

Parish of St Peter and St Paul

ARCHDIOCESE OF WESTMINSTER

THE PRESBYTERY Fr. Ivano Millico, Parish Priest 5 AMWELL STREET LONDON EC1R 1UL PARISH OFFICE Mon, Tue, Fri: 10AM – 3PM Tel. 020 7837 2094 email: clerkenwell@rcdow.org.uk webpage: https://parish.rcdow.org.uk/clerkenwell/

First Sunday of Lent (Year A) 26th February 2023

SUNDAY MASS: 9:45am & 12noon

WEEKDAY MASS: Monday & Friday **12.30pm**; Tuesday & Wednesday **8am** CONFESSIONS: (*on request*)

FRIDAYS IN LENT 6:30pm

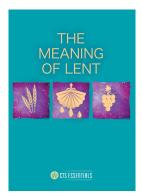
STATIONS of the CROSS



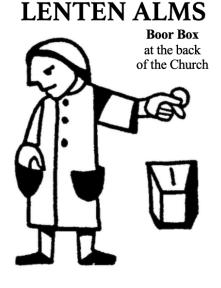
CONFESSIONS



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Take a copy of this booklet on the *Meaning of Lent*, written by Fr. Ivano. Free donations in the Poor Box.



Keep your deeds of mercy secret

Lord have mercy on me



Most of us see Lent as a time when we must fulfil our religious obligations and comply to dietary restrictions. But with this 'formal' understanding of Lent its true spirit — the experience of a spiritual journey whose purpose is to transfer us from one existential state into another — disappears. The following quotations by Father Seraphim, Orthodox monk of the Valaam monastery, Russia, can help us to re-orient our Lenten journey.

Christians, especially monks, should be the happiest persons in the world. Because we are blessed to know the *way*, and what is more important, to know the Lord, His will and to live by it.

Everyone can do it but as the Holy Fathers say, All our troubles come from pride; if we would have humility then God would show us all his secrets because He loves us! All He wants is to bring us to Divine Life but He cannot do it without our participation!

It is good to learn God's will day and night, through that your soul finds peace in God and God seizes your soul and then nothing exists for your soul except God!

The Divine Liturgy which you live with open mind and full particiaption together with Communion are the easiest and most important ways for spiritual growth!

Divine Liturgy is everything! It is our life! We die and we rise from the dead every day! Not only physically but also spiritually. It is not easy at all. When you know how the world lives and you pray for the world, we drink the bowl of grief and sickness of the world. It is not easy, not easy at all!

Lord have mercy on me, have mercy on your fallen creation! Lord help me to follow the same path, as all your Saints did through humble cry, confession and obedience!

In hum.

Father Ivano (not of Valaam!)