

Parish of St Peter and St Paul

ARCHDIOCESE OF WESTMINSTER

THE PRESBYTERY
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18th Sunday in Ordinary Time (B) 1st August 2021

SUNDAY MASS: Sunday 9:45am & 12noon
WEEKDAY MASS: Monday & Friday 12.30pm; Tuesday & Wednesday 8am
(no Mass on Thursdays, and no Vigil 6:30pm Saturday Mass, for the time being)
CONFESSIONS (by request)

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SUMMER

- In August we welcome again **Father Luigi Castangia** from Sardinia, Italy. A biblical scholar, he will carry out some research at the British Library for his dissertation. Thanks to him, **Mass timetable will not change** and I will be able to take some rest.
- The **Church remains open every day**. Do come in, from time to time.
- The **Weekly Newsletter** and **YouTube Meditation** are also going on holiday until September!
- The **Parish Office** remains open on Tuesdays (only), 10am-1pm.
- The Solemnity of the **Assumption of the B.V. Mary** will be celebrated on Sunday 15th August.

NEW GUIDELINES from the Episcopal Conference on COVID:

1. Our Church can be left open and unsupervised for individual prayer.
2. QR codes as well as an attendee list are available at the entrance for Track & Trace purposes.
3. Keep using the available hand sanitisers, on entering and leaving the Church.
4. Face coverings are strongly recommended to be worn inside the Church.
5. We shall continue the general cleaning of the Church.
6. There is no longer a 'one-way system' in place but please exercise good responsible behavior.
7. For the time being we are not reintroducing singing, while still having our cantor.
8. Please, continue to give by online donations and the contactless machine at the back of the Church.
9. Please, keep trying your best to come to Church before Mass begins. This is very important.



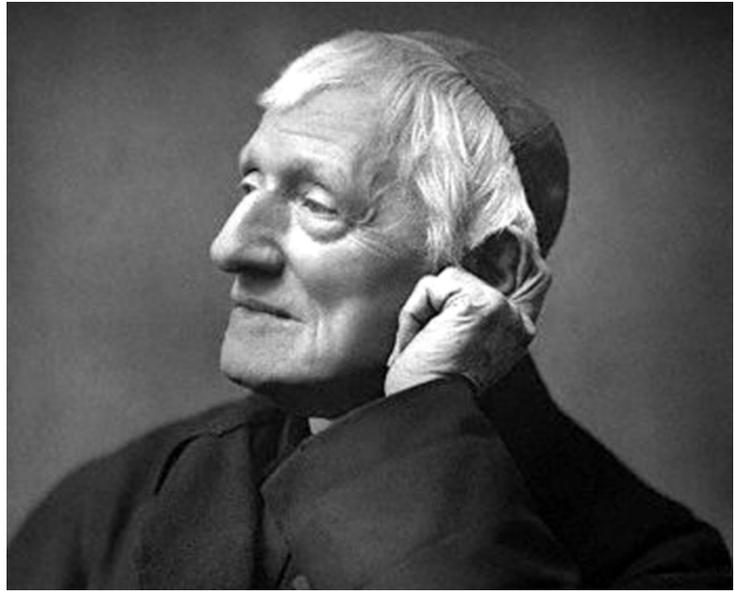
next year: **170 years Anniversary of our Parish**
check the webpage for our Parish project:

<https://parish.rcdow.org.uk/clerkenwell/170th/>

Your weekly offering



HOLY DAY



One day, a young boy asked John Henry Newman: "Which is greater, a Cardinal or a Saint?" Newman reflected a few seconds and then replied: "Cardinals belong to this world, Saints to heaven."

But how is one to be holy? In his *Meditations and Devotions*, the 'Holy Cardinal' outlines a simple path to holiness:

"There are no short ways to perfection" – Newman wrote – "but there are sure ones. It is easy to have vague ideas of what perfection is, which serve well enough to talk about, when we do not intend to aim at it; but as soon as a person really desires and sets about seeking it himself, he is dissatisfied with anything but what is tangible and clear, and constitutes some sort of direction towards the practice of it.

We must bear in mind what is meant by perfection. It does not mean any extraordinary service, anything out of the way, or especially heroic; not all have the opportunity of heroic acts, of sufferings, but it means what the word perfection ordinarily means. By perfect we mean that which has no flaw in it, that which is complete, that which is consistent, that which is sound; we mean the opposite to imperfect. He, then, is perfect who does the work of the day perfectly, and we need not go beyond this to seek for perfection. You need not go out of the *round* of the day. I insist on this because I think it will simplify our views, and fix our exertions on a definite aim.

If you ask me what you are to do in order to be perfect, I say:

1. do not lie in bed beyond the due time of rising;
 2. give your first thoughts to God;
 3. make a good visit to the Blessed Sacrament;
 4. say the Angelus devoutly;
 5. eat and drink to God's glory;
 6. say the Rosary well;
 7. be recollected; keep out bad thoughts;
 8. make your evening meditation well;
 9. examine yourself daily;
 10. go to bed in good time.
- ...and you are already perfect.

Take this Newsletter with you when you go on your holidays... you may come back with more than a suntan, having spent **holydays!**

fr. Ivano.

Father Ivano