pm

**Exposition of the Blessed Sacrament:** 30 minutes before every Mass.

**During the Exposition of the Blessed Sacrament** please join us in silent prayer and reflection showing complete reverence at all times.

**Confessions:** Saturdays 6:20pm to 6:50pm. Week-days: Tuesday to Friday from 9:15am to 9:55am.

You can also book an appointment with the priest for confession for a time that is convenient to you.

**Rosary:** The Rosary will be said every Friday after the 10am mass.

**Parish Donations:** WRCDT Our Lady of Lourdes

Sort code: 40-05-20 Account No. 71095692

Please use the Gift Aid Scheme (forms at back of church)

**Contactless Payment:** This is now operational.

Please see the payment terminals at the back of the church ready for your donations.

**Parish Registration:** Please fill in a registration form (available at the back of the church or the office) and return it to the parish office.

### Second Collection: Cardinal's Lenten Appeal 2023

Funds raised this year will be shared between the four pillars of the Cardinal's Lenten Appeal: Marriage & Family Life; Youth & Evangelisation; The Education Service and Caritas Westminster. The effects of the pandemic, followed by the cost of living crisis, are still making daily life harder for all. Price rises last year meant many families faced an impossible choice: HEAT or EAT? And this crisis is far from over. The Church continues to respond, with thousands of people putting their faith into action by serving those in need. Cardinal Nichols has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. And for those who can't give financially, your time is a priceless commodity – please see the posters on how you can volunteer in the diocese and help those in need. Please take a donation envelope today, for more information. You can use the QR code to make your donation online. Thank you for your generosity.

### Freda Murphy sadly passed away at the age of 99



years. She was a faithful member of this parish for 30 years. Let us pray for the repose of her soul and for her family. The Reception of the body will be on Friday 3rd March at 7pm. The funeral will take place on Saturday 4th March at 10am.

**Ash Wednesday** is this week, marking the beginning of Lent. There will be two Masses this Wednesday at 10am and 7pm.

**Stations of the Cross during Lent:** During Lent we will be doing the Stations of the Cross during the week before mass on Tues-Thurs at 9.30am and on Fridays at 3pm.

**Address:** 5 Berrymead Gardens, Acton, W3 8AA

**Office Tel:** 020 8992 2014

**Office Email:** acton@rcdow.org.uk

**Administrator:** Angie Bull

**Facebook Group:** ololacton

**Parish Priest:** Fr. Patrick Adusei Poku CSSp.

**Email:** patrickadusei-poku@rcdow.org.uk **Mobile:** 07766254987

**Assistant Parish Priest:** Fr. Jude Kurumeh CSSp.

**Email:** judekurumeh@rcdow.org.uk **Mobile:** 07438774799

**Deacon:** Rev. Tito Pereira **Email:** titopereira@rcdow.org.uk

## VOLUNTEER SECTION

If you would like to volunteer with any of our Church events please email the office [acton@rcdow.org.uk](mailto:acton@rcdow.org.uk).

**Tea and Coffee:** We are open for tea and coffee after the 9am and 10.30am Masses every Sunday.

**Children's Liturgy Leaders:** Our Children's Liturgy Team is in great need of your support. Please help us to grow our numbers in order to continue providing Children's Liturgy every Sunday of the school year. We welcome any form of help: regular or on an ad-hoc basis. You don't need to be a teacher to be a Children's Liturgy Leader and our existing members will be there to guide you and support you. Please find any of us after the service at 10:30am every Sunday.

**Sacramental Programmes:** We are looking for volunteers to help in preparing candidates for sacramental programs like First Holy Communion, Confirmation and RCIA.

**First Holy Communion Programme:** There is a Reconciliation Service for all the candidates on Saturday 11<sup>th</sup> March at 11am. All children must be accompanied by a parent.

**Confirmation Programme:** There will be a Reconciliation Service for all the confirmation candidates on Thursday 23rd Feb at 7pm. The Flame Congress takes place on Saturday 4th Mar and candidates will be participating in the Good Friday Evening Tenebrae at 7pm.

**Lenten Taizé Prayers** in Notre Dame de France (French Church, 5 Leicester Place WC2H 7BX) at 19:30 on 25th Feb and 25th Mar 2023. A time of prayer with Taizé chants, scripture and silence in the heart of London. All are welcome!

**Annual Holiday:** Fr. Jude is away for the month of February taking his annual holiday, travelling to Nigeria to visit his family. Let's keep him in our prayers.

**Newsletter:** Our newsletter has now gone electronic! We encourage all our parishioners to receive this via email to reduce paper waste. If you wish to receive the newsletter via email please let us know.

**Parish Singer and Harpist:** Gina Mackey provides beautiful harp music and vocals for Wedding Ceremonies and Funeral Masses. For further info please visit [www.ginamackey.co.uk](http://www.ginamackey.co.uk).

## KID'S CORNER

C	A	P	U	R	P	O	S	E	Y
O	N	U	E	L	O	A	R	F	R
M	C	R	N	L	V	B	O	A	G
P	E	P	O	I	L	O	T	F	N
L	S	O	R	K	T	L	S	O	A
E	T	T	H	S	A	I	E	O	L
T	U	S	T	A	E	S	C	T	I
E	R	O	M	O	D	G	N	I	K
T	O	E	H	N	E	V	A	E	H
L	S	H	S	I	L	O	B	A	S

ABOLISH	COMPLETE	PURPOSE
KINGDOM	HEAVEN	VIRTUE
ANCESTORS	KILL	ANGRY
ALTAR	THRONE	FOOTSTOOL



**CAFOD Family Fast Day** will be on Friday 3rd Mar, with a second collection on 4th/5th Mar. There will be a short talk next week about how your donations are helping families fighting the climate crisis and helping CAFOD to be able to quickly respond to emergencies. Envelopes for your donations and prayer cards, will be available next week.

**CAFOD Syria-Turkey Earthquake Appeal:** CAFOD is responding with support of provision of food, water, shelter, medical assistance and winter kits for survivors. Let us join CAFOD in praying for our sisters and brothers affected by the earthquakes and the winter weather. Your support for CAFOD throughout the year allows our Catholic agency to act quickly when disasters strike. For more details visit the CAFOD's Syria Turkey Emergency Appeal website at [cafod.org.uk/give](http://cafod.org.uk/give)

**Communion Approach:** As Catholics, receiving the Holy Eucharist is a very important part of our faith, as we are gifted with receiving the very body and blood, soul and divinity of Jesus Christ. To ensure this moment is experienced with reverence and holiness, and to avoid any rush to the altar or overcrowding in the central aisle, we ask that all parishioners observe the following guidelines: We will ask the people sitting in the first row to come forward first. Then take turns row after row, one after the other. We often have a steward who will direct and help us during this process.

**Contactless Payment:** We are now ready to accept contactless donations to the parish. There are two terminals at the back of the church ready to take your financial contributions. There will be volunteers available after every mass this weekend to help with any queries you may have. You may prefer to contribute by setting up a standing order through your bank. If you are a UK tax payer please consider filling out a Gift Aid Declaration form (forms available at the back of the church). If you already have a standing order set up, you do not need to do anything.

## ~ SACRAMENTS IN OUR PARISH ~

We have ~40 young people preparing for First Holy Communion, ~68 young people preparing for Confirmation and several adults preparing for Reception into the Catholic Faith. Please keep all of them in your prayers.

**First Holy Communion:** Children need to attend classes every Saturday during term time.

**Confirmation:** Sessions are normally on Mondays from 7-8pm in the hall. Except for school holidays.

**RCIA:** Our meetings for RCIA candidates are on Thursdays at 7pm in the hall. Please contact the office if you would like to join.

**Baptism for babies and infants** Please attend one of the weekend Masses and speak with Fr. Patrick/Fr Jude afterwards. They will advise you on how to proceed.

### **Marriage Preparation & Support**

If you are thinking about getting married please get in touch with a priest very early in the process. Couples are required to give 6 months notice of marriage – whether it is taking place here or abroad. Please do not leave it to last minute. Call the parish office to arrange a meeting with the priest if you are preparing for marriage or if you are a married couple would like or need support.

### **RCIA (Rite of Christian Initiation of Adults) Journey in Faith: Are You Interested in Becoming a Catholic?**

If you have never been baptised, if you were baptised in another Christian denomination or if you were baptised Catholic but never received the Sacraments of Eucharist or Confirmation, and would like to become Catholic, you are very welcome to join the RCIA programme, the process by which adults become Catholic. Likewise, any Catholic interested in learning more about the Faith is welcome to join too.

## ACTON HOMELESS CONCERN

0208 992 5768 admin@actonhomelessconcern.org

Acton Homeless Concern is our parish's local charity that provides basic needs, services, support and advice for homeless and disadvantaged people and anyone in need. **All are welcome.** As well as providing hot meals and groceries, services available include housing, medical support, counselling, legal advice and referral services for drug and alcohol misuse. If you, or anyone you know needs help please do get in touch or - or just drop into one of the centres.

### **Emmaus House (1-3 Berrymead Gardens)**

Emmaus House serves lunch from 11.45am, Monday - Friday.

### **The Damien Centre (Church Street)**

The Damien Centre serves breakfast from 9am and a light meal available between 2-6pm, Monday - Friday.

**How you can help:** We are always in need of volunteers to help and serve food and clothes. Or if you have another skill or area of expertise to help our clients then please do get in touch. Clothing and financial donations are always gratefully received.



### **Prayer for the sick and housebound**

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all our sick parishioners, at home or in hospital, and for bereaved families. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and the joy, peace, and healing, of your presence. We make our prayer through Christ our Lord. **Amen.**

**SAFEGUARDING:** If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, in the first instance, please dial 999, otherwise contact our **Parish Safeguarding Representative Geraldine Allen:** RCDOW Safeguarding Co-ordinator— geraldineallen@rcdow.org.uk / 020 7798 9196

We are a Fairtrade Parish. For all contributions please consider buying Fairtrade products.

For a newsletter emailed weekly, or to suggest articles/additions, contact the parish secretary: acton@rcdow.org.uk. **Newsletter items received after 12 noon Thursday may not be included that week.**

**The church is open for the following Services and for private prayer and Confessions**

<b>Saturday 18th February</b>	10.00am	No Morning Mass	
	6.20-6.50pm	Exposition of the Blessed Sacrament & Confessions	
<b>Mass of Sunday</b>	7.00pm	Rose Francis	Death Anniversary
<b>Sunday 19th February</b>	8.30-8.55am	Exposition of the Blessed Sacrament & Private Prayer	
Seventh Sunday in Ordinary Time Year A	9.00am	Rosaura Archer-Isern	R.I.P.
	10.30am	Freda Murphy	R.I.P.
	12.00noon	Dennis O'Brien John Mortimor	R.I.P. R.I.P.
<b>Monday 20th February</b>		No Mass	
<b>Tuesday 21st February</b>	9.30-9.55am	Exposition of the Blessed Sacrament & Private Prayer	
	10.00am	For all deceased members of the Bull Family	R.I.P.
<b>Wednesday 22nd February</b>	9.30-9.55am	Exposition of the Blessed Sacrament & Private Prayer	
<b>ASH WEDNESAY</b>	10.00am	For all deceased members of the MacFarlane Family	R.I.P.
	<b>7.00pm</b>	<b>Evening Mass</b>	
<b>Thursday 23rd February</b>	9.30-9.55am	Stations of the Cross	
	10.00am	For all our parishioners	
<b>Friday 24th February</b>	9.30-9.55am	Exposition of the Blessed Sacrament & Private Prayer	
	10.00am	For all the teachers at St. Vincent's School	
	3.00pm	Stations of the Cross	
<b>Saturday 25th February</b>	10.00am	No Morning Mass	
	6.20-6.50pm	Exposition of the Blessed Sacrament & Confessions	
<b>Mass of Sunday</b>	7.00pm		
<b>Sunday 26th February</b>	8.30-8.55am	Exposition of the Blessed Sacrament & Private Prayer	
Second Sunday in Lent Year A	9.00am	Glorio Fernandes	R.I.P.
	10.30am	Antonio Rodrigues	R.I.P.
	12.00noon	For all parishioners	

**Mass Intentions:** If you would like someone to be prayed for during Mass please write down the details in an envelope with your donation of £10/ per Mass and drop it into the office. All Mass intentions are published in the newsletter.

**Visitation:** If you or someone in your family is house-bound and would like a visit from a priest please contact the parish office.

**Celebrations:** Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community.