ST. AIDAN OF LINDISFARNE ROMAN CATHOLIC PARISH OF WESTMINSTER

PARISH NEWSLETTER

25th October 2026



Love Begins with God

Each day, the Church prays these words in the Divine Office: *"The loving kindness of the heart of our God, who visits us like the dawn from on high."* It is one of my favourite verses from scripture. The words remind us that love begins with God.

Jesus tells us that the greatest commandments are to love God with all our heart, soul and mind, and to love our neighbour as ourselves.

Sometimes, we can see these commandments as things we simply have to try harder to do. But Jesus is showing us something more. He is showing us how much God loves us. Through Jesus, we see the loving heart of God. Jesus is God's love made visible in our world.

Jesus does not just talk about love. He shows us what it means. In his Passion and death, he gives his life for us. His love is not just words. He shows us how much we matter to God.

But loving God and our neighbour is not always easy. We may have been hurt by others, feel unloved, or struggle to believe that we are worth loving. At times, loving others can feel like a big ask.

Perhaps the first step is to recognise just how much God loves us. We do not have to earn his love or prove that we are worthy of it. He loves us as we are. And when we begin to trust in that love, we can find it easier to share it with others.

This does not mean doing anything extraordinary. It might mean taking time to listen to someone who is lonely, checking on a neighbour, or making peace with someone we have fallen out with. Small acts of kindness can make a real difference.

We do not have to find this love all by ourselves. God gives it to us first. Like the dawn bringing light into the darkness, his love brings hope into our lives and helps us bring hope to others.
Deacon Tito

Prayer intentions of the Holy Father for October: Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

The Second Collection : Thank you for your donations to the World Mission Sunday appeal. We have raised £278.22. Your prayers and support will help missionaries work alongside communities worldwide regardless of background or belief. Please continue to pray for all who share the love and hope of Christ with our sisters and brothers in need throughout the world. To support mission year-round, visit mission.org.uk or call 02078219755 (office hours).

Fire drill: the fire wardens will carry out a fire drill at all masses on the 24th and 25th October.

Making a gift in your will to your parish or the Spiritans as a lasting legacy could have an impact greater than you know – if you would like more information on why and how please get in touch with the parish office.

The church is open
Tues and Thu 9am-3pm
Sat 10:00am to 8:00pm, Sun for Masses.
Parish Priest: Fr. Patrick Adusei Poku CSSp. patrickadusei-poku@rcdow.org.uk
Fr. Patrick: 07766254987 Fr. Brendan: 07501345091
Assistant Priest: Fr. Brendan Aroh CSSp. brendanaroh@rcdow.org.uk
Assistant Priest: Fr. Christian Egemonye CSSp. christianegemonye@rcdow.org.ukw
Deacon: Rev. Tito Pereira titopereira@rcdow.org.uk Tito: 07977599110
Deacon Jayson Wingrove: jaysonwingrove@rcdow.org.uk
Parish Office: Opening times Tue and Thu 10am to 3pm
actoneast@rcdow.org.uk 020 8743 5732
Parish Administrator: Paola Turner

MASS TIMES

Monday: No Mass (Church Closed)
Fr. Patrick at Immigration Centre
Tuesday - Friday: 10am
Saturday: 6.30pm
Sunday: 10am, 1pm (Ge'ez Rite)
Holy Days of Obligation: 10am, 7pm

Dear Friend in Christ,

Welcome to St. Aidan's Church! Whether you are visiting for the first time, returning after some time away, or simply seeking a quiet moment with God, we are truly blessed by your presence. This is a sacred space where hearts are lifted, prayers are heard, and lives are renewed by the grace and love of our Lord.

Here in this house of prayer, we invite you to take time to reflect, to find peace in silence, and to open your heart to God, who knows you, loves you, and walks with you always. Whatever burdens you carry or joys you celebrate, know that you are not alone—God is with you, and we are here to walk with you in faith and fellowship.

Our community gathers regularly to celebrate the Holy Mass. You are most welcome to join us at any of our services

Each Mass is a moment to encounter Christ in Word and Sacrament, and to be strengthened as members of His Body.

If you have any questions or would like to speak with a priest or member of our parish team, please do not hesitate to reach out. May you find here a home of prayer, comfort and belonging.

With every blessing, From **Fr. Patrick Adusei Poku CSSp Parish Priest**

FOR DONATIONS & PAYMENTS
WRCDT Acton East
Account No. 41095277
Sort Code: 40-05-20
Reference: Surname and First Initial



Youth Corner

Our young people will be travelling to South Korea in 2027 for World Youth Day! If you would like to contribute, please bring your donations to the office marked World Youth Day.

The next youth meeting will be on Tuesday 24th November at 7pm at Our Lady of Lourdes Parish Hall



CURRENT NEWS & NOTICES

Baptism Preparation Course 2026: The next baptism course will take place in the new year. Please do come to the parish office to fill in the forms and register.

First Holy Communion: the next Holy communion class will take place on Sunday the 8th November after the 10 o'clock Mass.

Confirmation 2027: confirmation candidates are expected to attend the youth meetings at Our Lady of Lourdes Parish Hall. The next one is on Tuesday 24th November at 7pm.

A Day With Mary is taking place at Westminster Cathedral on Saturday 7 November 2026 (9.45am to 5.00pm). The Most Reverend Richard Moth, Archbishop of Westminster will be the Celebrant & Preacher at 10.30am Cathedral Mass on that day. Further information is available at **https://www.adaywithmary.org/**

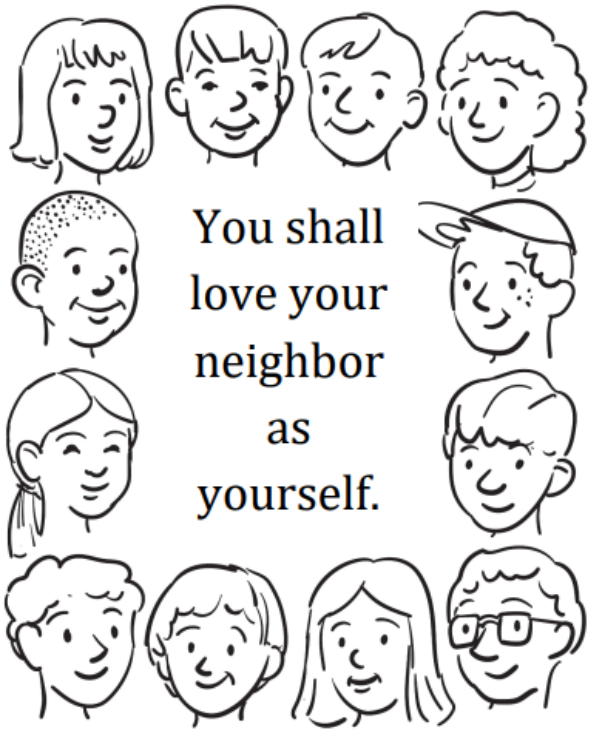
VOLUNTEERS NEEDED: we are planning to do a big clean up to prepare our church for a fire inspection and for Christmas. This will take place on **Tuesday 17th November and if needed on Thursday 19th November.** If you have time please do join our group of volunteers on Thursdays after the 10 o'clock mass.



Running Club and Walking Club: the next monthly run/wask will be on Saturday 31st October. Please come and join us. We meet at 8am outside the church fand runners and walkers are invited to breakfast in the hall afterwards. All are welcome!



Kids' Corner



CURRENT NEWS & NOTICES

St Vincent's Primary School: Nursery & Reception Application Forms for admission in **September 2027** are currently available from the School website at www.st-vincents.ealing.sch.uk/admissions . The online applications may be submitted until the deadline of **15th January 2027**. For more information, please contact admissions@stvps.co.uk .

Open Days – St Vincent's Primary School will be hosting Open Days for prospective parents on Saturday 7th November at 2pm, Tuesday 10th November at 9.30am and Tuesday 17th November at 9.30am. For registration forms, please visit www.st-vincents.ealing.sch.uk/open-days .

The Cardinal Wiseman Catholic School - We warmly invite Year 11 students and families to join us for our **Sixth Form Open Evening** on **Wednesday 11th November 2026** at **6pm**. Please come and explore the amazing subjects and opportunities we have to offer. We look forward to meeting you all'.

Gunnersbury Catholic School External Sixth Form Open Days 2026

TUESDAY, 3 NOVEMBER 2026 5pm – 7pm

To register and for further information visit our website: www.gunnersbury.com

An Invitation: The Congregation of the Sacred Hearts of Jesus and Mary has had a community presence at 372 Uxbridge Road since 1956. Sadly, but unavoidably, we are now leaving Ealing. Before we go we would like to say goodbye and thank you in person for your wonderful support over the years.

We would be delighted if you would join us for a cup of tea on either:

Saturday 21st November, between 11am and 5pm, or
Sunday 22nd November, between 2pm and 5pm

Please just drop in. All are welcome, and we would love to see you.

If you are unable to come, please accept our heartfelt gratitude for the privilege of knowing you and of sharing in your life, with its joys and sorrows. Be assured that we will keep you always in our prayers and our fond memories.

SPIRITAN NEWS

GAP YEAR VOLUNTEERING WITH 'JUST YOUTH' Are you 18 to 25 and wish to support young people in their holistic growth, discover and develop their talents through Chaplaincy and other outreach programs? Please contact Just Youth on www.justyouth.co.uk and apply.

Lay Spiritans: Any parishioner who is interested in becoming a lay Spiritan, please contact Fr. Patrick or the Parish Office. Visit spiritans.co.uk/lay-associate-spiritans/ for more info.

Patrick Ryan & Daughter Funeral Directors
Official Supporter of St Aidan's Parish Newsletter
"Patrick Ryan & Daughter Funeral Directors
Proudly supporting the local community since 1968"
6 South Ealing Rd, W5 4QA 0208 567 1664

SAFEGUARDING

Safeguarding is the responsibility of every member of the parish. If you are concerned that a child or vulnerable adult has been harmed or is at risk of harm, please dial 999. Otherwise, contact our Parish Safeguarding Liaison Claire Sheedy: actoneastsg@safeguardrcdow.org.uk

SACRAMENTS AT OUR PARISH

Baptism: Please go to the parish office to fill in the paperwork. You will need to attend the Baptism Preparation Course.
Marriage: Couples are required to give 6 months notice of marriage before the wedding and to fill out the necessary paperwork and attend a marriage course. Please call the office to set up a meeting with the priest to start the paperwork.
RCIA: (Rite of Christian Initiations of Adults) Would you like to become a Catholic? You can pick up a registration form from the back of the church.
Holy communion and Confirmation: preparation classes take place once a year starting in the Autumn. Please talk to the office if you would like more information on the next class.

LONDON CATHOLIC SOCIAL GROUP 30+
Would you like to meet more Catholics in London?
London Catholic Social Group 30+ organises friendly social events, walks, day trips and faith events throughout the year. New members are always very welcome, whether coming alone or with friends.
To find out more: WhatsApp Brendan: 07425 549408
Email:londonswcatholicsocial@gmail.com Instagram: @londoncatholicsocial

CAFOD: *CAFOD, the Catholic Agency for Overseas Development, is looking for volunteers to visit local schools to present assemblies and workshops. Full training and support provided. See cafod.org.uk/Volunteer for more information or contact Westminster's CAFOD representative Chris Driscoll at cdriscoll@cafod.org,uk or call 07776 493162*

GETTING THE MOST OUT OF MASS

1. PREPARE: Arrive early, gather your thoughts in quiet, read through the readings, then be still and open your heart and mind to God in prayer. Remember to always give thanks to God and to be patient in prayer. In addition to your own prayers, please remember to pray for those on the Mass Intention list and those who have no one to pray for them.

2. PARTICIPATE: Join in the singing, the responses, the prayers and listen attentively to the Readings and the Homily.

3. BE RESPECTFUL: Don't use your phone, don't eat in church (except babies), and don't chat needlessly, we come to church to raise our hearts and minds to God. But please do feel free to socialise and chat after Mass. Tea and coffee is serve at the back of the church.

MASS & LITURGICAL ACTIVITIES

25th October 2026 30th SUNDAY IN ORDINARY TIME (A)

1st Reading: Exodus 22: 21-27 2nd Reading: 1 Thesalonians 1: 5c-10 Gospel: Matthew 22: 34-40

Saturday 24th October		
6:30 pm	For the people in the parish	Special Intention
Sunday 25th October	**THIRTIETH SUNDAY IN ORDINARY TIME**	
10am	Juanita Vargas Dorothy Degrasse Jane Delaney	Anniversary R.I.P. Anniversary Good Health Intention
1pm	Ge'ez Rite	
Mon 26th October	**NO MASS**	
Tues 27th October		
10 am	Amelia Gomes	R.I.P. Birthday Anniversary
Wed 28th October	**Saints Simon and Jude, Apostles**	
10 am	For the people in the parish	Special Intention
Thurs 29th October	**Blessed Martyrs of Douai**	
10 am	For the sick in the parish	Special Intention
Friday 30th October		
10 am	For the young people in the parish	Special Intention
Saturday 31st October		
6:30 pm	For the people in the parish	Special Intention
Sunday 1st November	**ALL SAINTS**	
10am	For the people in the parish	Special Intention
1pm	Ge'ez Rite	

The Angelus: This will be lead by a reader before the start of every Mass.

Exposition of the Blessed Sacrament: 30 minutes before every Mass.

Confessions:
Weekdays 9.15am-9.45am
Saturdays 5.30pm-6.15pm

Legion of Mary: Every Friday after 10am Mass in the Sacristy.

Mass Intentions: Mass Intention envelopes are at the back of the church. You can use them for all your Mass intention requests. (£10 per intention). All intentions are published in the newsletter.
Please book early in advance and provide an alternative date to secure your intention.

Celebrations: Please let us know if you are celebrating a special anniversary or birthday so we can pray for you as a community and you can receive a blessing.

Home Visits: If you know someone in the parish, who would like a visit from a priest, please contact the parish office.

Any items for the newsletter need to be received by the office by Thursday 12pm of that week.