ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

21st June 2026



BUILDING OUR FAITH

Today, Saint Paul reminds us that we are invited to see the whole story of humanity through the contrast between Adam and Christ.

Paul teaches that sin entered the world through one man, and with sin came death, touching every human life. Yet the main point is that the grace of God in Jesus Christ is far greater than the wound of sin. Where sin brought separation and loss,

Christ brings justification and life as a free gift that cannot be earned. This is not a balance between two equal forces, but the overwhelming generosity of God who restores what was broken. Adam's act affects all, but Christ's obedience reaches further, deeper, and more completely into every human heart. Therefore, the believer is called to live not in fear of sin's power, but in confidence in grace.

Paul's teaching invites us to recognise that what we receive in Christ is always greater than what we lost in Adam. This assurance reshapes how we understand our lives, not as ruled by death, but as held by mercy. Even in struggle, the gift of Christ continues to work quietly, drawing us back into communion with God. For this reason, the Christian life is not defined by the first Adam, but by the new life in Christ.

It is a call to trust that grace has the final word, and that every person is invited into the freedom and healing that Christ has already won through his death and resurrection for the life of the world in Christ always. ~Deacon Tito

Happy Father's Day to all the fathers in the parish. "Dear Lord, thank you for loving us with your perfect father's heart. We ask you to guide and protect the hearts of all men in fatherly roles who are striving to love with Your heart and do your work, Amen"

Prayer Intentions of the Holy Father - June intention:

"Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth."

Second collection: this week the second collection is for Day for Life. The Day for Life collection is an annual Catholic Church initiative in England and Wales dedicated to celebrating and upholding the dignity of human life from conception to natural death. Thank you.

Hymns for 10 am Mass today

Please do join in the singing!

Gathering: Amazing Grace—no. 846

Gloria—please see card

Offertory: Do not be afraid—no 972

Eucharistic Acclamation—please see card

Communion: Eat this bread—no 633

Recessional: Christ be our light—no 883

The church is open
Tues and Thu 9am-3pm
Sat 10:00am to 8:00pm, Sun for Masses.
Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp. christianegemonye@rcdow.org.ukw
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Deacon Jayson Wingrove: jaysonwingrove@rcdow.org.uk
Parish Office: Opening times Tue and Thu 10am to 3pm
actoneast@rcdow.org.uk 020 8743 5732
Parish Administrator: Paola Turner

MASS TIMES

Monday: No Mass (Church Closed)
Fr. Patrick at Immigration Centre
Tuesday - Friday: 10am
Saturday: 6.30pm
Sunday: 10am, 1pm (Ge'ez Rite)
Holy Days of Obligation: 10am, 7pm

Dear Friend in Christ,

Welcome to St. Aidan's Church! Whether you are visiting for the first time, returning after some time away, or simply seeking a quiet moment with God, we are truly blessed by your presence. This is a sacred space where hearts are lifted, prayers are heard, and lives are renewed by the grace and love of our Lord.

Here in this house of prayer, we invite you to take time to reflect, to find peace in silence, and to open your heart to God, who knows you, loves you, and walks with you always. Whatever burdens you carry or joys you celebrate, know that you are not alone—God is with you, and we are here to walk with you in faith and fellowship.

Our community gathers regularly to celebrate the Holy Mass. You are most welcome to join us at any of our services

Each Mass is a moment to encounter Christ in Word and Sacrament, and to be strengthened as members of His Body.

If you have any questions or would like to speak with a priest or member of our parish team, please do not hesitate to reach out. May you find here a home of prayer, comfort and belonging.

With every blessing, From **Fr. Patrick Adusei Poku CSSp Parish Priest**

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial



Youth Corner

We are continuing our appeal for donations to support our young people as they prepare to travel to World Youth Day 2027 in South Korea. This pilgrimage will give them a powerful experience of faith, community, and the universal Church.

If you would like to contribute, donations, including Gift-Aid, can be made via the contactless machines at the back of the church.

We are also planning a Parish Quiz Night to help raise further funds, so please keep an eye out for more details.

Thank you, as always, for your generous support of our youth group and for the many ways you help them grow in faith and fellowship.

CURRENT NEWS & NOTICES

Baptism Preparation Course 2026: The next baptism course will take place in the Autumn. If you would like to register please do come to the parish office to get a form.

Thinking of Becoming a Catholic? Have you ever considered becoming a Roman Catholic or do you know somebody who is searching for a deeper meaning and purpose in life? The Rite of Christian Initiation for Adults (RCIA) is a process for welcoming adults into the Roman Catholic Church in preparation for the sacraments of Baptism, Confirmation, and the Eucharist. This process welcomes non-baptised Adults; Adults baptised in another Christian Tradition; Catholics who were baptised but never received the Sacraments of Confirmation or the Eucharist. It offers the opportunity for people to deepen their knowledge of Jesus and their relationship with Him. Weekly sessions take people through the key teachings of the Catholic faith and the issues facing Catholics in today's world. Why not join this group of like-minded people? To find out more, you can come along to an informal meeting – **Thursday 25th June 7.30pm-8.30pm at Our Lady of Lourdes Parish Hall, Oldham Terrace.**

Ministers of the Word and Eucharist: We are looking for new volunteers to become both readers of the Word and Eucharistic Ministers. Full training will be given - please email the parish office at actoneast@rcdow.org.uk. Forms at the back of the church.

Stephen Brennan R.I.P. We remember Stephen Brennan, a regular and valued parishioner of our church. Stephen's Funeral Mass will take place on Tuesday 23 June 2026 at 11.30am. Please keep Stephen and his family in your prayers.



Kids' Corner



CURRENT NEWS & NOTICES

Running Club and Walking Club:



The first morning run and walk will be on Sat 27th June meeting at 8am outside the church with breakfast in the parish hall afterwards. Please let us know if you are planning on joining us so we can cater for breakfast. Both runners and walkers will begin outside the church - runners shall head towards Shepherd's Bush and walkers to Acton Park. In September we shall meet on the last Saturday of every month at 8am outside the church for a run (walk) , with breakfast in the hall afterwards. You can let the office know if you are planning to attend . Or just turn up with your running or walking shoes on!

VOLUNTEERS NEEDED: we need some more volunteers to keep our church clean and welcoming. If you have time please do join our group of volunteers on Thursdays after the 10 o'clock mass.



'On Tuesday 23rd June, please pray and fast for the end of abortion and euthanasia in this country. Your prayer and fasting is urgently needed. For information on the days of Prayer and Fasting contact The Good Counsel Network on 020 7723 1740, or via www.goodcounselnetwork.com.

More Human: Pope Leo has just published a **new encyclical *Magnifica Humanitas***.

It speaks about what it means to be human in our time, especially with in the age of AI.

Join us for these 3 short workshops to introduce and explore aspects of this timely document with input, as well as reflection and prayer.

In St Aloysius Parish Hall, Phoenix Rd, London NW1 1TA, Mondays 13 Jul, 21 Sep, 23 Nov, 7.30-8.45pm. All Welcome!

Register to attend on https://tinyurl.com/MoreHuman26

These workshops will also be online, email info@fcjecojustice.co.uk for more information.

SPIRITAN NEWS

GAP YEAR VOLUNTEERING WITH 'JUST YOUTH' Are you 18 to 25 and wish to support young people in their holistic growth, discover and develop their talents through Chaplaincy and other outreach programs? Please contact Just Youth on www.justyouth.co.uk and apply.

Lay Spiritans: Any parishioner who is interested in becoming a lay Spiritan, please contact Fr. Patrick or the Parish Office. Visit spiritans.co.uk/lay-associate-spiritans/ for more info.

Patrick Ryan & Daughter Funeral Directors

Official Supporter of St Aidan's Parish Newsletter

"Patrick Ryan & Daughter Funeral Directors

Proudly supporting the local community since 1968"

SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.

Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.

RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.

Fidara — a free Catholic app

Fidara is a free Catholic app created to help Catholics pray, follow the Church year, pray the Rosary, and access daily Mass readings. The app does not require an account and does not collect personal data.

Offertory Envelopes: we have a few boxes of envelopes that have not been collected. If you usually give by envelope or asked for a box please come to the office to collect your box. The office is open on Tue and Thu between 10am and 3pm

Making a gift in your will to your parish or diocese as a lasting legacy could have an impact greater than you know – if you would like more information on why and how please get in touch with the parish office.

GETTING THE MOST OUT OF MASS

1. PREPARE: Arrive early, gather your thoughts in quiet, read through the readings, then be still and open your heart and mind to God in prayer. Remember to always give thanks to God and to be patient in prayer. In addition to your own prayers, please remember to pray for those on the Mass Intention list and those who have no one to pray for them.

2. PARTICIPATE: Join in the singing, the responses, the prayers and listen attentively to the Readings and the Homily.

3. BE RESPECTFUL: Don't use your phone, don't eat in church (except babies), and don't chat needlessly, we come to church to raise our hearts and minds to God. But please do feel free to socialise and chat after Mass. Tea and coffee is serve at the back of the church.

MASS & LITURGICAL ACTIVITIES

21st June 2026 12th Sunday in Ordinary Time Year A

1st Reading: Jeremiah 20: 10-13 **2nd Reading:** Romans 5: 12-15 **Gospel:** Matthew 10: 26-33

Sat 20th June		
6:30 pm	For the people of our parish	Special Intentions
Sunday 21st June	**12th Sunday in Ordinary Time**	
10am	Danielle De Grasse Rika Ruby	R.I.P. Anniversary Birthday Intention
1pm	Ge'ez Rite	
Mon 22nd June	**NO MASS**	
Tues 23rd June		
10 am 11:30 am	Stephen Brennan Funeral Mass for Stephen Brennan	R.I.P.
Wed 24th June	**Saint John the Baptist**	
10 am	Harrys	Healing from cancer
Thurs 25th June		
10 am	Deacon Tito	Thanksgiving
Friday 26th June		
10 am	For the sick in our parish	Good Health Intentions
Sat 27th June		
11 am **6:30 pm**	Baptism (Baran, Bryan and Simon) For the people of our parish	Special Intentions
Sunday 28th June	**Saints Peter and Paul, Apostles**	
10am	Julie Pamittan Sio Family	Thanksgiving Thanksgiving
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: Mass Intention envelopes are at the back of the church. You can use them for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.