NEWS AND VIEWS

Spiritans Mission Appeals: The Spiritans are a dedicated to sharing hope and love worldwide. For over 300 years, our mission has been clear: to evangelize the poor and the needy, pursue justice, foster peace, care for creation, inspired by **Luke 4:18** and advance God's kingdom here on earth. Today, more than 3,000 Spiritans from all continents bring this mission to life in over 60 countries, serving where the need is greatest—hospitals, parishes, prisons, schools, and refugee communities. We also support integral development for young people and work for justice globally. As Pope Francis reminded us in May 2023, we serve "in simplicity of life, respecting peoples and cultures," embracing the most abandoned with fraternity and prayer. **Your support and prayers keep our mission alive. Together, we carry the Spiritan light to the world's darkest corners.**

All Souls Mon 2nd November: An opportune day to pray for our dead. Solemn Masses at 12noon & 7pm. Those who are yet to write down the names of their dead should do so in the Book of Memorial provided behind.

First Holy Communion classes dates: Nov. 1st, 15th, 29th, **Dec.** 6th **(Enrolment mass),** 13th, 20th. All the class are at **10.15am. Lateness and continuous absence will lead to children being dropped off the group.**

Confirmation classes dates: Wednesdays between 6.30pm– 7.30pm in the parish meeting room. **Nov.** 4th, 18th, **Dec:** 2nd, 16th**. More dates after Christmas**

Rite of Christian Initiation of Adults (RCIA) This sessions are on **Saturday mornings at 10.30am**

Holy Souls Book of Memorial will be out on the Bulletin Desk behind, during the week. Please write down names of all that you wish to pray for. Some names already written down in the past need not be repeated. Accompanying envelopes are available for donations for the Masses. There will be 2 Masses for the Holy Souls on Monday the 2nd of November at 12noon and 7pm.

Parish Office Half term Closure : The parish office will operate with reduced staffing from 26th–30th October and will be open until after the 12 noon Mass. Thank you for your understanding.

Legacy: A gift in your will, left to a registered charity such as the Church, is exempt from inheritance tax and reduces your overall residual tax rate. Legacies may be left either for general purposes or for a specific use. Please remember to include your parish in your will, to continue the good works of our forbearers

Christian Stewardship: 18th October 2026
Envelopes: £144 **Loose:** £328.47. We also receive £700 weekly from standing orders. Thank you for your continuous support for our parish. In the meantime, anyone who wants to make a donation

WRCDT St Gabriels Upper Holloway
Sort Code: 40-05-20 **Account No:** 01097024
OR
Scan this QR Code here on the newsletter, the ones on the Parish benches and on the doors.

October Diary
The month of October is dedicated to the Holy Rosary. We are encouraged to make greater effort to pray the Rosary this month. We have the opportunity to pray this solemnly as a community before each of the Sunday Masses or Fridays at 11.30am & 6pm

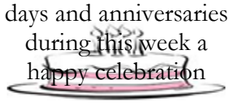
Weekend of 24th/25th: **Spiritan Mission Appeal**
Every Last Saturday of the month: **Baptism (always confirm in the parish office)**
Every Saturday at 10.30am: **Faith Sharing/RCIA sessions in the main Sacristy**
Every Saturday evening after Mass: **Bingo in the meeting room**
Every Tuesday after the noon Mass: **Parish social forum in the Meeting Room**
Every 1st Friday 12 noon: **Healing Mass / Holy Hour / Benediction followed by 100 Club in the Meeting Room 7.45pm. Parish Quiz in the Meeting Room.**

DIARY DATES

26th –30th October: Parish Pilgrimage to Assisi 2026

10th December: Christmas Community concert @ 6pm

We wish those who celebrate their birthdays and anniversaries during this week a happy celebration



FOOD FOR THOUGHT

"The comeback is always stronger than the set back."

"Don't let what you can't do stop you from doing what you can do."

T	R	E	C	N	O	C	S	I	D
S	D	O	G	J	S	C	E	E	S
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I	G	V	C	J	E	S	C	U	E
F	N	O	I	T	S	E	U	Q	S
O	N	L	S	G	M	G	D	S	I
D	I	A	O	O	I	N	D	O	R
G	M	W	D	R	N	A	A	U	A
T	R	A	E	H	D	H	S	L	H
R	U	O	B	H	G	I	E	N	P



PHARISEES
JESUS
SADDUCEES
DISCONCERT
QUESTION
LAW
MASTER
LORD
HEART
SOUL
SECOND
NEIGHBOUR

Spiritans

St. Gabriel of Our Lady of Sorrows Catholic Church, Archway
Contact: 15 St John's Villas, N19 3EE **Tel:** 02072728195 **Mobile:** 07533726467 **(text only)**
Email: **archway@rcdow.org.uk** Reg. Charity No.233699) Website: **http://parish.rcdow.org.uk/archway/**



30th Sunday in Ordinary Time, Year A
25th October 2026



We welcome all to today's mass especially visitors who are celebrating with us for the first time. Please take this bulletin home with you for further reflection on this week's celebration and to follow the activities in the Parish during the week.

REFLECTIONS ON THE GOSPEL

In today's Gospel (Matthew 22:34–40), Jesus teaches us that the greatest commandments are to love God with all our heart, soul and mind, and to love our neighbour as ourselves. Our love for God must be reflected in the way we treat others. It is not enough to pray and attend Mass if we ignore those who are suffering, lonely or in need. Every act of kindness, every word of encouragement and every gesture of generosity is an expression of our love for God. As members of our parish family, let us reach out to the less privileged, welcome those who feel forgotten and show compassion to everyone we meet. May we live out these two great commandments daily, so that through our words and actions, others may experience the love of Christ.

Mass Times & Intentions 25th – 31st October 2026

Sat 24th Vigil Mass 6:30pm: Joan Fitzgerald, Muzey Zeray **(INT)**

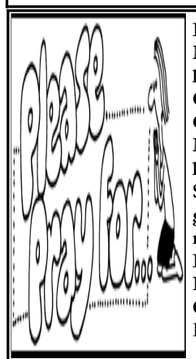
Sun 25th 9:00am: Ekanem Ekanem, Sir I. R. Emefiene **(RIP),** Jose Marques **(ANN),** Etukudoh family, Rita & Gino Avanzi & family, Muzey Zeray **(INT)**

11:30am: Brendan Nelson **(RIP),** John Foley (4th) **(ANN),** Fr Shaun, Mary, Thanksgiving: Margaret, Muzey Zeray **(INT)**
6:30pm: Muzey Zeray **(INT)**

Mon 26th 12 noon: John Foley **(ANN),** Muzey Zeray **(INT)**

Tues 27th 12 noon: (RIP), (ANN), Muzey Zeray **(INT)**

Wed 28th Sts Simon & Jude 12 noon: Ikpeme Bassey, Muzey Zeray **(INT)**
Thurs 29th Blessed Martyrs of Douai 12 noon: Young People of the Parish
Fri 30th 11:30am: *Recital of the Rosary followed by* ***Mass:*** Micko McDonagh (18th), Christy Thompson **(ANN),** Muzey Zeray **(INT)**
6:00pm: *Recital of the Rosary followed by* ***Mas***s
Sat 31st 12 noon: Muzey Zeray **(INT)**



Ella Humphreys, Rita Avanzi, Christopher Jerome, John Bruno, Mary Burton, Frank Gibbons, Maria Kuozwatski, Philip Mayne, Bridget Munnelly, Christopher Nelson, Paddy Essang, Phillip Duggase, Terry Earley, Mary Mullarkey, Bernadette Ikwuka, Mary Dunne, Christy & Maria Christopher, Lourdes Sisneros, Emmanuel & Magdalene Debonne, Douglas Meyers, Frances Quinn, Tony Colbert, Maureen Walsh, Gabby Mehmet, Freda Glackin, Maureen Currie, Joan McGonigal, Madeleine Hourihan, Stella Anakor, Jacinta L, Marie Therese Tourette, Mary Gallagher, Gloria Munian, Teresa O'Dea, Percy Shackell, Eddy Renwick, Gino Avanzi, Nicholas Stephens, Anastasia Nervais, Margaret Foley, Prince Henshaw, John Alan, Rashmi, Joan Fitzgerald, Padra Williams, Lourdes Bastardo, Norman Wills, Cronin Hehir, Maura O'Leary, Artoro Davila, Mary Brady, Teresa McDonagh, Christine Cheah, Valentine Olayemi, Mary Mullee, Elizabeth Ortega, Gomes family, Agnes Quainoo, Hannah Conwell, Julie Antwi, Stephanie Kafari, Angela Gallagher, Errol Roberts, Louisa Carter, Alex Carter, Doreen Timoney, Oliver Chime, Stella Chime, Ann Forrester, Danielle, Margarita, June Gray, Carmel Cannon, Dominic Roberts, Maria Cruz, Maria Minodora, Patricia Quinn, Mary Fahey, Justina Ogu, Muzey Zeray

Parish is served by the Holy Ghost Fathers (Spiritans) Congregation of the Holy Spirit
Parish Priests: Fr. Moses Enehizena CSSp, Fr Augustine I.Katuka CSSp, Fr Martin Goba CSSp
Parish Office Team: Patricia Essien-Oku, Maureen Tayler, Mary Aherne, Joan FitzGerald, Elvis Mudzonga CSSp
Office Hours: Mon, Wed, Fri. -(9am – 3pm). Tue, Thur. - (9am-1pm)
Contact: 15 St. John's Villas, Archway, London N19 3EE. Tel: 020 7272 8195, M: 07533726467-**(TEXT ONLY)**
Email: archway@rcdow.org.uk Web: www.stgabes.uk (Reg. Charity No.233699)
Confessions Sat.**11am**, **6pm,** before Masses **Exposition of the Blessed Sacrament/Meditative Rosary**: Sun. 10.30am
Healing Mass/Holy Hour/Benediction: First Fridays 12noon **Prayer/Faith Group**: Sat. 10am
Mission Statement: To animate a loving multicultural Christian community

Gentle reminders: Please turn off your mobile phones. You have the right to remain silent ...

TODAY'S READINGS

ENTRANCE ANTIPHON

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength: constantly seek his face.

OPENING PRAYER

Almighty ever-living God, increase our faith, hope and charity, and make us love what you command, so that we may merit what you promise. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING Exodus 22: 20-26

Thus says the Lord: 'You shall not wrong a sojourner or oppress him, for you were sojourners in the land of Egypt. You shall not mistreat any widow or fatherless child. If you do mistreat them, and they cry out to me, I will surely hear their cry, and my wrath will burn, and I will kill you with the sword, and your wives shall become widows and your children fatherless. If you lend money to any of my people with you who is poor, you shall not be like a money-lender to him, and you shall not exact interest from him. If ever you take your neighbour's cloak in pledge, you shall return it to him before the sun goes down, for that is his only covering, and it is his cloak for his body; in what else shall he sleep? And if he cries to me, I will hear, for I am compassionate.'

RESPONSORIAL PSALM (Ps 18(17)

R. ***I love you,* LORD*, my strength***

I love you, LORD, my strength;
O LORD, my rock, my fortress, my saviour.

I love you,* LORD*, my strength.

My God, my rock where I take refuge;
my shield, my saving strength, my stronghold.
I cry out, 'O praised be the LORD!'
and see, I am saved from my foes.

I love you,* LORD*, my strength.

The LORD lives, and blest be my Rock!
May the God of my salvation be exalted.
The LORD gives great victories to his king,
and shows merciful love for his anointed.

I love you,* LORD*, my strength.

SECOND READING 1 Thessalonian 1: 5-10

Brothers and Sisters: You know what kind of men we proved to be among you for your sake. And you became imitators of us and of the Lord, for you received the word in much affliction, with the joy of the Holy Spirit, so that you became an example to all the believers in Macedonia and in Achaia. For not only has the word of the Lord sounded forth from you in Macedonia and Achaia, but your faith in God has gone forth everywhere, so that we need not say anything. For they themselves report concerning us the kind of reception we had among you, and how you turned to God from idols to serve the living and true God, and to wait for his Son from heaven, whom he raised from the dead, Jesus who delivers us from the wrath to come.

GOSPEL ACCLAMATION

Alleluia, alleluia!
If anyone loves me, he will keep my word, says the Lord, and my Father will love him, and we will come to him.
Alleluia!

GOSPEL Matthew 22: 34-40

At that time: When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together. And one of them, a lawyer, asked him a question to test him. 'Teacher, which is the great commandment in the Law?' And he said to him, 'You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbour as yourself. On these two commandments depend all the Law and the Prophets.'

PRAYER OVER THE GIFTS

Look, we pray, O Lord, on the offerings we make to your majesty, that whatever is done by us in your service may be directed above all to your glory. Through Christ our Lord.

COMMUNION ANTIPHON

We will ring out our joy at your saving help and exult in the name of our God.

PRAYER AFTER COMMUNION

May your Sacraments, O Lord, we pray, perfect in us what lies within them, that what we now celebrate in signs we may one day possess in truth. Through Christ our Lord.

SPIRITUAL COMMUNION PRAYER
(For Online Mass)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

Mass	Readers	Eucharist Minster	Stewards
Sat. 6.30pm	Jeanette Fayers	Debra Allen	Joan F/Jeanette F
Sun. 9am	Paula Zanre	Olga M	Essien Ekpenyong-Oku
Sun 11.30am	Ignatius Etukudoh	Joyce McD/ Mary A	Bernie Shevlin/Joseph Baffoe
Sun 6.30pm	Anna Renner	Michelle Carr	Joseph Ogbonna

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise You, We bless You,
We adore you, We glorify You,
We give You thanks for Your great glory.
Lord God, heavenly King, O God, the almighty Father.
Lord Jesus Christ, the Only-begotten Son.
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us; You take away the sins of the world,
receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
You alone are the Lord.
You alone are the Most High. Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father Almighty, Maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God; begotten not made, consubstantial with the Father. Through Him all things were made. For us men and for our salvation He came down from heaven, (*all bow*) and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake He was crucified under Pontius Pilate. He suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the Giver of life, who proceeds from the Father and the Son who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Parish Safeguarding Officers: Tracey Mullett 07957158861 **Email:** archwaysg@safeguardrcdow.org.uk,
Joan Fitzgerald 07811419531 **Email:** archwaysg1@safeguardrcdow.org.uk

- Minors **MUST not** go to the toilets, rooms, or outside the church during services unaccompanied.
- There **MUST be** at least 2 adults present at any ministry to minors e.g. Children's Liturgy & Catechism
- Vulnerable people **MUST be** accompanied in the Church.

Parish Data Protection Champion Officers: Ann Waldron 07449110910 **Email:** archway@rcdow.org.uk
Tom McDonnell

Parish Health and Safety: Joseph Baffoe 07961128416, Jeanette Fayers 07738929756, Evette Parnell-Ogu 07985256344

Parish Security Reps: Essien Ekpenyong-Oku 07305608832 and Maurice Richards 07904021798
Parish CAFOD Rep: Joseph Ogbonna