ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

7th September 2025

Dear Parishioners,

Thank you all for the warm and generous welcome to St. Aidan's. I feel truly blessed to begin serving this parish and to be part of such a kind and faith-filled community. Alongside Fr. Brendan, Fr. Christian, Deacon Tito, and Francis, I look forward to growing together in faith, hope, and love.

~ Fr. Patrick Adusei Poku CSSp





Fr. Patrick Adusei Poku CSSp

Parish Priest

I am originally from Ghana and a member of the Religious Missionary Order of Holy Ghost Fathers (The Spiritans). I have worked as Assistant Priest at Mary Immaculate & St Peter Church in New Barnet London, St. Luke's Parish in Manchester, Assistant Priest of the Good Shepherd in Dover, Chaplain for the Spiritan Youth Ministry in Manchester, Chaplain for St. George's High School and St. John Vianney RC School, a special needs school. I also worked as chaplain in North Manchester General Hospital, Manchester Prison (Strangeways), Parish Priest of St. Francis De Sales in Hartley, Kent and currently Parish Priest of Our Lady of Lourdes, Acton. I also currently work as the Chaplain for the Immigration Removal Centre at Heathrow.



Fr. Christian Egemonye CSSp

Assistant Priest

I am originally from Nigeria and have spent my whole ministry as a Spiritan priest working in Paraguay for the past 16 years.



Deacon Tito Pereira

Deacon

In 2007, I was ordained to the Diaconate by Bishop Alan Hopes. I aide with witnessing marriages, baptisms and presiding at funerals and other functions such as preaching at Masses.



Fr Brendan Okechukwu Aroh CSSp

Assistant Priest

I am originally from Nigeria. I am also a Spiritan Priest with over 23 years of priestly pastoral experience working in ministries across Pakistan, Nigeria, USA and UK.



Francis Dinh Tuong Bui CSSp

Seminarian

I am from Vietnam. I am a Spiritan Seminarian. I am currently doing 2 years of pastoral ministry experience in the UK as part of my formation programme.

The church is open Tues to Fri, 9:00am to 6pm.
Sat 10:00am to 8:00pm, Sun for Masses.
Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp.
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Parish Office: Opening times TBC
actoneast@rcdow.org.uk 020 8743 5732

MASS TIMES

Monday: No Mass (Church Closed)
Fr. Patrick at Immigration Centre
Tuesday - Friday: 10am
Saturday: 6.30pm
Sunday: 10am, 1pm (Ge'ez Rite)
Holy Days of Obligation: 10am, 7pm

Welcome to everyone joining us for Mass today.

We would like every parishioner to register with us so please pick up a form from the back of the church. You can also pick up a standing order form, if you'd like to gift aid any donations you give. If you are new, please introduce yourself to one of the priests.

Thank you for coming!

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial

If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at no cost to you.

To Gift Aid your bank transfer donations, please send an email to giftaid@rcdow.org.uk with the following information: Your parish name, your title, first name and surname, your address and postcode, the date of your gift, or start date of Standing Order and the amount. Please add the line: 'Please Gift Aid my donations'. The Diocese Gift Aid office will add your declaration immediately, on behalf of your parish, and email you a confirmation.
Standing Order: If you would like to make a regular (monthly/quarterly/annual) donation to your parish, you can download a Standing Order form from parish.rcdow.org.uk/actoneast/wp-content/uploads/sites/168/2022/07/ACTNE20.pdf

SPIRITAN NEWS

GAP YEAR VOLUNTEERING WITH 'JUST YOUTH' Are you 18 to 25 and wish to support young people in their holistic growth, discover and develop their talents through Chaplaincy and other outreach programs? Please contact Just Youth on www.justyouth.co.uk and apply.

Lay Spiritans: Any parishioner who is interested in becoming a lay Spiritan, please contact Fr Patrick or the Parish Office.

CURRENT NEWS & NOTICES

BUILDING UP OUR FAITH

The Call to Love

Anna Dengel, foundress of the Medical Mission Sisters, once said: "Love is the impetus which gives our way of life its meaning and direction, empowering us to commit all that we have and all that we are, to help bring about a world where all live in harmony."

This weekend, our parish family joins with the wider congregation in giving thanks for 100 years of the Medical Mission Sisters. We rejoice with our own Sisters here among us, whose presence and ministry have been such a blessing. Through their work of healing and service, they have shown us what it means to let love lead the way. Their witness is a reminder that love is not just spoken about, but lived—in care, compassion, and faithfulness.

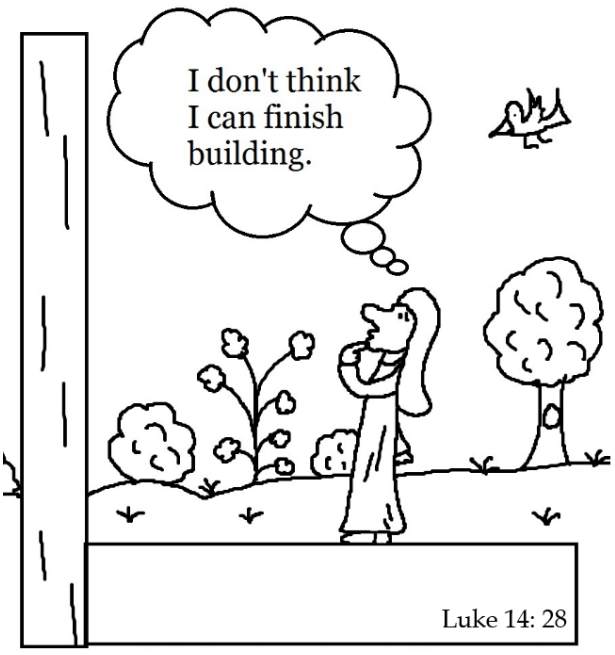
As we share in their joy, we are also invited to look at our own lives. Love shows itself in simple, everyday ways: in the kindness we show one another, in the time we give to those who need it, and in the patience we practise within our families and parish community. These small acts, rooted in Christ, can truly bring harmony and healing to our world.

Prayer of Thanksgiving

Loving Father, we thank You for the gift of the Medical Mission Sisters and for a hundred years of their healing presence. Bless them with joy, strength, and hope as they continue their mission of love in the world. May their example inspire us all to live in service of Your kingdom. Through Christ our Lord. Amen.

~Deacon Tito

Kids' Corner



CURRENT NEWS & NOTICES

Second Collection: Next week there will be a second collection for the Catholic Education Service.

First Holy Communion 2026: Application Forms and a letter are now available from the back of the church. Children in Year 3 or above are eligible to receive the sacrament in 2026. They must be baptised, or preparing for baptism, in order to enrol in the preparation classes.

Confirmation 2026: Application Forms and attendance forms are now available from the back of the church. Young people in Year 10 and above are eligible to join the programme. Deadline - Sunday 28th September 2025.

Be Part of Our New Parish Choir: Do you love to sing or play an instrument—or simply enjoy the joy of music? We're launching a brand-new parish choir for 10am Sunday Mass and we'd love for you to be part of it. Whether you're a vocalist or a musician, this is a wonderful opportunity to help lift our worship and bring our community closer together. No auditions, just enthusiasm and a love for music — please pick up a form from the back of the church, fill it in and return to the parish office.

Extraordinary Ministers of the Eucharist: Volunteers Urgently Needed! If you would like to be a Eucharistic Minister, please pick up a form from the back of the church, fill it in and return to the parish office.

Baptism Preparation Course: The next course for parents who wish to have their children baptised will take place in October. The course is given over three one-hour evening sessions in the Parish Hall. Parents are expected to attend all three sessions. To register, please go the Parish Office to fill out the forms. The closing date for this course is **Sunday 28th September.**

Ministers of the Word (Readers): Volunteers Urgently Needed! Do you feel inspired to serve our Parish Community in this important ministry in the life of the Church? It would be wonderful to have more parishioners come forward for the next training course which will take place in the Autumn term. The course will enable you to proclaim the Word of God with confidence and deepen your love of the scriptures. Please complete the application form which you will find at the back of the church and return it to the parish office.

Weekday Masses: There will no longer be Mass on Mondays as Fr. Patrick works at the Immigration Centre and Fr. Brendan works at school.

Bread & Wine: From September you will be able to receive the Eucharist under both kinds at all Masses.

SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.

Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.

RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.

Registration: We would like all parishioners to register in the parish so that we can create a database of contact details. Please pick up a registration form from the back of the church and once filled in, return it to the parish office.

Fundraising Concert: On Sunday 12th Oct 2025, there will be a concert at Our Lady of Lourdes Church, featuring the incredible worship collective **One Hope Project**. Tickets are available after all the Masses each week, and cost £20 for adults, £10 for children, young people and pensioners. All proceeds will go towards supporting the young people of St Aidan's and Our Lady of Lourdes to attend World Youth Day in South Korea in 2027.

Rite of Christian Initiation for Adults (RCIA) Thursday 18th September 7.15pm-8.30pm. Are you thinking of becoming a Roman Catholic or do you know somebody else who is? The Rite of Christian Initiation of Adults is a process for welcoming adults into the Roman Catholic Church in preparation for the sacraments of Baptism, Confirmation, and the Eucharist. This process welcomes non-baptised adults, adults baptised into another Christian Tradition, and Catholics who were baptised but never received the Sacraments of Confirmation or the Eucharist. It invites people to deepen their knowledge of Jesus and their relationship with Him. Weekly sessions take people through the key teachings of the Catholic faith and the issues facing Catholics in today's world. Come and join us on Thurs 18th September 7.15pm-8.30pm at Our Lady of Lourdes Parish Hall. Please complete the Application Form which you will find at the back of the church and return it to the Parish Office.

MASS & LITURGICAL ACTIVITIES

7th September 2025 23rd Sunday in Ordinary Time Year C

1st Reading: Wisdom 9:13-18 **2nd Reading:** Philemon 9b-10,12-17 **Gospel:** Luke 14:25-33

Saturday 6th September		
Mass of Sunday 6.30pm	Michael Walker	Special Intentions
Sunday 7th September	**23rd Sunday in Ordinary Time**	
10am	People of the Parish	
1pm	Ge'ez Rite	
Monday 8th September	**NO MASS**	
Tuesday 9th September		
10am	Barbara Casey Ranniel Siro	Death Anniversary Special Intentions
Wed 10th September		
10am	For the young people of our parish	Special Intentions
Thurs 11th September		
10am	All those who volunteer in our parish	Thanksgiving
Friday 12th September		
10am	For all our sick parishioners	Good Health Intentions
Sat 13th September		
Mass of Sunday 6.30pm		
Sunday 14th September	**The Exaltation of the Holy Cross**	
10am		
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: We will soon have new Mass Intention envelopes at the back of the church that you can use for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.