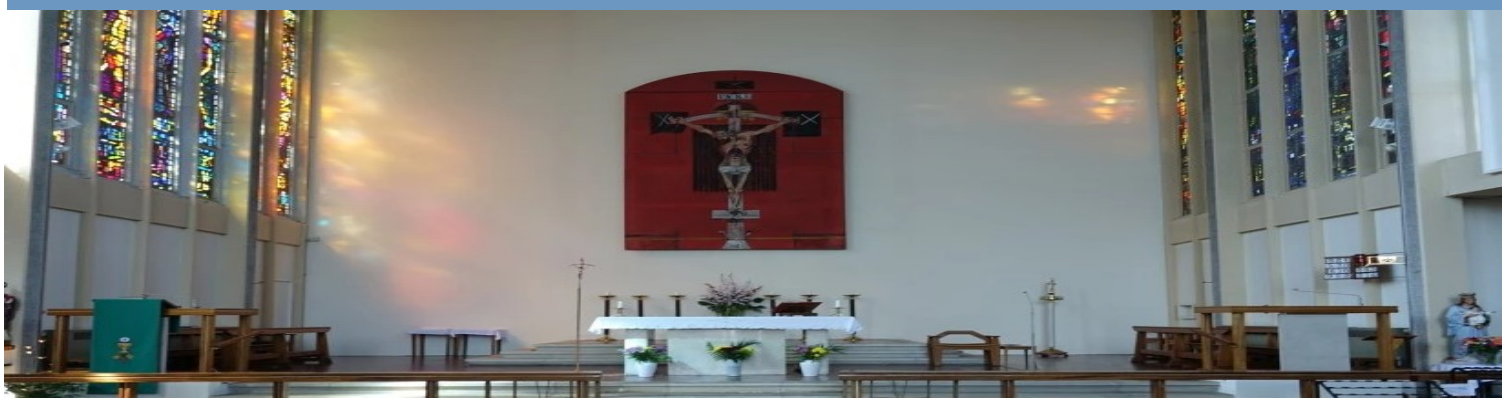
ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

7th June 2026



Feast of Corpus Christi

'I am the living bread' John 6:51

As I reflect on what is at the heart of this feast of Corpus Christi, I am reminded of an incident recalled by the late Cardinal Basil Hume, OSB following his visit to Ethiopia as Archbishop of Westminster. When he was visiting a centre where people gathered in search of food, a small boy aged about ten approached him and took hold of his hand. He had two gestures; with one hand he pointed to his mouth indicating his need for food. The other was a strange gesture; he took the Cardinal's hand and rubbed it against his cheek. The small boy was indicating two profound and fundamental needs, for food and for love.

The Cardinal said that through that incident, taught by that young boy, he saw in a new light what is at the heart of the Eucharist- the Lord's love given to us in this most remarkable Sacrament; His Body and Blood. For indeed there is no life without food and no life worth living without love. At every celebration of the Mass, we are participating in the Lord's life and love.

We remember the Last Supper on the night before Jesus died, when he took the bread, blessed it, broke it, and gave it to the disciples saying; 'This is my Body'. And he did the same with the cup of wine saying, 'This is my Blood' which is to be poured out for many'.

When the two disciples accompanied by the Risen Jesus on the road to Emmaus experienced again the breaking of bread, their eyes were opened and they recognised Him. Only now did they fully grasp the essence of his life and sacrificial love.

Each time we say our **'Amen'** to the Body and Blood of Christ's presence in the Eucharist, we become his life and love for our world, a world hungry for meaning and love.

Sister Nuala

Offertory Envelopes: we have a few boxes of envelopes that have not been collected. If you usually give by envelope or asked for a box please come to the office to collect your box. The office is open on Tue and Thu between 10am and 3pm

Hymns for 10 am Mass today

Please do join in the singing!

Gathering: Eat this bread—green sheet B / no. 633

Offertory: One bread one body - no. 832

Communion: Bless the Lord, my soul - green sheet A / no. 813

Recessional: Seek ye first - no.820 verses 1 and 3

The church is open
Tues and Thu 9am-3pm
Sat 10:00am to 8:00pm, Sun for Masses.
Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp. christianegemonye@rcdow.org.ukw
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Deacon Jayson Wingrove: jaysonwingrove@rcdow.org.uk
Parish Office: Opening times Tue and Thu 10am to 3pm
actoneast@rcdow.org.uk 020 8743 5732
Parish Administrator: Paola Turner

MASS TIMES

Monday: No Mass (Church Closed)
Fr. Patrick at Immigration Centre
Tuesday - Friday: 10am
Saturday: 6.30pm
Sunday: 10am, 1pm (Ge'ez Rite)
Holy Days of Obligation: 10am, 7pm

Dear Friend in Christ,

Welcome to St. Aidan's Church! Whether you are visiting for the first time, returning after some time away, or simply seeking a quiet moment with God, we are truly blessed by your presence. This is a sacred space where hearts are lifted, prayers are heard, and lives are renewed by the grace and love of our Lord.

Here in this house of prayer, we invite you to take time to reflect, to find peace in silence, and to open your heart to God, who knows you, loves you, and walks with you always. Whatever burdens you carry or joys you celebrate, know that you are not alone—God is with you, and we are here to walk with you in faith and fellowship.

Our community gathers regularly to celebrate the Holy Mass. You are most welcome to join us at any of our services

Each Mass is a moment to encounter Christ in Word and Sacrament, and to be strengthened as members of His Body.

If you have any questions or would like to speak with a priest or member of our parish team, please do not hesitate to reach out. May you find here a home of prayer, comfort and belonging.

With every blessing, From **Fr. Patrick Adusei Poku CSSp Parish Priest**

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial



Youth Corner

We are also planning a Parish Quiz night so watch this space!

Thank you, as always, to our parishioners who support the youth group in so many ways.

Youth Fund: We are still appealing for people to support the youth fund to help our youth go the World Youth Day in south Korea.

If you donate please do consider to GIFT-AID your donations. Please contact the parish office for details.

CURRENT NEWS & NOTICES

First Holy Communion 2026: Pictures of the First Holy communion Celebration are now ready. They can be seen following this link: https://saol-photography.blogspot.com/. Prices and how to order can be found on the following link: https://saol-photography-events.blogspot.com/2019/05/prices.html

Baptism Preparation Course 2026: The next baptism course will take place on **Monday 1st, 8th and 15th June at 7pm at OLOL in the parish hall**. Parent's must register their child for baptism by Monday 25th May in order to attend the course.

Come and join the St Aidan's Singers! We meet at 9.30 am in the small room next to the Parish Office (right hand side as you enter the Church) and then lead the singing at the 10 am Mass. All ages welcome and no experience or commitment at this stage necessary. Why not come along and just join us!'

Thinking of Becoming a Catholic? Have you ever considered becoming a Roman Catholic or do you know somebody who is searching for a deeper meaning and purpose in life? The Rite of Christian Initiation for Adults (RCIA) is a process for welcoming adults into the Roman Catholic Church in preparation for the sacraments of Baptism, Confirmation, and the Eucharist. This process welcomes non-baptised Adults; Adults baptised in another Christian Tradition; Catholics who were baptised but never received the Sacraments of Confirmation or the Eucharist. It offers the opportunity for people to deepen their knowledge of Jesus and their relationship with Him. Weekly sessions take people through the key teachings of the Catholic faith and the issues facing Catholics in today's world. Why not join this group of like-minded people? To find out more, you can come along to an informal meeting - **Thursday 11th June 7.30pm-8.30pm at Our Lady of Lourdes Parish Hall, Oldham Terrace.**

"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."
John 6:51



Kids' Corner

CURRENT NEWS & NOTICES

Running Club and Walking Club: The running club and walking club will start again **on Sat 26th September** meeting at **7am** outside Our Lady of Lourdes church with breakfast in the parish hall afterwards. Then going forward we will plan to run and walk on the last Saturday of every



VOLUNTEERS NEEDED: we need some more volunteers to keep our church clean and welcoming. If you have time please do join our group of volunteers on Thursdays after the 10 o'clock mass.



St Michael's Catholic Grammar School - Open Evening for Secondary Transfer - Wednesday 24 June 2026

Full details of the Admissions Policy can be found on the School's website St Michael's Admissions 2027-28.

The online application to apply to sit the entrance tests for entry in September 2027 is now available Year 7 2027. The deadline for applications to be completed and Certificate of Catholic Practice provided to the School Office is 4pm on Tuesday 7 July 2026.

More Human: Pope Leo has just published a **new encyclical *Magnifica Humanitas***.

It speaks about what it means to be human in our time, especially with in the age of AI.

Join us for these 3 short workshops to introduce and explore aspects of this timely document with input, as well as reflection and prayer.

In St Aloysius Parish Hall, Phoenix Rd, London NW1 1TA, Mondays 13 Jul, 21 Sep, 23 Nov, 7.30-8.45pm. All Welcome!

Register to attend on https://tinyurl.com/MoreHuman26

These workshops will also be online, email info@fcjecojustice.co.uk for more information.

SPIRITAN NEWS

GAP YEAR VOLUNTEERING WITH 'JUST YOUTH' Are you 18 to 25 and wish to support young people in their holistic growth, discover and develop their talents through Chaplaincy and other outreach programs? Please contact Just Youth on www.justyouth.co.uk and apply.

Lay Spiritans: Any parishioner who is interested in becoming a lay Spiritan, please contact Fr. Patrick or the Parish Office. Visit spiritans.co.uk/lay-associate-spiritans/ for more info.

Patrick Ryan & Daughter Funeral Directors
Official Supporter of St Aidan's Parish Newsletter
"Patrick Ryan & Daughter Funeral Directors
Proudly supporting the local community since 1968"

SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.

Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.

RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.

The **Discovering Chesterton Conference** will take place in London on Saturday 13th June. Learn about the life and work of Gilbert Keith Chesterton, Catholic journalist, novelist, essayist, apologist, lecturer, playwright, poet, beloved husband, friend, adoptive uncle, and even potential saint at this one-day conference. Booking Required Ticket Price: £15. To book, email catholicgkcsociety@yahoo.co.uk or Tel, 07795205114. Light Lunch provided!
www.catholicgkchestertonsociety.co.uk

Fidara — a free Catholic app
Fidara is a free Catholic app created to help Catholics pray, follow the Church year, pray the Rosary, and access daily Mass readings. The app does not require an account and does not collect personal data.

GETTING THE MOST OUT OF MASS

1. PREPARE: Arrive early, gather your thoughts in quiet, read through the readings, then be still and open your heart and mind to God in prayer. Remember to always give thanks to God and to be patient in prayer. In addition to your own prayers, please remember to pray for those on the Mass Intention list and those who have no one to pray for them.

2. PARTICIPATE: Join in the singing, the responses, the prayers and listen attentively to the Readings and the Homily.

3. BE RESPECTFUL: Don't use your phone, don't eat in church (except babies), and don't chat needlessly, we come to church to raise our hearts and minds to God. But please do feel free to socialise and chat after Mass. Tea and coffee is serve at the back of the church.

MASS & LITURGICAL ACTIVITIES

7th June 2026 Corpus Christi Year A

1st Reading: Deuteronomy 8: 2-3, 14b-16a **2nd Reading:** 1 Corinthians 10: 16-17 **Gospel:** John 6: 51-58

Sat 6th June		
6:30 pm	Eileen McCormack	R.I.P.
Sunday 7th June	**CORPUS CHRISTI**	
10am	Marina Rosetta Lewis Rogelio Ruby Sio Family	R.I.P. Anniversary R.I.P. Anniversary Thanksgiving
1pm	Ge'ez Rite	
Mon 8th June	**NO MASS**	
Tues 9th June		
10 am	For the people of our parish	Special Intentions
Wed 10th June		
10 am	Harrys	Healing from cancer
Thurs 11th June	**St Barnabas Apostle**	
10 am	All those who volunteer in our parish	Thanksgiving
Friday 12th June	**The most Sacred Heart of Jesus**	
10 am	For the sick in our parish	Good Health Intentions
Sat 13th June		
6:30 pm	Ralph Massiah	R.I.P. Anniversary
Sunday 14th June	**11th Sunday in Ordinary Time**	
10am	For the people of our parish	Special intentions
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: Mass Intention envelopes are at the back of the church. You can use them for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.