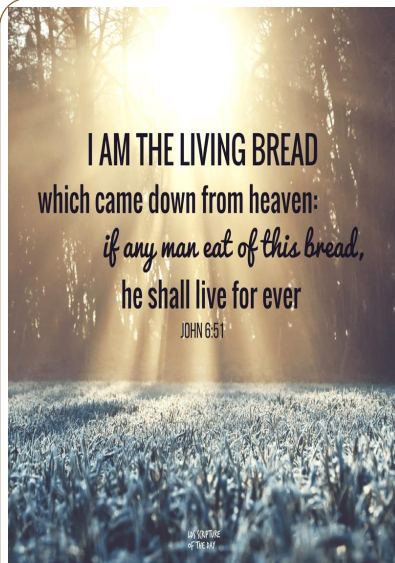


# Sacred Heart Church, Berkhamsted

✠ The Most Holy Body and Blood of Christ, 11th June 2023



Today's feast is an opportunity to reflect on the wonderful mystery of the Eucharist: the sacrament that nourishes our faith and gives life to the world. Each reading offers an opportunity to pray about the significance of this gift, reminding us of the richness of the Eucharistic tradition in the Church.

Moses recalls that though the people of God were hungry and thirsty in the wilderness, God never abandoned them (**First Reading**). Instead, he encouraged them to have faith in his continuing living presence.

The **Psalm** suggests many reasons to praise God, including both the material and spiritual nourishment that God offers us.

Paul reminds the factious Corinthians of the profound spiritual significance of taking the body and blood of Christ. By participating in the Eucharist, they are uniting themselves to Christ and to the whole Christian community. (**Second Reading**)

In the **Gospel**, Jesus affirms that he is the bread of life: the very life force of God. Through his life, death and resurrection, Christ nourishes our deepest hunger for God.

We draw life from him even as Jesus drew life from the Father.

This week, we pray for a deepening of Christian Unity. We ask that we may truly become one as followers of Christ.

## Mass Intentions:

<b>Sun 11 Jun</b>	✠ The Most Holy Body and Blood of Christ	<b>8:30am</b>	People of the Parish
		<b>10:00am*</b>	Tim Murphy and family Int
<b>Mon 12 Jun</b>	Feria	<b>10:00am</b>	Mary Murphy RIP
<b>Tue 13 Jun</b>	St Anthony of Padua	<b>10:00am</b>	Marie Browne RIP (Birthday)
<b>Thu 15 Jun</b>	Feria	<b>12:00pm</b>	Mary Millar Int
<b>Fri 16 Jun</b>	The Most Sacred Heart of Jesus	<b>10:00am</b>	Caroline Graham and Mary Graham RIP (Birthday)
<b>Sat 17 Jun</b>	The Immaculate Heart of the Blessed Virgin Mary	<b>10:00am</b>	First Holy Communion
	Sunday Vigil	<b>12:00pm</b>	First Holy Communion
		<b>5:00pm</b>	Hugh and Clare Slevin Int
<b>Sun 18 Jun</b>	✠ 11 <sup>th</sup> Sunday in Ordinary Time	<b>8:30am</b>	People of the Parish
		<b>10:00am*</b>	The Grimes Family Int

\* Livestream Mass

**Saturday** - 9:00am – Exposition and Adoration of the Blessed Sacrament (and confession alongside) with Benediction at 9:45am

*Confessions can also be arranged outside of these times, please contact Fr Joseph*

## We Pray for:

### The Sick and the Housebound in our parishes

We pray especially for: Tim Murphy, Joan Hawley, Heidi Wong, Charlotte Aragon, Jane Blayney, Dympna O'Connor, Vincent Paul Keen, Liz Salmon, Elizabeth Le Juge de Segrais, Winifred Winstone, Lucy Chapman, Hilary Sweetman, Michael Earls. **We commend them to God's healing.**

### The Recently Deceased & Anniversaries

We pray for those who have died recently or those whose anniversaries occur at this time including: Becky Lambert, Veronica Aligwo, Franca Agwara, Wally McNeela, Fr Richard Ward Marriott, Trevor Perkins, Alloma Solomons, Bernard Attridge, Jimmy Colclough, Maureen Kyte.

**Eternal rest granted onto them oh Lord and let the perpetual light shine upon them. May they rest in peace.**

### **The Blessed Sacrament Lamp**

is sponsored this week in memory of Seamus and Mary Graham

Sacred Heart Church  
Park Street, Berkhamsted, HP4 1HX  
Tel: 01442 863 845  
Email: [berkhamsted@rcdow.org.uk](mailto:berkhamsted@rcdow.org.uk)  
Website: <https://parish.rcdow.org.uk/berkhamsted/>  
(Office Hours: 10:00am-2.00pm, Mon, Tue and Thurs.)

**Parish Priest - Fr Joseph Okoro:** [josephokoro@rcdow.org.uk](mailto:josephokoro@rcdow.org.uk)  
**Administrator – Laura Etson:** [berkhamsted@rcdow.org.uk](mailto:berkhamsted@rcdow.org.uk)  
**Parish Safeguarding Representatives (PSRs)**  
Carmella Perkins – Sacred Heart PSR:  
[berkhamstedsg@safeguardrcdow.org.uk](mailto:berkhamstedsg@safeguardrcdow.org.uk)

**Confirmation Mass 2023** – Congratulations to all our newly Confirmed young Parishioners. May the gifts they received help them to feel God’s unconditional love in their lives and remain in their faith. Thank you to all the catachists who helped prepare them and the choir who sang at the Confirmation Mass. Thank you to all those who made cakes and set up the hall for the teas and coffees after the celebration.  
Please keep them in your prayers.

**First Holy Communion 2023** – On Saturday 17<sup>th</sup> June at 10:00am and 12:00 noon 29 of our children will be making their First Holy Communion, please keep them and their families in your prayers.

**The Day of Life** – There will be a second collection on the 18<sup>th</sup> June. The funds raised will support life projects across the whole spectrum of life

**Mass Intentions** – As we come to the end of our Masses for Holy Souls we have a large number of masses available from the end of June up until the end of the year. Please consider booking a Mass, it could be for any occasion. To book a Mass, please contact Laura or speak with Fr Joseph after Mass.

**Tea and coffee after Sunday 10am Mass** - all are invited to join us in the parish hall for teas, coffees and chats.

**Give Us This Day, Our Daily Bread** - Thank you for your continuing generous donation of non-perishable food to support local people via DENS Food Bank.

**For a list of what they need most please see front of the food collection box.**

On Sunday 28<sup>th</sup> May 2023 a parishioner Peter Stenson took part in the rideLondon 100. A 100 mile bike ride in London and Essex in support of DENS - the first port of call for people in Dacorum who face homelessness & poverty. If you would like to support the fundraising please visit <https://www.justgiving.com/fundraising/peter-stenson3>

**Racial Justice Webinar** – Will take place on **Tuesday 11<sup>th</sup> July 14.00 – 15.30.**

The webinar will provide an opportunity for those working in the area of racial justice to learn from one another, share experiences and initiatives. It will also help inform the Bishops’ Conference in the ongoing mission of promoting racial justice.

Anyone can register for the event by following the link below.

<https://www.cbcew.org.uk/webinar-racial-justice-in-the-church/>

**The Divine Mercy Apostolate, London** - is holding a Divine Mercy Retreat 2023 at Sacred Heart RC Church New Priory, Quex Road, Kilburn, London, NW6 4PS on Saturday 17 June 2023 from 1:30 pm to 4:30 pm led by the Marian Fathers.

The Retreat will include teachings on the Message of Mercy, Stations of the Cross, Holy Mass, Hour of Mercy with Adoration and Benediction and Veneration of the Image of Merciful Jesus. All Welcome. Please call Millie on 07957594646 for more information

**Offertory Collections** – 4/6

Weekly Loose Plate - £245.00

Weekly Contactless - £88.00

Thank you to every one of you for your generosity to our Parish.

**Contactless Donation Machine** – We are grateful for your continuing support to the parish. Donations for Mass stipends, votive candles, building maintenance fund, flowers for the Church and offertory can also be made using the contactless machine. You can also gift-aid your donation if you are a UK taxpayer. THANK YOU

**Online Giving** – Should you wish to become a regular online donor please use the Parish bank details below.

**WRCDT Berkhamsted**

Sort Code 40-05-20

Ac. Number 31264354

Please do include your name as your reference and if you would like to gift-aid please ask Fr Joseph or Laura for a form. Thank you for your continued generosity and support to our parish. It is greatly appreciated.

**Mass Intentions** – Please call or visit the parish office to book Masses for your intentions, email Laura or use the blue envelopes at the back of the church.

The Diocesan suggested donation is £10.00. Thank you.

**If making a donation online, please use ‘MASS STIPEND’ and the date of the mass as your reference.**

**Parishes Celebrations / Dates for your Diaries** –

**17<sup>th</sup> Jun** First Holy Communion Mass 10:00am,12:00pm

**24<sup>th</sup> Jun** Mary’s Meals Drop-in event

**9<sup>th</sup> Jul** Sunday Lunch Club 1pm

**Blessed Sacrament Lamp** - If you would like to sponsor the Blessed Sacrament Lamp, for a week, the diary is open. To sponsor costs just £5 for a whole week. Just let the office know your preferred week and your intention.

**Mary’s Meals** - A drop-in event for Mary's Meals is planned at Open Door on Saturday 24<sup>th</sup> June and again everyone is invited. Home made cakes, tea, soup and soups PLUS bric-a-brac treasures. Please put it in your diary and drop-in if you are free. A great cause and a chance to catch-up with friends. Contact Anne if you can help of have donations - mobile 07773 900983. Thank you again for all your support

**Debbie Shrimpton Illustrates** - a member of the parish has illustrated the Sacred Heart Berkhamsted which can be bought as framed artwork. Debbie will donate 10% of the framed illustration fee to the church funds. The framed illustration can be personalised with names, date of sacrament etc, for a unique memento of your child’s Baptism, First Holy Communion, Confirmation or your Wedding. Framed illustrations are £55 or £65 with personalisation.

Please contact Debbie at [debbieshrimpton@gmail.com](mailto:debbieshrimpton@gmail.com) for enquiries or visit her website

[www.debbieshrimptonillustrates.co.uk](http://www.debbieshrimptonillustrates.co.uk)