

DAILY HORARIUM — 2023-24

The daily horarium governs the flow of seminary life. Its aim is the development of an orderly pattern of life. **Seminarians are expected to attend the liturgies, events and meals marked in bold.** The rest is optional. It is customary, as with all House Events, to seek permission from Fr Antonio Ritaccio before absenting yourself from any of these, or where you are late or fail to attend, to make your apologies to him.

Monday

7:00 **Angelus & Meditation**
7:30 **Morning Prayer**
7:45 **Mass**
8:15 Breakfast
9:00 **Lectures**
12:30 **Lunch**
After lunch Mid-day Prayer
6:30 **Evening prayer**
6:45 Supper
8:00 Adoration
8:45 Compline

Tuesday

7:00 **Angelus & Meditation**
7:30 **Morning Prayer**
7:45 **Mass**
8:15 Breakfast
9:00 **Lectures**
12:30 **Lunch**
After lunch Mid-day Prayer
6:30 **Evening prayer**
6:45 Supper

Wednesday

7:00 **Angelus & Meditation**
7:30 **Morning prayer**
7:45 Rosary
12.30 **Community Mass**
1:15 **Fasting Lunch**
Afternoon **Seminarians Meeting led by Student Coordinator as required**
4:30 **Spiritual Conference**
5:00 **Adoration & Benediction**
6:00 **Community Supper**

Thursday

7:00 **Angelus & Meditation**
7:30 **Morning Prayer**
7:45 **Mass**
8:15 Breakfast
9:00 **Lectures**
12:30 **Lunch (if not at SMU)**
After lunch Mid-day Prayer
4:45 **Choir Practice**
5:30 **Evening Prayer**
5:45 Supper

Friday

FREE DAY

Saturday

7:30 **Angelus & Adoration**
8:00 **MP & Reposition**
8:20 **Community Mass**
9.00 Breakfast
12:10 Rosary
12:30 Lunch
5.30 **Solemn Vespers**

Sunday

7:30 **Morning Prayer**
7:45 Breakfast
12:30 Lunch
6:00 **Solemn Vespers & Seasonal Devotions**
6:45 **Benediction**
7:00 Supper