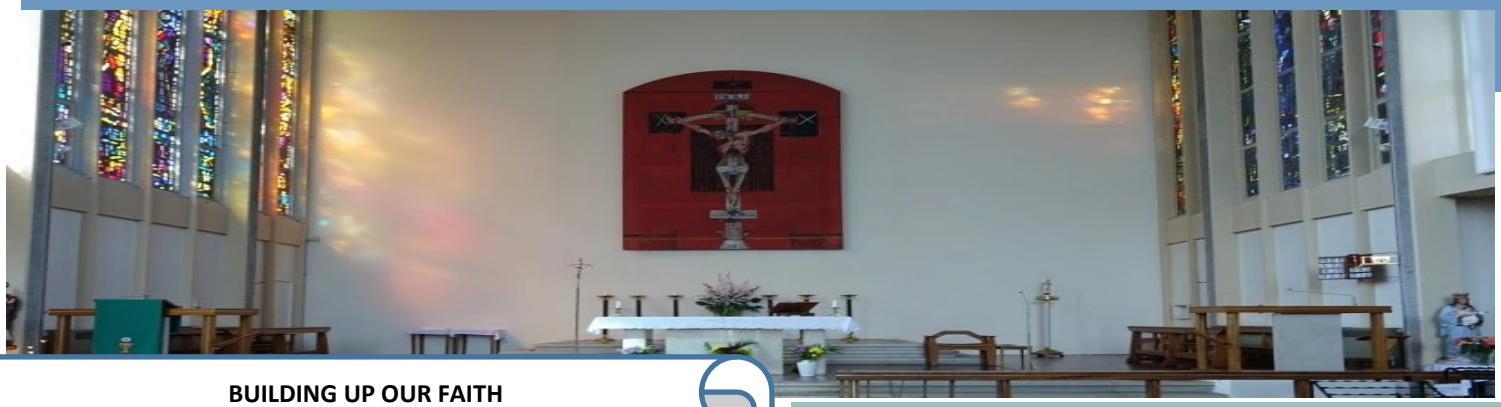
ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

15 March 2026



BUILDING UP OUR FAITH

Light is something we rarely notice until it is missing. A bright room feels normal. A sunny day feels ordinary. Yet when the light fades, we quickly feel the difference. Darkness changes how we see everything. It can make even familiar places uncertain.

The Christian faith often uses light as an image for something deeper. Light allows us to see clearly. Faith does the same for the soul. Faith helps us to recognise the presence of God and to trust in him.

In the story of the man born blind in the Gospel of John we see a surprising truth. The man who could not see physically slowly begins to see spiritually. His encounter with Jesus changes him. At first, he knows very little about Jesus. Gradually he understands more. Finally he recognises who Jesus truly is.

Others in the story remain in darkness. The religious leaders are confident in their own understanding. Yet they cannot see what God is doing right in front of them. Their problem is not a lack of openness.

Spiritual sight begins with humility. It begins when a person is willing to listen and to be led. Faith rarely arrives all at once. It grows slowly. It deepens through prayer. It strengthens through the sacraments and through daily trust in God.

This Sunday we also celebrate Mothering Sunday. It is a moment to give thanks for the women who first helped us to see the world with love and care. Many people first learned about faith from their mothers or grandmothers. Through quiet example, gentle encouragement and patient prayer they helped us to take our first steps towards God.

Every Christian is on this same journey. We all begin with partial sight. There are moments when our faith is clear and strong. There are other moments when we struggle to see.

Yet Christ continues to draw us towards the light. He does not abandon us in darkness. Step by step he helps us to see more clearly. The question for us is simple. Are we willing to let him open our eyes. ~ Deacon Tito

Boxes with Offertory envelopes will be distributed before and after Mass on the 14th and 15th March.

A Blessing for Mothering Sunday

On this Mothering Sunday we rejoice.

We give thanks for mothers, grandmothers, godmothers and all who show a mother's love. We thank God for their care, their patience and their faith. May Our Blessed Lady watch over them and keep them close to her Son.

May the Lord refresh those who are tired. May he comfort anyone who finds this day difficult. May he renew in all of us a living hope.

May the Father bless all our mothers, the Son guide them and the Holy Spirit fill them with joy, today and always.

Amen.

Thank you for your generous donations to CAFOD we have raised £599.89 and £210 at the soup kitchen. There is still time to donate if you want to. Envelopes are at the back of the Church.

The Office will be open on Tuesday and Wednesday this week

Our second collection today will be for Missio. This is the annual Lenten Appeal across the Diocese and supports one shared mission: helping people encounter Christ and live that faith in love and service. To donate please visit WWW.RCDOW.ORG.UK/LentenAppeal. Alternatively, envelopes are available at the back of the church.

The church is open
Tues and Thu 9am-3pm
Sat 10:00am to 8:00pm, Sun for Masses.
Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp. christianegemonye@rcdow.org.ukw
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Parish Office: Opening times Tue and Thu 10am to 3pm
actoneast@rcdow.org.uk 020 8743 5732
Parish Administrator: Paola Turner

MASS TIMES

Monday: No Mass (Church Closed)

Fr. Patrick at Immigration Centre

Tuesday - Friday: 10am

Saturday: 6.30pm

Sunday: 10am, 1pm (Ge'ez Rite)

Holy Days of Obligation: 10am

Dear Friend in Christ,

Welcome to St. Aidan's Church! Whether you are visiting for the first time, returning after some time away, or simply seeking a quiet moment with God, we are truly blessed by your presence. This is a sacred space where hearts are lifted, prayers are heard, and lives are renewed by the grace and love of our Lord.

Here in this house of prayer, we invite you to take time to reflect, to find peace in silence, and to open your heart to God, who knows you, loves you, and walks with you always. Whatever burdens you carry or joys you celebrate, know that you are not alone—God is with you, and we are here to walk with you in faith and fellowship.

Our community gathers regularly to celebrate the Holy Mass. You are most welcome to join us at any of our services

Each Mass is a moment to encounter Christ in Word and Sacrament, and to be strengthened as members of His Body.

If you have any questions or would like to speak with a priest or member of our parish team, please do not hesitate to reach out. May you find here a home of prayer, comfort and belonging.

With every blessing, From **Fr. Patrick Adusei Poku CSSp Parish Priest**

CURRENT NEWS & NOTICES

First Holy Communion 2026: The next classes for children are on **Sunday 15th March and Sunday 22nd March** after mass in the hall. The class finishes at 12pm. **Parents meeting:** this will be on Sunday 15th March after mass in the meeting room near the office.

Confirmation 2026: The next date for Confirmation Classes is on **Tuesday the17th March at 7pm** in the Church Hall at our Lady of Lourdes (please be there by 6:55).

Baptism Preparation Course 2026: If you would like your child baptised please come to the office to fill in an application form. The next baptism course will take place in the Spring.

Eucharistic Ministers and Readers: A new rota for the next few months is pinned in the porch.

Stations of the Cross: Every Friday during Lent after the 10 o'clock Mass in the church. We invite you to join us as we walk the Stations of the Cross. This is a special time to reflect on Jesus' love and sacrifice for us. As we reflect together, we'll deepen our gratitude and be inspired to love others as He has loved us.

The Lenten Reconciliation Service will be on Thursday 26th March at 7.00pm.

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial



If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at no cost to you.

To Gift Aid your bank transfer donations, please send an em ail to giftaid@rcdow.org.uk with the following information: Your parish name, your title, first name and surname, your address and postcode, the date of your gift, or start date of Standing Order and the amount. Please add the line: 'Please Gift Aid my donations'. The Diocese Gift Aid office will add your declaration immediately, on behalf of your parish, and email you a confirmation.
Standing Order: If you would like to make a regular (monthly/quarterly/annual) donation to your parish, you can download a Standing Order form from parish.rcdow.org.uk/actoneast/wp-content/uploads/sites/168/2022/07/ACTNE20.pdf



Kids' Corner

CURRENT NEWS & NOTICES

Hymns for 10 am Mass today

Please do join in the singing!

Gathering: The Servant King (no. 749)

Gospel Acclamation

Praise to you, O Christ, our Saviour, Word of the Father, calling us to life; Son of God who leads us to freedom: glory to you, Lord Jesus Christ!

Preparation of Gifts: The Lords my shepherd I'll not want (no. 806)

Communion: This is my body (no. 627)

Recessional: Christ be our light (no. 883)

Parish Finances February 2026:	**Thank you**
Offertory Income	**£2762.05**
Poor Box	**£96.09**
Mass Stipends	**£310.00**
Candles	**£421.13**

Holy Week Masses:

Holy Thursday: 7pm
Good Friday: 3pm
Easter Vigil: 8pm
Easter Sunday: 10am

Westminster Diocesan Pilgrimage to Lourdes 17th – 24th July 2026. Registration is now open at https://pilgrimages.rcdow.org.uk/registration-form/ or via the Pilgrimage Office on 0207 798 9173. If you would like to sponsor or fundraise for an Assisted Pilgrim, member of the medical team or volunteer then please also contact the Pilgrimage Office for further details.



Fr. Patrick is running the London Marathon!

On Sunday 26th April 2026, Fr Patrick is running the London Marathon to raise funds for Acton Homeless Concern.

This is a huge challenge for him, and will raise much needed funds for the charity, which was started by the parishioners and priests of Our Lady of Lourdes over 35 years ago. He has already raised over £2,500! Thank you for your support.

If you'd like to sponsor him you can do so through the JustGiving page justgiving.com/page/fr-patrick or you can scan the QR code here or you can give via money to the office in an envelope addressed to Acton Homeless Concern.

SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.

Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.

RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.

Annual Mass of Thanksgiving for the Sacrament of Matrimony

Westminster Cathedral, Saturday 23rd May 2026 at 2:30pm.

The Archbishop is inviting to this Mass all couples in the Diocese, who are celebrating their **5**th **10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** wedding anniversary of Catholic marriage in 2026. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and contact email (or telephone number, if no email).



MASS & LITURGICAL ACTIVITIES

15 March 2026 4th Sunday of Lent Year A

1st Reading: 1 Samuel 16:1b, 6-7, 10-13a **2nd Reading:** Ephesians 5: 8-14 **Gospel:** John 9: 1-41

Sat 14th March		
Mass of Sunday 6.30pm	Maureen Casey Anselmo Lagmay Sr Shirl Dent	R.I.P. Anniversary R.I.P. Anniversary R.I.P.
Sunday 15th March	**FOURTH SUNDAY OF LENT Mothering Sunday**	
10am	Camilita Wilson Barclay Esmeraldina Santos For the people in our parish	R.I.P. Anniversary R.I.P. Anniversary Special Intentions
1pm	Ge'ez Rite	
Mon 16th March	**NO MASS**	
Tues 17th March	**SAINT PATRICK, Bishop, Patron of Ireland**	
10 am	For all our Irish Parishioners	Special Intentions
Wed 18th March		
10 am	For the young people of the parish	Special Intentions
Thurs 19th March	**SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY, Patron of the Diocese**	
10:00 am	All those who volunteer in our parish	Thanksgiving
Friday 20th March	**Station of the cross after morning Mass**	
10am	For all our sick Parishioners	Good Health Intentions
Sat 21st March		
Mass of Sunday 6.30pm	For the people in our parish	Special Intentions
Sunday 22nd March	**FIFTH SUNDAY OF LENT**	
10am	Reynaldo and Dennis Pollicar For the people in our parish	R.I.P. Special Intentions
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: Mass Intention envelopes are at the back of the church. You can use them for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.