The Holy Father's Monthly Prayer Intention - November 2026

Let us pray for the proper use of wealth; that by not succumbing to the temptation of selfishness, it may always be put at the service of the common good and in solidarity with those who have less.

Parish Masses for the coming week:

Date	Feast	Time	Intentions
Sat	The Presentation of the Blessed Virgin Mary	6pm	Holy Souls
Sun 22nd Nov	**Christ The King (A)**	9:30am 11:30am 6pm	Holy Souls Holy Souls Holy Souls
Mon	St Clement	10am	Holy Souls
Tues	St Andrew Dung-Lac	10am	Holy Souls
Wed	St Catherine of Alexandra	10am	Holy Souls
Fri		12 Noon	Holy Souls
Sat		6pm	Holy Souls
Sun 29th Nov	**1st Sunday of Advent**	9:30am 11:30am 6pm	Holy Souls Holy Souls Holy Souls

Adoration of the Blessed Sacrament (Friday) 11am –11: 45am

Benediction (Friday) 11:45am—12noon

Confessions (Saturday) 5.00pm- 5.45pm,

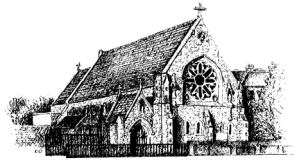
Parish Secretary: Angela Braniff- Mon & Wed: 9:30 am—3pm (Remotely)

Fri: 10:30am-3:30pm (In the office)

St Agnes School, Rainhill Way, E3 3ER Tel: 02089803076

email: office@st-agnes.towerhamlets.sch.uk

Parish Hall Renovation Fund QR Code, please scan to Donate ⇨ SCAN ME



Our Lady & St Catherine of Siena

Parish Priest: Fr Howard James

177 Bow Road, London E3 2SG

Tel: 020 8980 3961, Email: bow@rcdow.org.uk

Website: https://parish.rcdow.org.uk/bow/

Live Streaming: http://www.youtube.com/@ourladystcatherineofsienar5267

To book the Hall email: bowhall@rcdow.org.uk or call 07858269255

Sunday 22nd November 2026

Christ the King (A)

Reflections

Christ the King (A)

"Come, you who are blessed by my Father."

Beloved, we all want to hear those words at the end of our journey on earth. But for that to be true, we must have listened to our King, Jesus Christ. Today, to mark the end of the Church's liturgical year, we are invited to reflect on Christ as our King as we celebrate the Solemnity of Our Lord Jesus Christ, King of the Universe. It is fitting for us to end the year in this way as we reflect on how we have been followers of Christ this past year.

The Gospel reading from the book of Matthew outlines the expectations of a true follower of Christ. That is, one who cares for the hungry, visits the sick, cares for the abandoned, and welcomes the stranger. God calls us to care for all those who are in need. It is our Christian duty to follow Christ and be like Christ to those we encounter. It is appropriate for us to ask ourselves: Have I lived these Christian duties? Have I been kind to the stranger I encountered? Have I been generous to others?

We have experienced God, who is our Shepherd and has provided all that we need. We only need to call on Him, and He shall provide. Therefore, beloved, having experienced this generous Shepherd, we too are called to be generous to others as we carry our true King in our hearts; likewise, we will be invited in a few weeks to have Jesus born anew in our hearts on Christmas.

However, until then, Beloved, we are invited to live the one rule Jesus Christ, our King, gave us: "Love God with all your being, and love others as I have loved you."

By Fr Ricardo Perkins

Fr Howard Celebrated 35yrs of the Priesthood - Thank You Message

Many thanks to all of you for your prayers and support as I celebrated 35 years of priesthood. Thank you for the gifts, your physical and spiritual presence at the celebration. It was really a surprise but appreciated. I am honoured and humbled to be your priest. I hope to be able to serve you all for a long time to come. My family and friends who attended the celebrations, have asked me to offer thanks to all for making them welcome. Thanks to the liturgical team for a prayerful and wonderful liturgy. Thanks to the caterers and those who donated cakes and food. It made the day a true celebration. Many of you worked in the background before during and after the celebration day and I am truly grateful. God bless and thanks.

Baptism Preparation Course

If you are interested in getting your child baptised, please speak to Fr Howard to collect an application form and register for the next course.
Next Baptism Course date will be on Tues 12th Jan 2027 at 6pm

First Holy Communion 2027

Application forms for the next First Holy Communion course are now available. They will need to be returned by Sunday 29th Nov to secure your child's place on the course. There will be a Parents meeting on Mon 11th Jan 2027 at 6pm and the Course will commence on Mon 18th Jan 2027 at 6pm.

Confirmation 2027

The next Confirmation Course will commence in March 2027—details to follow.

RCIA - Becoming a Catholic

The next session will be on **Tues 1st Dec** at 7pm. The following week (8th Dec) there will be a mass at 7pm which all candidates should attend. Then RCIA will take a break and return on Tues 12th Jan 2027 at 7pm

Sick & Retired Priests' Fund—Thank You - We Raised £502.86 so far.

Thank you to everyone who donated to the Sick & Retired Priests' Fund collection last weekend. Your generosity means our sick and retired priests will receive the care and support they need. If you haven't had the chance to make your donation, there is still time. You will find envelopes at the back of the church or you can donate online at rcdow.org.uk/SRP – look out for the 'QR Code' on the envelopes and poster. Please do consider giving on a regular basis, assuring the care of our priests in their old age, or at a time of illness. This fund is a priority of the Church, and it provides us a chance to come together and say 'Thank you' to the priests who have served us. May God bless you for your kindness.

Catholic Youth Service—Second Collection 21st & 22nd Nov

The Solemnity of Christ the King on Sunday, 22 November 2026 also marks the 41st World Youth Sunday, celebrating young people in the Church and St Francis of Assisi on the 800th anniversary of his death. Please visit https://youth.rcdow.org.uk/outreach/world-youth-sunday-2026/ for a video message from Archbishop Richard Moth. This year's World Youth Sunday theme is "*Take courage! I have overcome the world*" (John 16:33). As a Catholic Community we have responsibility to accompany young people on their journey of faith while having great opportunity to learn from them how to approach our faith with the innocence of a child. The World Youth Sunday retiring collection supports this work. Please give what you can.

November Holy Souls

During the month of November all Mass Intentions will be for Holy Souls. Envelopes & Intention Sheets will are now available to remember those who have departed.

Christmas Pop-Up – Sunday 15 November & 6 December

A Parishioner will be hosting a Christmas Pop-Up at the end of all Masses on 15 November and 6 December, featuring beautiful clothing, accessories and thoughtful Christmas Gifts sets. Please come along, browse the collection and support her small business while finding something special for your loved ones this Christmas!

Children's Liturgy

We would like to welcome all children under 9y/o to our Children's Liturgy. It takes place two Sundays of every month at the 11:30am mass. In November, the Children's Liturgy will take place on the 15th and 22nd. Parents of small children are also welcome to stay with them. Any questions, please reach out to volunteers Genevieve and Livia.

Calling all singers.

We need you to help us with our 11.30 choir. Your singing will be a great opportunity to lead the congregation through the ministry of music. We meet before and after the 11.30 Mass, and if you think you want to make a joyful noise unto the Lord, join us. We will be preparing for Christmas Midnight Mass as well as the Sunday Masses. Please see me, Graham, the organist. Many thanks.

Quiz Night– Fundraising for the Parish

Our Annual Family Quiz Night will take place in The Parish Hall on Saturday 21st November 2026. Gather your sharpest teammates and test your knowledge in a fun and friendly battle of wits. Laughter, surprises and debates guaranteed. The cost of entry will be £5 cash per adult and free to children. The evening will consist of 6 category rounds plus a cryptic round. The event will include a raffle. Maximum 8 persons in a team or you can join a team to make up the numbers. Do come and join us and bring your own drinks and snacks. Our Quiz Night will commence at 7.30pm, following Saturday evening mass. Hope to see you all there!

Loose Plate

Do you currently make a donation via the Loose plate? Did you know there are other ways to give. You can make donations to the Parish by setting up a standing order, or making a BACS payment to:
Account Name: WRCDT Bow; Sort Code: 40-05-20; Account Number: 01308157

Or you can donate online via our Parish website or by using our contactless machine. Please also remember that if you are a UK Tax payers who can Gift AID your donations at no extra expense to yourself this means that the Parish can get more money from your donation. Just complete the Gift Aid Declaration form attached to your method of Payment. Standing Order/Gift Aid Declaration forms can be found at the back of the Church.

Offertory : 15th November 2026

Envelopes: £150.00; Plate: £595.28 Mass: £80.00 Total: £825.28
Monthly Standing orders /Online payments for October £1505.31
Contactless Machine for October: £1461.50 Thank you for your generosity.