

NEWS AND VIEWS

Sunday 11.30am Mass streaming link: You can also scan with the QR Code below. <https://bit.ly/st-gabriel> Sunday Masses will be streamed during **11.30am**



Sunday Social Hour: This weekly gathering will begin this Sunday after the 11.30am Mass in the meeting room. All are welcomed to stay back for some light refreshments and chat.

Catechist Training: There will be refresher courses for Catechists by the Diocese on the following dates; **14th Sept.- 10am - 12noon, 1pm-3pm, 21st Sept.-10am-12noon, 1pm-3pm.** Here in St Gabriel's meeting room.

Diocesan Pilgrimage to Walsingham will take place on the Saturday 21st September, any parishioners who are interested should please indicate their availability at the parish office. The cost will be **£35.** The first pickup point will be at **6.30am** in front of **St Gabriel of Our Lady of Sorrows**, then it will proceed to the next pickup point at **6.45am**, which will be **Sts. Peter and Paul**, Clerkenwell, 5 Amwell Street, EC1R 1UL. All will depart at **7am** to Walsingham.

First Holy Communion & Confirmation 2025: It is time to register for these 2 sacraments. The catechism classes will start from September. To be eligible for First Communion, the child must be **7years** by the **31st of August.** For confirmation, the candidate must be **13years** by the **31st of August.** Please pick up the registration forms from the Parish Office.

The Youth Praise & Worship Concert will take place on Saturday **21st September, 2024** at St Mellitus Church, Tollington Park. 10am-5pm. See posters at the entrance to scan your free tickets.

Vacant Room Request: A young Vietnamese lady, who has been referred to us by Francis our seminarian is in need of a room within a family home to lodge while studying for her Masters Degree here in London. If any parishioner has availability in their home and wishes to offer this services, they can make themselves known to the parish priest or the office.

100 August draw: The 1st prize of £185 went to no.62; 2nd prize of £74 to no. 8; prizes of £37 to nos.65, 32 & 66. £370 was raised for parish funds. The next draw is on **Friday 6th September after the 1st Friday Service.** Subscriptions due in by the weekend of 31st Aug/1st Sep. New members are welcomed!

Food Donations for the needy: Thank you to parishioners that have responded to our call for help. We humbly request for the following; **pot noodles, tinned fish, biscuits, soft drinks, tea, milk (longlife), sugar and coffee.**

Christian Stewardship: 18th August 2024

Envelopes: £285 **Loose:** £378.88 **Contactless:** £20.00 We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish.

September Diary

Friday 6th 12noon: **First Friday Healing Mass, Holy Hour and Benediction**
 Weekend 14th/15th—**Home Mission Sunday (Evangelii Gaudium)**
 Every Last Saturday of the month: **Baptism (always confirm in the parish office)**
 Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**
 Every Saturday evening after Mass: **Bingo in the meeting room**
 Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
 Every 1st Friday: 12 noon **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room**
 7.45pm **Parish Quiz in the Meeting Room (Resumes this September)**

Important Diary Dates

- **Sept 1st**— Sunday Social Hour
- **Sept. 21st**—Youth Praise & Worship Concert
- **October**—Parish Charity Auction/Fundraising/Entertainment Evening.

D	E	S	E	H	S	I	D	O	O
R	O	Z	P	N	E	Z	G	O	R
B	R	O	N	Z	T	N	H	F	E
S	T	A	F	R	I	C	U	P	S
S	D	N	A	H	R	N	M	T	P
R	E	W	S	E	C	B	A	E	E
E	L	A	O	L	O	H	N	K	C
D	W	O	E	B	P	S	O	R	T
L	B	A	B	O	Y	I	T	A	E
E	N	B	O	W	H	D	L	M	R

UNCLEAN HANDS WASHING ELDERS
MARKET CUPS POTS BRONZE
RESPECT FOOD HYPOCRITES ELBOW



Food For Thought

"If it doesn't challenge you, it won't change you."

"Don't let the fear of what could happen stop anything from happening."

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway

Contact: 15 St John's Villas, N19 3EE Tel: 02072728195 Mobile: 07533726467 (text only)

Email: archway@rcdow.org.uk Reg. Charity No.233699 Website: www.stgabes.uk

+ 22nd Sunday In Ordinary Time, Year B
1st September 2024

We welcome all to today's Mass, especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTION ON THE GOSPEL

The Gospel brings out one of the central problems of all religion: the way in which peripheral laws and customs gradually take over the more fundamental commandments, and the way in which "externalism" and a concern with superficialities gradually suffocates a true "internal" faith which is lived out. Here we see the angry Jesus: he calls them "hypocrites", as he condemns their "worthless worship". He teaches a central truth: it is what comes from within that determines whether we are clean or unclean, good or evil. The commandments of God, which Moses puts before the people with such great pride, become the source of justice when they are given a place in the heart. When other rules and regulations about how to wash and what to eat displace them, then they are stifled and justice is practised no longer. While we must promote hygiene and the noble effort at decontamination of the environment, these are not enough as they do not go to the root of the problem. Jesus launches the programme of ecology of the heart: "Nothing from the outside makes a man unclean" he says. "What defiles a man are evil intentions." If in the presence of someone or something you smell defilement, chances are that you brought the defilement with you in the first place. You need look no further than within your own heart and soul.

Mass Times & Intentions

1st – 7th September 2024

Sat 31st Vigil Mass 6:30pm: Martin Moriarty, Angela Nallion (RIP)
Sun 1st 9:00am: Ann Connelly, Bill Crowley (RIP), Annie McDonagh (8th) (ANN), Lina Piroli, Maria Piroli (INT)
11:30am: Frances Hehir (RIP)
6:30pm: Muriel Roberts, Ivy & Louis Coelho (RIP), Simeon Bernard Ogbonna, Florence Pinfield (ANN), Sam Haslam, Maureen Tayler (birthday) (INT)
Mon 2nd 12 noon: Ann Fitzgerald (RIP), Lina Piroli (INT)
Tue 3rd St Gregory the Great 12 noon: People of the Parish
Wed 4th 12 noon: Muriel Roberts (RIP), Charis Etim-Bassey, Andie Ekeng (INT)
Thurs 5th 12 noon: (RIP), (ANN), Errol Roberts, Peggy Gillan (INT)
Fri 6th 12 noon: *First Friday Healing Mass/Holy Hour/Benediction* Michael & Breege Hopkins (55th Wedding Anniversary) (INT)
Sat 7th 12 noon: Tony Doyle (RIP), Giuseppe Solari, John Fahey, Mary & Tom Doyle (ANN)



Rebecca Campbell, Ella Humphreys, Rita Avanzi, Jarlet Fallon, Christopher Jerome, John Bruno, Mary Slow, Isabella King, Derek Gomes, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnely, Brian Coleman, Shiela Farrell, Christopher Nelson, Paddy Essang, Padra Williams, Phillip Duggase, Terry Earley, Elizabeth Earley, Mary Mullarkey, Mary O'Connell, Bernadette Ikwuka, Margaret Togher, Mary Dunne, Lina Piroli, Christy & Maria Christopher, Lourdes Sisneros, Angela Fairbank, Emmanuel & Magdalene Debonne, Douglas Meyers, Sylvia Traynor, Danielle, Lilian Montague, Frances Quinn, Tony Colbert, Kathleen Panayiotou, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Emo Essang, Madeleine Hourihan, Stella Anakor, Jacinta, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Ola Gam-Ikon, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Sr Joseph, Prince Henshaw, Maureen Esspay, John Alan, Private Intentions. Rashmi, Joan Fitzgerald, Savindra de Alwis,

Parish Projects

1. Replacing expired Church meeting room roof (Abbey Roofing) £17,900 + VAT= bal. £9,900. **Trinity Fund £8,000 granted**
 2. Refurbishing 722 Holloway Road, Church reclaimed property (Ozzy Home Repairs Ltd) £20,000 paid in full by **National Lottery Fund**
 3. New Security Gate around Parish Carpark/ Exit on Holloway Road (Harling Security Solutions) £25,522 + VAT
- Donations towards the projects would be highly appreciated. Donations so far received **£35,701.36** Thanks.

Parish is served by the **Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit**

Parish Priests: Fr. Moses Enehizena CSSp, Fr. Remigius Ndubuisi CSSp, Fr Isah Katuka CSSp

Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald

Office Hours: Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. - (9am-1pm)

Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467 - (TEXT ONLY)

Email: archway@rcdow.org.uk **Web:** www.stgabes.uk (Reg. Charity No.233699)

Confessions Sat.11am. 6pm, before Masses **Exposition of the Blessed Sacrament/Meditative Rosary:** Sun. 10.30am

Healing Mass/Holy Hour/Benediction: First Fridays 12noon **Prayer/Faith Group:** Sat. 10am

Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Have mercy on me O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you.

OPENING PRAYER

God of might, giver of every good gift, put into our hearts the love of your name, so that, by deepening our sense of reverence, you may nurture in us what is good and, by your watchful care, keep safe what you have nurtured. Through our Lord, Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

FIRST READING Deuteronomy 4:1-2.6-8

Moses said to the people: 'Now, Israel, take notice of the laws and customs that I teach you today, and observe them, that you may have life and may enter and take possession of the land that the Lord the God of your fathers is giving you. You must add nothing to what I command you, and take nothing from it, but keep the commandments of the Lord your God just as I lay them down for you. Keep them, observe them, and they will demonstrate to the peoples your wisdom and understanding. When they come to know of all these laws they will exclaim, "No other people is as wise and prudent as this great nation." And indeed, what great nation is there that has its gods so near as the Lord our God is to us whenever we call to him? And what great nation is there that has laws and customs to match this whole Law that I put before you today?'

RESPONSORIAL PSALM (Ps 14)

R. The just will live in the presence of the Lord

Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart. **R.**

He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. **R.**

He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. **R.**

SECOND READING James 1:17-18.21-22.27

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with him there is no such thing as alteration, no shadow of a change. By his own choice he made us his children by the message of the truth so that we should be a sort of first-fruits of all that he had created. Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves. Pure, unspoiled religion, in the eyes of God our Father is this: coming to the help of orphans and widows when they need it, and keeping oneself uncontaminated by the world.

GOSPEL ACCLAMATION

Alleluia, alleluia!

Your words are spirit, Lord, and they are life: you have the message of eternal life: you have the message of eternal life. Alleluia.

GOSPEL Mark 7:1-8.14-15.21-23

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, 'Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?' He answered, 'It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture: This people honours me only with lip-service, while their hearts are far from me. The worship they offer me is worthless; the doctrines they teach are only human regulations. You put aside the commandment of God to cling to human traditions.' He called the people to him again and said, 'Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men's hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.'

PRAYER OVER THE GIFTS

May this sacred offering, O Lord, confer on us always the blessing of salvation, that what it celebrates in mystery it may accomplish in power. Through Christ our Lord.

COMMUNION ANTIPHON

How great is the goodness, Lord, that you keep for those who fear you.

PRAYER AFTER COMMUNION

Renewed by this bread from the heavenly table, we beseech you, Lord, that, being the food of charity, it may confirm our hearts and stir us to serve you in our neighbour. Through Christ our Lord

Mass	Readers	Eucharist Minister	Stewards
Sat. 6.30pm	Jeanette Fayers	Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9.00am	Isaac Bibilian	Olga M	Essien E-Oku/ Gabriel E-Oku
Sun. 11.30am	John Obligar	June G & Joyce	Bernie Shevlin/Joseph Baffoe
Sun. 6.30pm	Maureen Tayler	Michelle C	Joseph Ogbonna

The Spiritual Communion Prayer (For Online Mass) ONLY

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You,
We bless You,
We adore you,
We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world, receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk
Sade Afolabi 07943565430 **Email:** archwaysg2@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy, Catechism and Youth Club.
- Vulnerable people **MUST be** accompanied in the Church.

Parish Health and Safety: Joan Fitzgerald, Maria Okerefor 07830000919, Jeanette Fayers 07738929756, Evette Parnell-Ogu 07985256344

Parish Security Reps: Essien Ekpenyong-Oku 07305608832 and Maurice Richards 07904021798