

KNITTING PATTERN ACTIVITY - WEEK 11

How to make a Show You Care Snuggle Bear

The Snuggle Bear and love heart can be made in an evening and loved forever. Sits in your hand or for an extra special snuggle, pop him over a finger or two and let him nestle in your hand.

Equipment

- 4mm knitting needles
- Small amount of DK yarn
- Black yarn for eyes and nose
- Sewing needle
- Small amount of toy stuffing

Skills Required

- Cast on/off
- Garter stitch (knit stitch)
- Simple button holes
- Increase



Instructions (Head and Body)

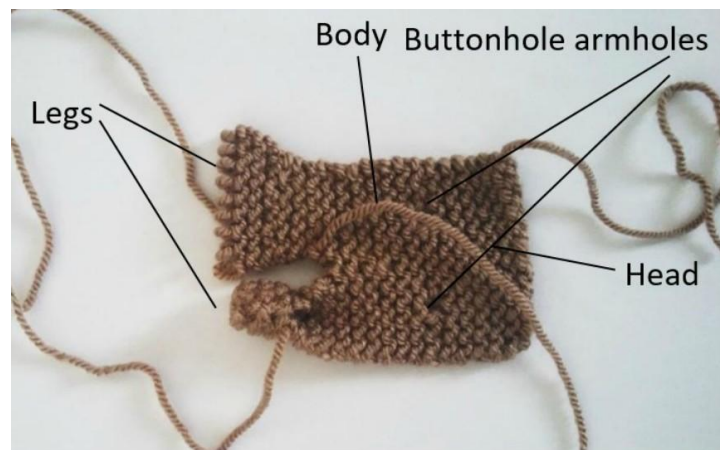
- Cast on 12 stitches
- Knit 12 rows
- Knit two stitches, knit two stitches together, bring yarn forward, knit to last five stitches, knit two stitches together, bring yarn forward and knit to end of row (making simple buttonholes)
- Knit one row (to finish buttonhole structures)
- Knit 12 rows

(Legs)

- Working on first six stitches only, slip remaining six stitches onto a stitch holder
- Knit six rows
- Increase into every other stitch (nine stitches)
- Knit five rows
- To finish legs break yarn and sew through loops to make feet
- Repeat with remaining six stitches to make other leg

(Arms)

- Cast on 18 stitches
- Knit six rows
- Cast off



To make up

- Sew arms along long seam using whip stitch and put to one side
- Sew legs up to body (as shown in bottom leg in above photo – this one piece makes the head, body and legs)
- Sew body (seam is at back) up to buttonholes
- Thread arms through the buttonholes
- Secure arms in place by stitching an arm onto each buttonhole
- Lightly stuff body (a plump tummy looks fab!) but leave legs unstuffed
- Continue sewing up to top of head and stuff lightly
- Sew along top of head, making ears by sewing triangles in corners
- Embroider eyes and nose/mouth using black yarn
- Ta da! You have your snuggle bear. You can keep him as he is or add a heart to show someone how much you care

Heart Make Two

Equipment

- 4mm knitting needles
- Small amount of DK yarn
- Felt or wool to embroider message (I use self-a will need something to stick or sew message onto normal felt)
- Sewing needle
- Small amount of toy stuffing



Skills Required

- Cast on/off
- Garter stitch (Knit stitch)
- Increase
- Decrease



Instructions

- Cast on one stitch
- Knit
- Increase to three stitches
- Knit
- Increase to five stitches
- Knit
- Increase to seven stitches
- Knit
- Increase to nine stitches
- Knit seven rows
- Knit, cast off middle (fifth stitch). You'll be left with two sets of four stitches
- (Working on first four stitches only, slip remaining four stitches onto a stitch holder)
- Knit five rows
- Knit two stitches together twice (two stitches left on the needle)
- Knit the two remaining stitches together
- Break yarn and sew through loop
- Repeat with remaining four stitches on stitch holder to finish heart.

To make up

- Sew both hearts together and lightly stuff
- Using felt (I use self-adhesive felt) cut out the message or name for your heart and stick on. You could also embroider your name or message.
- Sew the heart to the bear's paws

Finally, give your bear to someone to show how much you care!

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