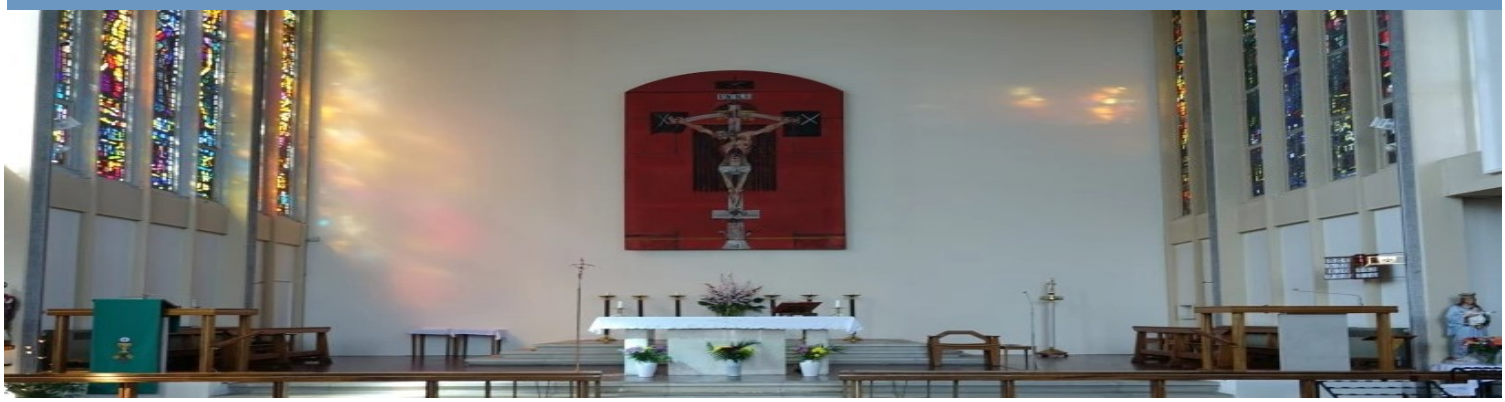
ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

31st May 2026



"When you see love, you see the Trinity." Saint Augustine

On this Trinity Sunday, the Church gently draws us into the heart of our faith: God is Father, Son and Holy Spirit. This is not only a teaching to be understood, but a mystery to be lived. At its centre is something very simple and very beautiful: God is love.

In the Gospel we hear those familiar and comforting words, "God so loved the world that he gave his only Son." God does not keep his distance from us. He comes close, enters our human story, and invites us to share in His own life.

We are created in His image, which is why we are made for love, for relationship, and for belonging. We feel it in our deepest longings for peace and for one another. Sin breaks and distorts those relationships, but Jesus comes to heal what is wounded. Through His Cross and Resurrection, we are restored. The Holy Spirit continues this work in us, guiding, strengthening, and gently renewing our hearts.

Each time we make the Sign of the Cross, we are reminded that our lives are held within the love of the Father, and of the Son, and of the Holy Spirit. We are not alone. We belong to God.

As we celebrate Trinity Sunday, we ask for the grace to live more fully in that love, so that our homes, our parish, and our everyday lives may quietly reflect the unity and generosity that flow from God Himself. Deacon Tito

Parish Pentecost picnic.

Thank you to all who came and contributed to make the Pentecost picnic a very special occasion.



Second collection: thank you for your generous donation last weekend to the Spiritans' mission to the poor. We raised £255.06.

This week the office will be **CLOSED on Tuesday 2nd** June. It will be **OPEN on Thursday 4th and Friday 5th June**.

Hymns for 10 am Mass today

Please do join in the singing!

Gathering: Bind us together (no. 922)

Preparation of Gifts: This day God gives me (no. 673)

Communion: Bless the Lord, my soul (no. 813)

Recessional: Walk in the light (no. 771)

Please see the separate sheet for other hymns

The church is open
Tues and Thu 9am-3pm
Sat 10:00am to 8:00pm, Sun for Masses.

Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp. christianegemonye@rcdow.org.ukw
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Parish Office: Opening times Tue and Thu 10am to 3pm
actoneast@rcdow.org.uk 020 8743 5732
Parish Administrator: Paola Turner

MASS TIMES

Monday: No Mass (Church Closed)
Fr. Patrick at Immigration Centre
Tuesday - Friday: 10am
Saturday: 6.30pm
Sunday: 10am, 1pm (Ge'ez Rite)
Holy Days of Obligation: 10am, 7pm

Dear Friend in Christ,

Welcome to St. Aidan's Church! Whether you are visiting for the first time, returning after some time away, or simply seeking a quiet moment with God, we are truly blessed by your presence. This is a sacred space where hearts are lifted, prayers are heard, and lives are renewed by the grace and love of our Lord.

Here in this house of prayer, we invite you to take time to reflect, to find peace in silence, and to open your heart to God, who knows you, loves you, and walks with you always. Whatever burdens you carry or joys you celebrate, know that you are not alone—God is with you, and we are here to walk with you in faith and fellowship.

Our community gathers regularly to celebrate the Holy Mass. You are most welcome to join us at any of our services

Each Mass is a moment to encounter Christ in Word and Sacrament, and to be strengthened as members of His Body.

If you have any questions or would like to speak with a priest or member of our parish team, please do not hesitate to reach out. May you find here a home of prayer, comfort and belonging.

With every blessing, From **Fr. Patrick Adusei Poku CSSp Parish Priest**

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial



Youth Corner

We are also planning a Parish Quiz night so watch this space!

Thank you, as always, to our parishioners who support the youth group in so many ways.

Youth Fund: We are still appealing for people to support the youth fund to help our youth go the World Youth Day in south Korea.

If you donate please do consider to GIFT-AID your donations. Please contact the parish office for details.

CURRENT NEWS & NOTICES

First Holy Communion 2026: Pictures of the First Holy communion Celebration are now ready. They can be seen following this link: https://saol-photography.blogspot.com/. Prices and how to order can be found on the following link: https://saol-photography-events.blogspot.com/2019/05/prices.html

Baptism Preparation Course 2026: The next baptism course will take place on **Monday 1st, 8th and 15th June at 7pm at OLOL in the parish hall**. Parent's must register their child for baptism by Monday 25th May in order to attend the course.

Come and join the St Aidan's Singers! We meet at 9.30 am in the small room next to the Parish Office (right hand side as you enter the Church) and then lead the singing at the 10 am Mass. All ages welcome and no experience or commitment at this stage necessary. Why not come along and just join us!'

Thinking of Becoming a Catholic? Have you ever considered becoming a Roman Catholic or do you know somebody who is searching for a deeper meaning and purpose in life? The Rite of Christian Initiation for Adults (RCIA) is a process for welcoming adults into the Roman Catholic Church in preparation for the sacraments of Baptism, Confirmation, and the Eucharist. This process welcomes non-baptised Adults; Adults baptised in another Christian Tradition; Catholics who were baptised but never received the Sacraments of Confirmation or the Eucharist. It offers the opportunity for people to deepen their knowledge of Jesus and their relationship with Him. Weekly sessions take people through the key teachings of the Catholic faith and the issues facing Catholics in today's world. Why not join this group of like-minded people? To find out more, you can come along to an informal meeting - **Thursday 11th June 7.30pm-8.30pm at Our Lady of Lourdes Parish Hall, Oldham Terrace.**

VOLUNTEERS NEEDED: we need some more volunteers to keep our church clean and welcoming. If you have time please do join our group of volunteers on Thursdays after the 10 o'clock mass.



God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. *John 3:16*

Kids' Corner

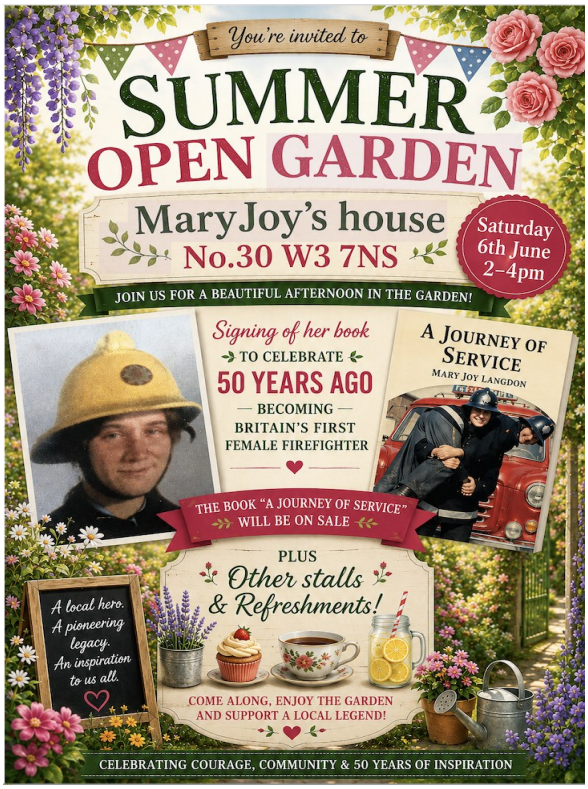


CURRENT NEWS & NOTICES

Running Club and Walking Club: The first morning run and walk to be on **Sat 27th June** meeting at **7am** outside Our Lady of Lourdes church with breakfast in the parish hall afterwards. Then from September going forward we will plan to run and walk on the last Saturday of every month.



The Divine Mercy Apostolate, London is holding a **First Saturday Divine Mercy Recollection Day** at the **Shrine of Our Lady of Walsingham, on Saturday 6th June 2026** from 10:30 am to 4:30 pm. The Recollection Day will include Holy Mass, Talk, Hour of Mercy with Benediction and Veneration of the Image of Merciful Jesus. All welcome. Pls call millie on 07957594646 for more information. Coaches from Slough, Ealing Broadway, North London, Barking and Victoria.



SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.

Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.

RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.

St Michael's Catholic Grammar School - Open Evening for Secondary Transfer - Wednesday 24 June 2026

Full details of the Admissions Policy can be found on the School's website St Michael's Admissions 2027-28.

The online application to apply to sit the entrance tests for entry in September 2027 is now available Year 7 2027. The deadline for applications to be completed and Certificate of Catholic Practice provided to the School Office is 4pm on Tuesday 7 July 2026.

SPIRITAN NEWS

GAP YEAR VOLUNTEERING WITH 'JUST YOUTH' Are you 18 to 25 and wish to support young people in their holistic growth, discover and develop their talents through Chaplaincy and other outreach programs? Please contact Just Youth on www.justyouth.co.uk and apply.

Lay Spiritans: Any parishioner who is interested in becoming a lay Spiritan, please contact Fr. Patrick or the Parish Office. Visit spiritans.co.uk/lay-associate-spiritans/ for more info.

Interested in finding out more about becoming a Westminster Cathedral chorister?

Each September, up to six boys join Westminster Cathedral Choir School in Year 4 or Year 5. Choristership offers the chance to sing in a **world class choir** while attending one of the country's **leading independent school for boys.**

All choristers receive generous discounts covering up to 100% of fees. Interested in finding out more? Join our next Chorister Zoom Information Session on Wednesday, 3rd June at 6:30pm Register here - https://tinyurl.com/2zsf92j8 Alternatively, contact Rachel Bonnet at 020 7798 908, or RBonnet@choirschool.com

Patrick Ryan & Daughter Funeral Directors

Official Supporter of St Aidan's Parish Newsletter

"Patrick Ryan & Daughter Funeral Directors

Proudly supporting the local community since 1968"

GETTING THE MOST OUT OF MASS

1. PREPARE: Arrive early, gather your thoughts in quiet, read through the readings, then be still and open your heart and mind to God in prayer. Remember to always give thanks to God and to be patient in prayer. In addition to your own prayers, please remember to pray for those on the Mass Intention list and those who have no one to pray for them.

2. PARTICIPATE: Join in the singing, the responses, the prayers and listen attentively to the Readings and the Homily.

3. BE RESPECTFUL: Don't use your phone, don't eat in church (except babies), and don't chat needlessly, we come to church to raise our hearts and minds to God. But please do feel free to socialise and chat after Mass. Tea and coffee is serve at the back of the church.

MASS & LITURGICAL ACTIVITIES

31st May 2026 Trinity Sunday Year A

1st Reading: Exodus 34: 4b-6, 8-9 **2nd Reading:** 2Corinthians 13: 11-14 **Gospel:** John 3: 16-18

Sat 30th May		
6:30 pm	For the people of our parish	Special Intentions
Sunday 31st May	**THE MOST HOLY TRINITY**	
10am	Brhane Abraha	R.I.P.
1pm	Ge'ez Rite	
Mon 1st June	**NO MASS**	
Tues 2nd June		
10 am	For the people of our parish	Special Intentions
Wed 3rd June	**Saint Charles Lwanga and Companions, Martyrs**	
10 am	For the young people in our parish	Special Intentions
Thurs 4th June		
10 am	All those who volunteer in our parish	Thanksgiving
Friday 5th June	**Saint Boniface, Bishop and Martyr**	
10 am	For the sick in our parish	Good Health Intentions
Sat 6th June		
6:30 pm	Eileen McCormack	R.I.P.
Sunday 7th June	**CORPUS CHRISTI**	
10am	Marina Rosetta Lewis Rogelio Ruby	R.I.P. Anniversary R.I.P. Anniversary
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: Mass Intention envelopes are at the back of the church. You can use them for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.