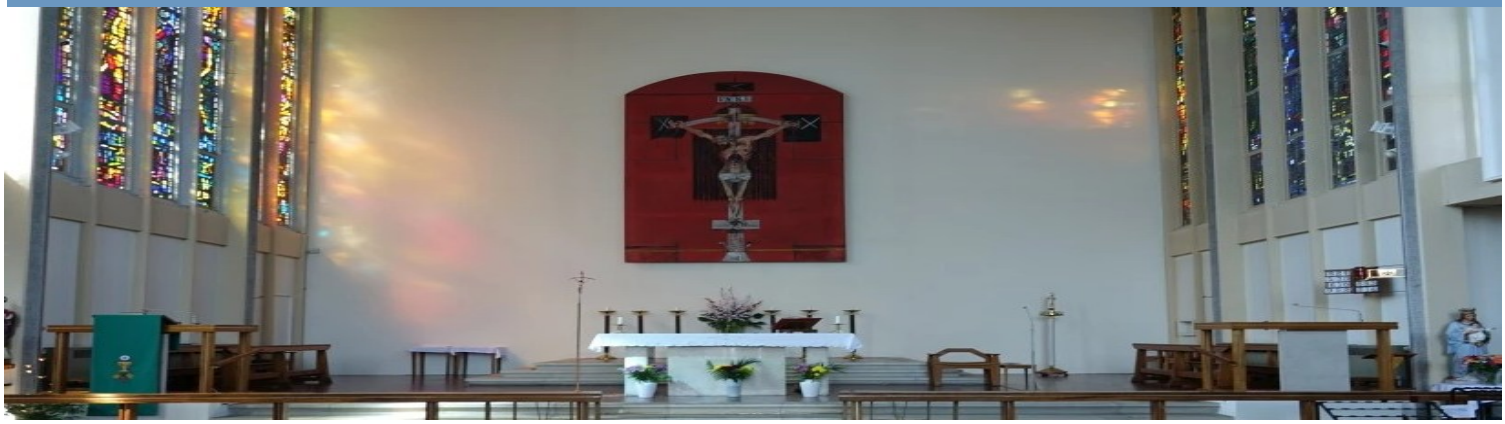
ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

28th June 2026



Reflection by Sister *Agnes Lanfermann MMS*

The Body of Christ – Peter and Paul are with us

During Paul's lifetime, the Gospel was primarily communicated through relationships. Paul named this "the body of Christ", because all though diverse in gifts and roles, are united as one body in Christ, each essential to the whole.

Paul says "in our togetherness we are Christ's Body. At the heart of this body "the love of God that has been poured out into our hearts through the Holy Spirit" (Romans 5:5).

Experience shows that we are not always together in mind and Spirit. Not everyone is welcomed and appreciated in our hearts, although Paul reminds us that in Christ, "there are no more distinctions between Jew and Greek, slave and free, male and female, but all of us are one in Christ Jesus" (Galatians 3:28).

Paul's message is challenging and powerful. It has the potential to change our parish when it is lived out. Concretely, when forgiving, healing, peace-making and doing justice are interwoven in our ordinary life, when we create rituals that witness to the Body of Christ, to Jesus and his love in our hearts.

Paul gives us an example with his own dramatic life-journey that another life is possible. And Peter walked on water, not on firm ground trusting Jesus. At the beginning, Peter was brave when he stepped out of the boat to meet Jesus. But then the wind came up and distracted him from getting closer, fear consumed him. Peter took his eyes off and began to sink.

Peter changed his focus on fear and powerlessness, on security for life in stormy times, whereas Jesus remained present and ready to help Peter.

The stories of Peter and Paul are also our stories, personally and communally. They encourage us to journey on towards one body in Christ.

Fire Marshalls Training: Sister Mary Joy is running a training session on Saturday 4th July at 10am for an hour. If you are a fire marshal or you would like to become one please do come along to this session to refresh your training or to be trained.

Next week Second collection: The Diocese's 2026 parish Mission Appeal will be conducted by the Congregation of the Holy Spirit (Spiritans). Your prayers and financial contributions will help missionaries and the communities they serve, often in difficult circumstances.

The Spiritans' mission has two main focuses:

Evangelisation and service to the poor:

They combine sharing the Gospel with practical support for people in need, including access to food, water, shelter, and clothing.
They work in 64 countries worldwide including the UK where they run the Kairos Project: supporting people recovering from substance abuse; the Just Youth: which accompanies more than 10,000 young people in faith; Revive: which works with refugees and asylum seekers.
Their work is guided by a commitment to justice, peace, and care for creation, addressing both immediate needs and the social causes of poverty and displacement.

Supporting local Churches lacking clergy

The Spiritans assist dioceses, particularly in Europe and the Northern Hemisphere, where there are shortages of priests. They currently serve 40 parishes in the UK.

Funds raised through the Mission Appeal will support both charitable outreach to the poor and the formation of priests for mission work in the UK and internationally.

The church is open
Tues and Thu 9am-3pm
Sat 10:00am to 8:00pm, Sun for Masses.
Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp. christianegemonye@rcdow.org.ukw
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Deacon Jayson Wingrove: jaysonwingrove@rcdow.org.uk
Parish Office: Opening times Tue and Thu 10am to 3pm
actoneast@rcdow.org.uk 020 8743 5732
Parish Administrator: Paola Turner

MASS TIMES

Monday: No Mass (Church Closed)
Fr. Patrick at Immigration Centre
Tuesday - Friday: 10am
Saturday: 6.30pm
Sunday: 10am, 1pm (Ge'ez Rite)
Holy Days of Obligation: 10am, 7pm

Dear Friend in Christ,

Welcome to St. Aidan's Church! Whether you are visiting for the first time, returning after some time away, or simply seeking a quiet moment with God, we are truly blessed by your presence. This is a sacred space where hearts are lifted, prayers are heard, and lives are renewed by the grace and love of our Lord.

Here in this house of prayer, we invite you to take time to reflect, to find peace in silence, and to open your heart to God, who knows you, loves you, and walks with you always. Whatever burdens you carry or joys you celebrate, know that you are not alone—God is with you, and we are here to walk with you in faith and fellowship.

Our community gathers regularly to celebrate the Holy Mass. You are most welcome to join us at any of our services

Each Mass is a moment to encounter Christ in Word and Sacrament, and to be strengthened as members of His Body.

If you have any questions or would like to speak with a priest or member of our parish team, please do not hesitate to reach out. May you find here a home of prayer, comfort and belonging.

With every blessing, From **Fr. Patrick Adusei Poku CSSp Parish Priest**

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial



Youth Corner

We are continuing our appeal for donations to support our young people as they prepare to travel to World Youth Day 2027 in South Korea. This pilgrimage will give them a powerful experience of faith, community, and the universal Church.

If you would like to contribute, donations, including Gift-Aid, can be made via the contactless machines at the back of the church.

We are also planning a Parish Quiz Night to help raise further funds, so please keep an eye out for more details.

Thank you, as always, for your generous support of our youth group and for the many ways you help them grow in faith and fellowship.

CURRENT NEWS & NOTICES

Baptism Preparation Course 2026: The next baptism course will take place in the Autumn. If you would like to register please do come to the parish office to get a form.

Ministers of the Word and Eucharist: We are looking for new volunteers to become both readers of the Word and Eucharistic Ministers. Full training will be given - please email the parish office at actoneast@rcdow.org.uk. Forms at the back of the church.

Red boxes: if you have a Red box that requires emptying please give it to chris or bring it to the office. If you would like to give a Red Box a home, please collect one from the back of the church.

Red box/ Missio is the Holy Father's favorite charity which helps to spread the gospel worldwide.

Hymns for 10 am Mass today

Please do join in the singing!

Gathering: Here I am Lord—no. 865

Gloria—Mass of St Aidan (green card)

Alleluia—Mass of St Aidan (green card

Offertory: Be thou my vision—no. 970

Eucharistic Acclamation—please see green card

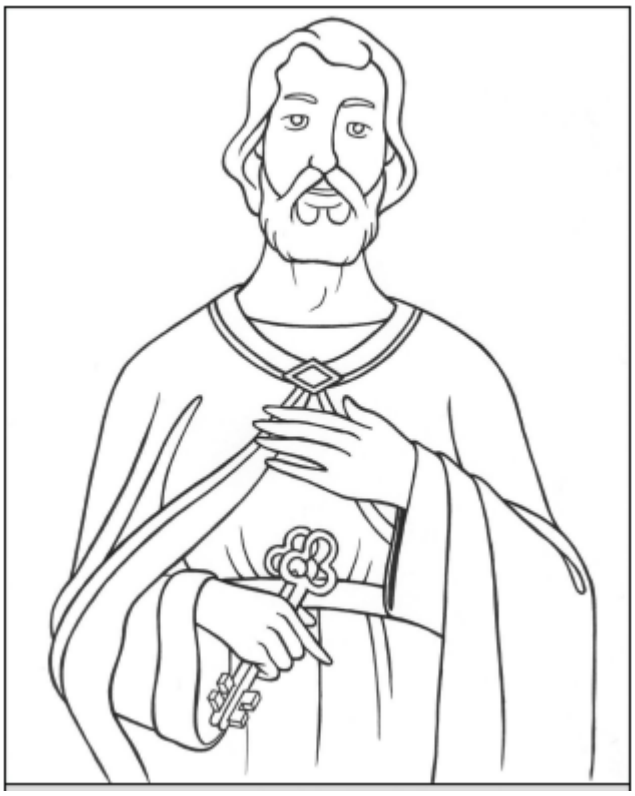
Communion: We are one body (green card)

Recessional: Lord of the dance—no.765

Prayer Intentions of the Holy Father - June intention:

"Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth."

Parish Office: the parish office will be closed this week as Paola is on annual leave. It will be opened again on Wednesday 8th and Thursday 9th July.



Kids' Corner

CURRENT NEWS & NOTICES

On Wednesday, 26th August at 3:00pm, Radio Maria UK is hosting a **World Wide Rosary** at the Shrine of Our Lady of Willesden. The Rosary will be broadcast live across their global network of sister Radio Maria stations, with almost a billion people praying together. They are inviting pilgrims to come to the Shrine on Wednesday, 26th August for the 3pm Rosary broadcast and bring their voices to this extraordinary moment of worldwide prayer. More information can be found at www.RadioMaria.uk.

More Human: Pope Leo has just published a **new encyclical *Magnifica Humanitas***.

It speaks about what it means to be human in our time, especially with in the age of AI.

Join us for these 3 short workshops to introduce and explore aspects of this timely document with input, as well as reflection and prayer.

In St Aloysius Parish Hall, Phoenix Rd, London NW1 1TA, Mondays 13 Jul, 21 Sep, 23 Nov, 7.30-8.45pm. All Welcome!

Register to attend on https://tinyurl.com/MoreHuman26

These workshops will also be online, email info@fcjecojustice.co.uk for more information.

Running Club and Walking Club:

The running and walking club will restart in September. We shall meet on the last Saturday of every month at 8am outside the church for a run (walk) , with breakfast in the hall afterwards. You can let the office know if you are planning to attend . Or just turn up your running or walking shoes on!



Making a gift in your will to your parish or diocese as a lasting legacy could have an impact greater than you know – if you would like more information on why and how please get in touch with the parish office.

SPIRITAN NEWS

GAP YEAR VOLUNTEERING WITH 'JUST YOUTH' Are you 18 to 25 and wish to support young people in their holistic growth, discover and develop their talents through Chaplaincy and other outreach programs? Please contact Just Youth on www.justyouth.co.uk and apply.

Lay Spiritans: Any parishioner who is interested in becoming a lay Spiritan, please contact Fr. Patrick or the Parish Office. Visit spiritans.co.uk/lay-associate-spiritans/ for more info.

Patrick Ryan & Daughter Funeral Directors

Official Supporter of St Aidan's Parish Newsletter

"Patrick Ryan & Daughter Funeral Directors
Proudly supporting the local community since 1968"

SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.

Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.

RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.



GETTING THE MOST OUT OF MASS

1. PREPARE: Arrive early, gather your thoughts in quiet, read through the readings, then be still and open your heart and mind to God in prayer. Remember to always give thanks to God and to be patient in prayer. In addition to your own prayers, please remember to pray for those on the Mass Intention list and those who have no one to pray for them.

2. PARTICIPATE: Join in the singing, the responses, the prayers and listen attentively to the Readings and the Homily.

3. BE RESPECTFUL: Don't use your phone, don't eat in church (except babies), and don't chat needlessly, we come to church to raise our hearts and minds to God. But please do feel free to socialise and chat after Mass. Tea and coffee is serve at the back of the church.

MASS & LITURGICAL ACTIVITIES

28th June 2026 Saints Peter and Paul

1st Reading: Acts 12: 1-11 **2nd Reading:** 2 Tim 4:6-8, 17-18 **Gospel:** Matthew 16: 13-19

Sat 27th June		
11 am **6:30 pm**	Baptism (Baran, Bryan and Simon) Mr and Mrs C.Y. Nwagbara and Mr Utimaroke Nwagbara	 R.I.P.
Sunday 28th June	**Saints Peter and Paul, Apostles**	
10am	Julie Pamittan Sio Family	Thanksgiving Thanksgiving
1pm	Ge'ez Rite	
Mon 29th June	**NO MASS**	
Tues 30th June		
10 am	Anne	Thanksgiving
Wed 1st July	**The Dedication of the Cathedral Church**	
10 am	For the people in the Parish	Special Intentions
Thurs 2nd July		
10 am	Patricio Soto Mayor	R.I.P. Anniversary
Friday 3rd July	**Saint Thomas**	
10 am	For the sick in our parish	Good Health Intentions
Sat 4th July		
6:30 pm	Jocelyn Olivia Hele Villanueva	R.I.P. R.I.P.
Sunday 5th	**14th Sunday in Ordinary Time**	
10am	For the People in the Parish	Special Intentions
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: Mass Intention envelopes are at the back of the church. You can use them for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.