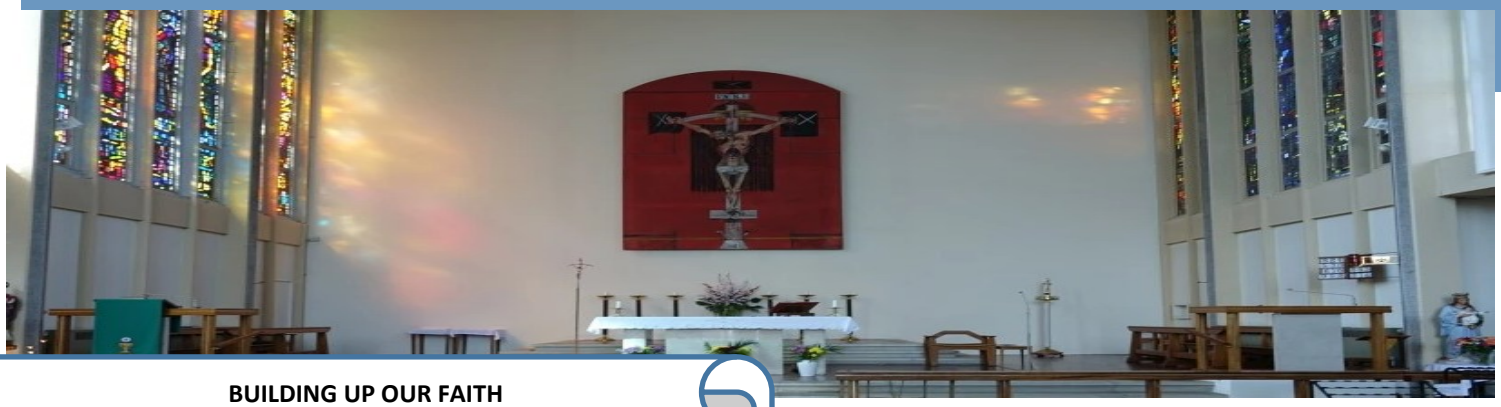
ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

29 March 2026



BUILDING UP OUR FAITH

Palm Sunday of the Lord's Passion draws us into a moment full of hope and tension. We see people waving palms as Jesus enters Jerusalem, and it feels familiar. Today, symbols like flags can bring people together, but they can also divide, touching something deep within us, a sense of identity, a need to belong, and a longing to be saved.

The people in Jerusalem were not so different from us. They lived under Roman rule and wanted freedom and change. When they cried "Hosanna", they were saying "save us", and many hoped for a political rescue. They expected a powerful leader who would defeat their enemies.

But Jesus does not meet those expectations. He enters the city in humility, not as a warrior, and he does not take sides or play the game of us and them. Instead, he shows a different way.

It is striking how quickly things change. The same voices that cry "Hosanna" can later cry "Crucify him". When Jesus does not act as expected, people turn against him, and this is uncomfortable because it challenges us. We can do the same when God does not follow our plans.

Now, after the Resurrection, we know that Jesus is the Saviour, but his way is not what people imagined. The world uses power to control and divide, but Jesus chooses another path. He enters into suffering and accepts it fully, even death on a cross. By doing this, he transforms suffering, gives it meaning, and leads us through it.

Jesus also shows that his kingdom is for everyone. It is not built on division, but on love and trust. Our cry is not about defeating others, but about trusting God, who has already overcome suffering and leads us forward towards peace, towards joy, and towards life with the Father. ~ Deacon Tito

Boxes with Offertory envelopes will be distributed before and after Mass today 29th March.

Holy Week Masses:

Holy Thursday: 7pm (no 10 am Mass)
Good Friday: 3pm
Easter Vigil: 8pm
Easter Sunday: 10am

The office will be close next week and the following Wednesday. It will reopen on the 9th April. Paola is reachable on her mobile on 07982710853

Hymns for 10 am Mass today

Please do join in the singing!

Gathering: Give me joy in my heart keep me praising (no. 722)

Gospel Acclamation

Praise to you, O Christ, our Saviour, Word of the Father, calling us to life; Son of God who leads us to freedom: glory to you, Lord Jesus Christ!

Preparation of Gifts: All that I am (no. 600)

Communion: One bread one body (no. 832)

Recessional: Were you there when they crucified my Lord? (no. 225)

The church is open
Tues and Thu 9am-3pm
Sat 10:00am to 8:00pm, Sun for Masses.
Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp. christianegemonye@rcdow.org.ukw
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Parish Office: Opening times Tue and Thu 10am to 3pm
actoneast@rcdow.org.uk 020 8743 5732
Parish Administrator: Paola Turner

MASS TIMES

Monday: No Mass (Church Closed)
Fr. Patrick at Immigration Centre
Tuesday - Friday: 10am
Saturday: 6.30pm
Sunday: 10am, 1pm (Ge'ez Rite)
Holy Days of Obligation: 10am, 7pm

Dear Friend in Christ,

Welcome to St. Aidan's Church! Whether you are visiting for the first time, returning after some time away, or simply seeking a quiet moment with God, we are truly blessed by your presence. This is a sacred space where hearts are lifted, prayers are heard, and lives are renewed by the grace and love of our Lord.

Here in this house of prayer, we invite you to take time to reflect, to find peace in silence, and to open your heart to God, who knows you, loves you, and walks with you always. Whatever burdens you carry or joys you celebrate, know that you are not alone—God is with you, and we are here to walk with you in faith and fellowship.

Our community gathers regularly to celebrate the Holy Mass. You are most welcome to join us at any of our services

Each Mass is a moment to encounter Christ in Word and Sacrament, and to be strengthened as members of His Body.

If you have any questions or would like to speak with a priest or member of our parish team, please do not hesitate to reach out. May you find here a home of prayer, comfort and belonging.

With every blessing, From **Fr. Patrick Adusei Poku CSSp Parish Priest**

CURRENT NEWS & NOTICES

First Holy Communion 2026: The next class for children is on **Sunday 19th April** after mass in the hall. The class finishes at 12pm.

Confirmation 2026: The next date for Confirmation Classes is on **Tuesday the 14th April at 7pm** in the Church Hall at our Lady of Lourdes (please be there by 6:55). The candidates are also asked to attend the Evening Tenebrae Service at OLOL on **Good Friday 3rd April at 7pm. The Confirmation Retreat** is on **Saturday 11th April.**

Baptism Preparation Course 2026: The next baptism course will take place on Mondays 11th May, 18th May and 5th June at 7pm in the parish hall. Parent's must register their child for baptism by Monday 4th May in order to attend the course.

Eucharistic Ministers and Readers: If you can help during Holy Week please write your name in the signing sheets in the porch.

Tea and Coffee after Mass: There is going to be tea and coffee at the back of the church after all weekend masses. Do come along as this is a lovely way to meet other parishioners.

Divine Mercy Pilgrimage to Aylesford Priory on Saturday 11 April led by Marian Fathers as a Preparation for Divine Mercy Sunday. The coach will leave Ealing Broadway station at 730 am and depart from Aylesford at 5 pm. Pls call Millie on WhatsApp 07957594646 if you would like to join us .

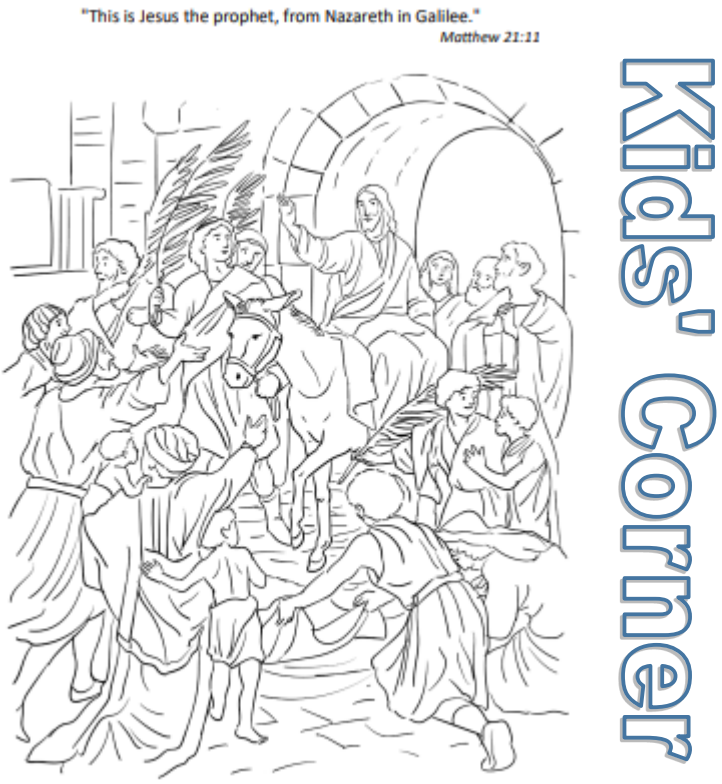
Francis, our seminarian, is going back to Vietnam for a short holiday and then to the Philippines to start his theological studies. The Second collection on Easter Sunday will be for him to thank him for his wonderful service during his stay with us and to support his studies.

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial



If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at no cost to you.

To Gift Aid your bank transfer donations, please send an em ail to giftaid@rcdow.org.uk with the following information: Your parish name, your title, first name and surname, your address and postcode, the date of your gift, or start date of Standing Order and the amount. Please add the line: 'Please Gift Aid my donations'. The Diocese Gift Aid office will add your declaration immediately, on behalf of your parish, and email you a confirmation.
Standing Order: If you would like to make a regular (monthly/quarterly/annual) donation to your parish, you can download a Standing Order form from parish.rcdow.org.uk/actoneast/wp-content/uploads/sites/168/2022/07/ACTNE20.pdf



CURRENT NEWS & NOTICES

You are all invited to sister Mary Joy's New Book Launch on Monday 20th April 3pm-5pm at Bexhill Museum (walking distance from the train station)

Sister Mary Joy writes: " A Journey of Service tells the story of how I came to join the East Sussex Fire Service and became Britain's first female firefighter in 1976. I served as an operational firefighter in Battle, although the journey itself began a few years earlier while I was still at school in Bexhill. All profits from the book will go towards supporting the ESF&RS Fire Cadet programme for young people.

At the launch there will be an opportunity to buy the book and have it signed. The Chief Fire Officer, Mark Matthews, will give an address, and I will also be sharing a few words. There will be time for questions.

There will also be an opportunity to view historical photographs taken 50 years ago and to see the 1895 Merryweather horse-drawn fire engine. While I was in the Brigade this appliance was at Battle Fire Station. It has recently been restored and has now been returned to its original home in Bexhill.

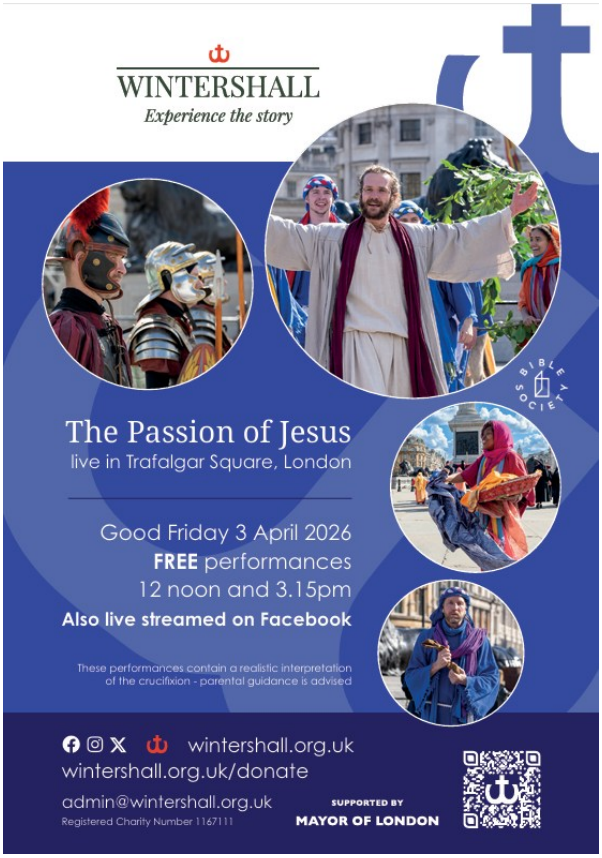
Refreshments will be available.

If you are interested in going, please RSVP by 6th April to: mlangdon30@me.com

Work experience: CAFOD and SVP are working together to offer a residential work experience for 20 young adults 21st-26th June.

For more information please contact: KeziaH@svp.org.uk

Closing date for applications: 6th April.



SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.

Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.

RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.

Vocations Weekend for Women (20s and 30s) -**Discerning God's Call in your life**

15th - 17th May, Liverpool

The weekend is organised by the Sisters, Faithful Companions of Jesus (FCJ).

Jesus invites each of us to 'Come and See' - this weekend will give the opportunity to explore the vocation to religious life and to reflect on God's call to you.

If you are wondering if God is calling you to religious life and would like to find out more why not come along?

There will be opportunity for prayer, reflection and input, chance to live alongside the religious community and to ask questions and to meet others who are also wondering where God is calling them.

For more information contact Sr Lynne fcJ at fcjvocationeurope@gmail.com or visit our website www.fcjsisters.org



Fr. Patrick is running the London Marathon!

On Sunday 26th April 2026, Fr Patrick is running the London Marathon to raise funds for Acton Homeless Concern. This is a huge challenge for him, and will raise much needed funds for the charity, which was started by the parishioners and priests of Our Lady of Lourdes over 35 years ago. He has already raised over £6,000! Thank you for your support.

If you'd like to sponsor him you can do so through the JustGiving page justgiving.com/page/fr-patrick or you can scan the QR code here or you can give via money to the office in an envelope addressed to Acton Homeless Concern.

MASS & LITURGICAL ACTIVITIES

29 March 2026 Palm Sunday Year A

1st Reading: Isaiah 50: 4-7 **2nd Reading:** Philippians 2:6-11 **Gospel:** Matthew 26:14-27; 66

Sat 28th March	**12pm. Baptism of Cleo Isabelle Paras**	
Mass of Sunday 6.30pm	Dante Manzanilla John McCarthy Kate O'Donoghue	R.I.P. Good Health Intention Good Health Intention
Sunday 29th March	**PALM SUNDAY OF THE PASSION OF THE LORD**	
10am	Zenon and Nancy Pollicar Molly Bourne Paddy Slattery	R.I.P. Anniversary R.I.P. Anniverssary R.I.P. Anniversary
1pm	Ge'ez Rite	
Mon 30th March	**NO MASS**	
Tues 31st March	**Tuesday of Holy Week**	
10 am	Eileen Dorhty	Good Health Intention
Wed 1st April	**Wednesday of Holy Week**	
10 am	Mary O'Donoghue For the young people of the parish	Good Health Intention Special Intentions
Thurs 2nd April	**Thursday of the Lord's Supper**	
NO 10 am MASS **7:00 pm**	All those who volunteer in our parish	Thanksgiving
Friday 3rd April	**Friday of the Passion of the Lord**	
NO 10 am Mass **3pm**	For all our sick Parishioners	Good Health Intentions
Sat 4th April	**Holy Saturday**	
Easter Vigil 8pm	For the people in our parish	Special Intentions
Sunday 5th April	**EASTER SUNDAY OF THE RESURRECTION OF THE LORD**	
10am	Shermei Malabuyo Anna Baldini Dante Manzanilla	R.I.P. Anniversary R.I.P. R.I.P.
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: Mass Intention envelopes are at the back of the church. You can use them for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.