NEWS AND VIEWS

Welcome back: We welcome back all our parishioners who have had some holiday this summer. We hope that you have had a refreshing time out.

Young Adults & Unity Cup: As part of their fundraising for WYD 2027, the **St Gabriel Unity Cup Tournament** will take place on **Sunday, 6th September**. Application forms are available on request. Whether you play, come along to support, or make a donation, your encouragement will help make this pilgrimage possible.

Sacraments for next year
First Holy Communion: Children who will be 7 years old or above by the 31st of August should please be registered for catechism classes which will begin in September.

Confirmation: Candidates who are 13 years old or above by the 31st of August should register for catechism classes which also begins in September. Please pick forms from the Parish Office.

Rite of Christian Initiation of Adults (RCIA) Adults who wish to convert fully to the Catholic faith should also register for Rite of Christian Initiation of Adults (RCIA) to be received at Easter. The lessons will also start in September. Please pick forms for these from the Parish Office.

Parish Fundraising Dance (17th Oct.) – Donation envelopes for our Parish Fundraising Dance are available. Funds raised will support our **Food & Friends Outreach Project**, which provides daily breakfasts, Thursday lunches, and food parcels distributed from the presbytery door to those in need within our community. We kindly ask that you return your completed donation envelopes when possible. Alternatively, donations can be made quickly and securely using the parish bank account or the QR code provided.

Legion of Mary – Rebirth: A number of parishioners have expressed interest in restarting the **Legion of Mary** in our parish. We would like to invite anyone who is interested in joining to indicate their interest by leaving their name at the Parish Office. The group will initially begin with **prayer meetings**, with further details to follow. We warmly encourage anyone interested to get involved and help us revive this important ministry in our parish.

100 Club draw: The next draw is on **Friday 4th September after the First Friday Service.** Subscriptions due in by the weekend of 29th/30th August.
Parish Quiz night is back on Friday 4th September. Kindly invite friends and family.

Legacy: A gift in your will, left to a registered charity such as the Church, is exempt from inheritance tax and reduces your overall residual tax rate. Legacies may be left either for general purposes or for a specific use. Please remember to include your parish in your will, to continue the good works of our forbearers

Christian Stewardship: 23rd August 2026
Envelopes: £147.20 **Loose:** £308.86. We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish. In the meantime, anyone who wants to make a donation

WRCDT St Gabriels Upper Holloway
Sort Code: 40-05-20 **Account No:** 01097024
OR
Scan this QR Code here on the newsletter, the ones on the Parish benches and on the doors.

AUGUST DIARY

Parish Office will open for half day during the month of August from 9am – 1pm. Thank you.
Every Last Saturday of the month: **Baptism (always confirm in the parish office)**
Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**
Every Saturday evening after Mass: **Bingo in the meeting room**
Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
Every 1st Friday 12 noon: **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room 7.45pm. Parish Quiz in the Meeting Room.**

DIARY DATES

6th September: St Gabriel Unity Tournament @4pm

17th October: Parish Fundraising/Dance

26th –30th October: Parish Pilgrimage to Assisi 2026

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



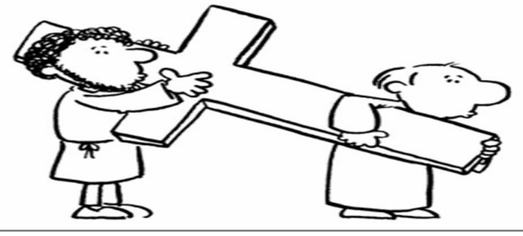
FOOD FOR THOUGHT

"The fears we don't face become our limits."

"Your potential is endless."

S	E	T	G	E	L	D	E	R	S
E	F	O	L	L	O	W	E	R	A
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DESTINED
SCRIBES
RENOUNCE
WORLD
JERUSALEM
SATAN
CROSS
GLORY
ELDERS
OBSTACLE
LIFE
ANGELS



Spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway
Contact: 15 St John's Villas, N19 3EE **Tel:** 02072728195 **Mobile:** 07533726467 **(text only)**
Email: **archway@rcdow.org.uk** Reg. Charity No.233699) Website: **http://parish.rcdow.org.uk/archway/**



22nd Sunday in Ordinary Time, Year A
30th August 2026



We welcome all to today's mass especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTIONS ON THE GOSPEL

In today's Gospel, Jesus reminds us that following Him is not always easy or comfortable. Peter struggles to understand why Jesus must suffer, and Jesus calls him to look beyond human expectations and accept God's plan. Jesus invites each of us to take up our cross and follow Him. Our crosses may come through difficulties, sacrifices, responsibilities, disappointments or moments when doing what is right is not the easiest choice. Yet, when we unite these struggles with Christ, they can become opportunities for deeper faith and love. St Paul reminds us not to be conformed to the world but to allow God to transform our minds and hearts. True discipleship means putting Christ before ourselves and trusting that whatever we surrender to God is never wasted. As we begin this new week, let us ask for the grace to embrace our crosses with faith, follow Christ faithfully, and seek God's will above our own.

Mass Times & Intentions **30th August –5th September 2026**

Sat 29th Vigil Mass 6:30pm: Tom English, Theresa Masterson **(RIP)**

Sun 30th 9:00am: Ekanem Ekanem **(RIP),** Ekpe Ekpe Oku **(ANN),** Paddy Essang, Essien-Oku family **(INT)**

11:30am: Bill Harmon **(RIP),** Veronica Koumejro (1st) **(ANN),** Michelle & Tony Stone (40th Wedding anniv), Philomena Kpodo & family, Etukudoh family **(INT)**

6:30pm: Darryl Von Bock **(RIP),** Simeon Bernard Ogbonna **(ANN),** Von Bock family **(INT)**

Mon 31st 12 noon: Tiffany Essien-Oku, Anene O., Bernie Carr (birthday)**(INT)**

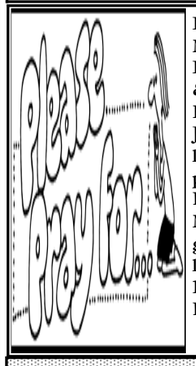
Tues 1st 12 noon: Bernie Carr, Maureen Tayler (birthday) **(INT)**

Wed 2nd 12 noon: Ann Fitzgerald (posthumous birthday)**, (RIP),** Joan Fitzgerald **(INT)**

Thurs 3rd St Gregory the Great 12 noon: Charis Etim-Bassey, Andie Ekeng **(INT)**

Fri 4th 12 noon: *First Friday Healing Mass/Holy Hour/Benediction*

Sat 5th 12 noon: Rena Pros **(INT)**



Ella Humphreys, Rita Avanzi, Christopher Jerome, John Bruno, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnelly, Shiela Farrell, Christopher Nelson, Paddy Essang, Phillip Duggase, Terry Earley, Mary Mullarkey, Bernadette Ikwuka, Mary Dunne, Christy & Maria Christopher, Lourdes Sisneros, Emmanuel & Magdalene Debonne, Douglas Meyers, Frances Quinn, Tony Colbert, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Madeleine Hourihan, Stella Anakor, Jacinta L, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Prince Henshaw, John Alan, Rashmi, Joan Fitzgerald, Padra Williams, Lourdes Bastardo, Norman Wills, Cronin Hehir, Maura O'Leary, Artoro Davila, Mary Brady, Teresa McDonagh, Christine Cheah, Valentine Olayemi, Mary Mullee, Elizabeth Ortega, Gomes family, Agnes Quainoo, Hannah Conwell, Julie Antwi, Stephanie Kafari, Angela Gallagher, Errol Roberts, Louisa Carter, Doreen Timoney, Oliver Chime, Stella Chime, Ann Forrester, Danielle, Margarita, June Gray, Carmel Cannon, Dominic Roberts, Maria Cruz, Maria Minodora, Patricia Quinn, Mary Fahey, Francis & Justina Ogu

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit
Parish Priests: Fr. Moses Enehizena CSSp, Fr Augustine I.Katuka CSSp, Fr Martin Goba CSSp
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald
Office Hours: Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. - (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467-**(TEXT ONLY)**
Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No.233699)
Confessions Sat.**11am**, **6pm,** before Masses **Exposition of the Blessed Sacrament/Meditative Rosary**: Sun. 10.30am
Healing Mass/Holy Hour/Benediction: First Fridays 12noon **Prayer/Faith Group**: Sat. 10am
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you.

OPENING PRAYER

God of might, giver of every good gift, put into our hearts the love of your name, so that, by deepening our sense of reverence, you may nurture in us what is good and, by your watchful care, keep safe what you have nurtured. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING Jeremiah 20: 7-9

You have seduced me, Lord, and I have let myself be seduced; you have overpowered me: you were the stronger. I am a daily laughing stock, everybody's butt. Each time I speak the word, I have to howl and proclaim: "Violence and ruin!" The word of the Lord has meant for me insult, derision, all day long. I used to say, "I will not think about him, I will not speak in his name any more." Then there seemed to be a fire burning in my heart, imprisoned in my bones. The effort to restrain it wearied me, I could not bear it.

RESPONSORIAL PSALM (Ps 63 (62)

R. *For you my soul is thirsting, O Lord, my God.*

O God, you are my God; at dawn I seek you;
for you my soul is thirsting.
For you my flesh is pining,
like a dry, weary land without water.

For you my soul is thirsting, O Lord, my God.

I have come before you in the sanctuary,
to behold your strength and your glory.
Your loving mercy is better than life;
my lips will speak your praise.

For you my soul is thirsting, O Lord, my God.

I will bless you all my life;
in your name I will lift up my hands.
My soul shall be filled as with a banquet;
with joyful lips, my mouth shall praise you.

For you my soul is thirsting, O Lord, my God.

For you have been my strength;
in the shadow of your wings I rejoice.
My soul clings fast to you;
your right hand upholds me.

For you my soul is thirsting, O Lord, my God.

SECOND READING Roman 12: 1-2

I appeal to you, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

GOSPEL ACCLAMATION

Alleluia, alleluia!
May the Father of our Lord Jesus Christ,
enlighten the eyes of our hearts, so that we may know the hope to which he has called us.
Alleluia!

GOSPEL **Matthew 16: 21-27**

At that time: Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'Far be it from you, Lord! This shall never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man.' Then Jesus told his disciples, 'If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will find it. For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul? For the Son of Man is going to come with his angels in the glory of his Father, and then he will repay each person according to what he has done.'

PRAYER OVER THE GIFTS

May this sacred offering, O Lord, confer on us always the blessing of salvation, that what it celebrates in mystery it may accomplish in power. Through Christ our Lord.

COMMUNION ANTIPHON

How great is the goodness, Lord that you keep for those who fear you.

PRAYER AFTER COMMUNION

Renewed by this bread from the heavenly table, we beseech you, Lord, that, being the food of charity, it may confirm our hearts and stir us to serve you in our neighbour. Through Christ our Lord.

SPIRITUAL COMMUNION PRAYER
(For Online Mass)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

Mass	Readers	Eucharist Minster	Stewards
Sat. 6.30pm	Bridget O'Dea	June G /Debra	Joan Fitzgerald/Jeanette Fayers
Sun. 9am	Paula Zanre	Olga Monepeke	Essien Ekpenyong-Oku
Sun 11.30am	Tracey Mullett	Joyce McD/ Roxanne C	Bernie Shevlin/Joseph Baffoe
Sun 6.30pm	Maureen Tayler	————	Joseph Ogbonna

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You, We bless You,
We adore you, We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world,
receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father Almighty, Maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God; begotten not made, consubstantial with the Father. Through Him all things were made. For us men and for our salvation He came down from heaven, (*all bow*) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake He was crucified under Pontius Pilate. He suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the Giver of life, who proceeds from the Father and the Son who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy & Catechism
- Vulnerable people **MUST be** accompanied in the Church.

Parish Data Protection Champion Officers: Ann Waldron 07449110910 **Email:** archway@rcdow.org.uk
Tom McDonnell

Parish Health and Safety: Jeanette Fayers 07738929756, Evette Parnell-Ogu 07985256344

Parish Security Reps: Essien Ekpenyong-Oku 07305608832 and Maurice Richards 07904021798