THE BLESSED SACRAMENT CATHOLIC CHURCH

Copenhagen Street

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Parish Office opening times: Tuesday-Friday 10.00am -2.00pm



FIRST SUNDAY OF LENT

5th March 2017

Making the Right Choices

The trouble with the devil is that we don't always recognise him. If temptation gave us obviously poor choices we would easily resist, but the biggest problem with temptation is that it finds us at our most vulnerable and presents us with seemingly attractive choices. It sounds obvious that we should make good choices over sinful ones, yet we are extraordinarily good at justifying poor decisions. "Having a fling with the person in the next offices is okay," a cheating partner might remark, "as long as no one gets hurt." "Working on the side and claiming benefits is okay," reasons the benefit fraud, "I'm not exactly raking it in, and in any case, everyone else seems to be doing it." We are good at making the wrong decision in the face of temptation and finding ways to justify our choices. At the root of most temptation is an option for us to take the easy way out. To make the right choices often involves discomfort, hard work, sacrifice and will power. Often making the right decision seems beyond us.

Lent is a time for us to grapple with the temptations in our own lives. Lent is a time for us to get to know ourselves better. A helpful exercise is to use our imaginations to picture the sort of people we would like to become. Few of us would picture ourselves as weak or incapable of making good decisions. Picturing ourselves making good decisions is a healthy start... all we need now is the will power to put our lives on the right track. That's where Jesus steps in. In today's gospel, Jesus models how to behave in the face of temptation. Jesus shows us that compromise can play no part in our purpose. During Lent we pray to Jesus for help in overcoming temptation and becoming the people we want to be.

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PRAYER & REFLECTION DURING THE HOLY SEASON OF LENT

During Lent there will be Mass here on Friday evenings at 7 o'clock followed by Stations of the Cross and the opportunity for private Confession.

Wednesday 8thMarch: **2:00 p.m**. Seniors are invited to the Church Hall for some inspiring video input about spirituality for older persons and an opportunity to chat and have a cup of tea together.

Also on Wednesday 8th, at **7.00pm** join with others to learn about and experience aspects of Catholic spirituality and teaching.

CAFOD LENT FAST DAY: next Friday, 10th March. There will be a retiring collection at Mass next Sunday. Please take an envelope and prayer card today.

FIRST COMMUNION: classes on Sundays at 9.45am.

CONFIRMATION: the next session is on Monday 6th March from 7.00 -8.30pm and will take place in the Crypt of St John the Evangelist Church in Duncan Terrace, Angel.

BAPTISM PREPARATION: the next classes for parents wishing to have their infants baptised will take place on Tuesdays 7th & 14th March at 7.00pm in St John the Evangelist Church, Duncan Terrace, Angel.. You should attend both sessions.

A Parish of the Westminster Roman Catholic Diocese Trustee, Charity No. 233699

REAL EASTER EGGS: last chance to order these today at the front of Church after Mass.

SCHOOL VOUCHERS: Please collect school vouchers and bring them for our school. There is a basket for them by the Crucifix at the Church entrance.

SUNDAY OFFERTORY COLLECTIONS: 19th February Envelopes £259.31, loose plate £263.32 26th February Envelopes £260.12, loose plate £240.42 Thank you for your generosity.

REQUESTS FOR PRAYERS:

Please remember to pray for those who have died recently: Nell Ward (Paddy's wife) and Maureen McLoughlin, and for all those whose anniversaries are about this time. May they rest in peace and rise in glory.

HEALING FOR THOSE WHO ARE SICK: especially Leny Tirado, Mary Payne, Alice Clancy, Doreen Clayton, Tom Hunt, Sophia O'Donnell, Monica Smith (O'Leary), Eugene Mariner, Cassie Robinson, Tessa Charlton, Michael Hehir, Emmanuel Tala, Mary Wallace, Nina & Jocelyn Hillgarth, Filomena Barbo, Colin Harris, Margaret Phillips, Peggy Walsh., Nora Moran, Maria Carrano, Teresa Finnigan, May Cullen., Gordana Tancevska, Irene Bryan, Phuong Quach, Albert Boateng, Anne Griffin, Barbara McKenzie, baby Freddie Mudd.

MASSES THIS WEEK:			
DATE	FEAST DAYS	TIME	INTENTION
Sunday 5 th March	FIRST SUNDAY OF LENT (Mass Book p.151)	8.30am	Annie & Colman O'Donnell RIP
	, ,	11.00am	Ziggy RIP
Monday 6 th March	Lent feria	10.30am	Maureen McLoughlin RIP
Tuesday 7 th March	Lent feria	10.30am	Maria Tam Nguyen RIP (Anniv.)
Wednesday 8 th March	Lent feria	10.30am	Dena Adams RIP
Friday 10 th March	Lent feria	7.00pm	Mass & Stations of the Cross
Saturday 11 th March	Lent feria	10.30am	All our Parishioners
Sunday 12 th March	SECOND SUNDAY OF LENT (Mass Book p.155)	8.30am	Nell Ward RIP
		11.00am	Maureen McLoughlin RIP

Weekday Masses: Monday, Tuesday & Wednesday 10.30am Weekend Masses: Saturday 10.30am, Sunday 8.30am & 11.00am Confessions: Sunday 8am-8.20am: 10.30am – 10.50am Weekday Mass at St John the Evangelist Monday - Friday at 10.00am – All welcome Confessions at St John's on Saturday 10.30-11.15am and 5.15-5.45pm