

CHRIST the KING

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<https://parish.rcdow.org.uk/cockfosters/news/>

Westminster Roman Catholic Diocesan Trust. Charity No. 233699

Parish live streaming: [@ChristTheKingParishCockfosters](#)  [Christ the King Cockfosters](#) 



Year 74 No. 2949

Week of the Psalter 4

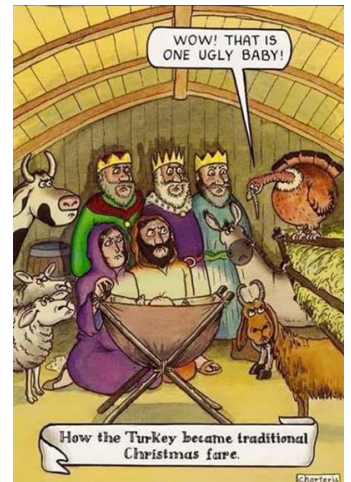
7th February 2021

FIFTH SUNDAY in Ordinary Time year B

A few weeks ago, I was preaching during a weekday mass about how Jesus probably was a cheerful character. If he weren't, how possibly could he have had that many disciples? At the end of the mass, a parishioner came to me and said that it was the first time she could picture Jesus as having a great sense of humour, and she liked the idea!

Sense of humour is of great importance in Christian life. For a saint such as Philip Neri (16th century), it was even an instrument of apostolate. Why is it important? Well, quite simply because it makes life more pleasant ☺. But in a deeper way, humour is a highly spiritual value for two reasons. First, it helps us to be patient regarding our defaults, and even when we are guilty or sinful. I used to be a very scrupulous person, until I realised that scruples are a very selfish and self-centred attitude. It is much more Christian and liberating to have a good blast at oneself every time one does something wrong – as well as apologising whenever necessary, of course. Second, humour strengthens fellowship between us. Our parish community is much healthier when we support each other with laughter, than when we constantly complain or sad. This is especially true when the situation is critical or difficult, as it is in these days. Our nurses, doctors, and key workers, need support, understanding, and a sense of responsibility, but they also need to laugh and find a little bit of joy to face the day.

As a conclusion, let me share with you this amusing picture. I think it is my favourite comic in the category of Christian humour! If ever you find another good one that you would like to share, well, why not share it with the rest of the parish community!



Fr Jean-Sébastien Laurent

CHEMIN-NEUF ONLINE GUIDED RETREAT

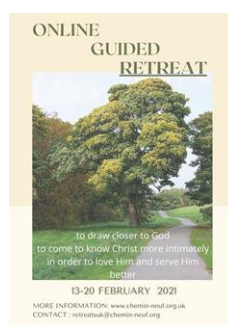
Seven days of prayer and meditation in everyday life according to the Spiritual Exercises of St Ignatius of Loyola.

Beginning Saturday 13th February with a Zoom meeting at 7pm and ending Saturday 20th February with a Zoom meeting at 7pm.

Each day:

- a short online pre-recorded introduction to prayer and to the theme of the day
- a minimum of 30 minutes of personal prayer
- up to 30 mins of online personal spiritual accompaniment (at a time to be agreed with your spiritual companion)
- other resources will be available

More information : chemin-neuf.org.uk



LENT REOPENING VOLUNTEERS NEEDED

We are hoping to re-open the church for Lent.

We will need two volunteers each day to steward and ensure COVID safety guidelines are followed. Please contact the parish office if you are prepared to help. **Thank you**



The Church is CLOSED
Parish Live Streaming of 11am Mass
and 6pm Adoration

@ChristTheKingParishCockfosters



Christ the King Cockfosters YouTube

FIRST HOLY COMMUNION 2021

We are delighted to begin the preparation of our parish children on Zoom on Sunday mornings 10am – 10.45am followed by live streamed mass at 11am. Please pray for these children and their parents.



Helpers are needed to prepare some materials for the First Holy Communion sessions – this will include a little carpentry (cutting small figures with a jigsaw), sewing and cutting out. If you can be of any help please contact Giulia.

NET FOR GOD PRAYER GROUP

To meet one evening per week to praise and listen to the Word of God. **Every Tuesday evening online (Facebook) at 8pm**, people from all walks of life come together to pray, practice charisms and listen to the Word of God.



RESTORED LIVES – Monday 8th February 2022 for nine weeks (via Zoom).

This ecumenical resource is designed to enable individuals to recover from relationship breakdown. Through facilitated sessions guests are provided with the tools and insights to resolve the emotional impact of separation and divorce. To book your place on the course visit https://www.restoredlives.org/online_course_relationship_breakdown



BT CLUB

Dear Parishioners .. **EYES DOWN!**
The BT Club will be hosting a Zoom “BINGO” Session on Sunday 21st February at 3pm. If you would like to join in the fun please email the parish office cockfosters@rcdow.org.uk and you will be sent a Zoom Link along with BINGO SHEETS for you to print off. If you do not have printing facilities, please provide your address and they will be sent to you in the post. You will also need some counters, if you do not have any, buttons or cut up pieces of paper will do. Hope to see you there!



CAFOD

DAILY WALK? SOMETHING POSITIVE THIS LENT

Could you walk 10000 Steps either on one day or everyday this Lent? The walk could be a sign of your solidarity with all those who do not have access to a safe water source and who have to walk for water each day.



Find out more or sign up online at cafod.org.uk/walk and go the distance this Lent and help to end water poverty.

SVD GHANA MEDIA MINISTRY

Many parishioners will remember Father Rex Vegbey from the time he spent in the parish several years ago. Father Rex is in charge of Verbo Media Ghana working on behalf of The Divine Word Missionaries in Ghana. In furthering his work Father Rex wishes to purchase new audio-visual equipment which will enable him to expand the reach of his mission. The equipment comprises a portable video studio complete with wireless headsets. Father Rex would be extremely grateful for any donations towards the purchase of this new equipment. Cost approximately £6,500.00.

Sunday 7 February 2021	FIFTH SUNDAY in Ordinary Time year B Mass: 11.00am Readings: Job 7:1-4. 6-7. Ps. 146:1-6. 1 Cor. 9:16-19. 22-23. Mk. 1:29-39.	Thursday 11 February	Feria Mass: 11am Readings: Gen. 2:18-25. Ps. 127:1-5. Mk. 7:24-30.
Monday 8 February	Feria Mass: 11.00am Readings: Gen. 1:1-19. Ps. 103:1-2. 5-6. 10. 12. 24. 35. Mk. 6:53-56.	Friday 12 February	Feria Mass: 11.00am Readings: Gen. 3:1-8. Ps. 31:1-2. 5-7. Mk. 7:31-37.
Tuesday 9 February	Feria NO MASS Readings: Gen. 1:20 – 2:4. Ps. 8:4-9. Mk. 7:1-13.	Saturday 13 February	Our Lady on Saturday Mass: 11.00am Readings: Gen. 3:9-24. Ps. 89:2-6. 12-13. Mk. 8:1-10.
Wednesday 10 February	St Scholastica, Virgin Mass: 11.00am Readings: Gen. 2:4-9. 15-17. Ps. 103:1-2. 27-30. Mk. 7:14-23.	Sunday 14 February	SIXTH SUNDAY in Ordinary Time year B Mass: 11.00am Readings: Leviticus 13:1-2. 44-46. Ps. 31:1-2. 5. 11. 1 Cor. 10:31 – 11:1. Mk. 1:40-45.