

# St. Agnes Catholic Church, Cricklewood

35 Cricklewood Lane, London, NW2 1HR

[www.parish.rcdow.org.uk/cricklewood](http://www.parish.rcdow.org.uk/cricklewood)

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Last week's collection.£1812.Racial Justice.£626. Many Thanks.

There will be a Pastoral Letter from the Cardinal next Sunday for Lent, which will be read at all Masses. There will be some copies available in the Church Porch.

Prayers for the Dead. Eugenia Toon. Her Requiem will be on Thursday 16<sup>th</sup> February at 11am.

Esther Mc Loughlin. Her Requiem will be on Wednesday 22<sup>nd</sup> February at 11.30am.

Kevin O'Sullivan. His Requiem will be on Friday 24<sup>th</sup> February at 11am.

Mary Carter. Her Requiem will be on Wednesday 1<sup>st</sup> March at 12noon.

Your prayers for all those who have died and for their families in their loss.

**Reserved Parking in Parish Centre Car Park. Please do not take up the spaces that are reserved for residents.**

Ionela Dogaru is a mother of three children and a professionally qualified and experienced therapist with over six years of experience in the holistic industry. She has trained in a number of well-known schools in the UK. Ionela has added a number of skills and modalities, including Trigger Point Therapy, Deep Tissue Massage, Pregnancy Massage, Reflexology, Relaxing and many others.

She has always believed that massage is one of the most beneficial, non-invasive treatments for alleviating many of our day-to-day ailments.

Her calming energy has been commented on by a number of her clients, many of who suffer from anxiety, depression, insomnia and chronic muscle tension.

Ionela is fully Insured, DBS checked, and is a fully accredited member of Federation of Holistic Therapists UK.

**Ionela will be using St Agnes Centre for all treatments and will be working flexibly, please check the link for availability.**

Please feel free to use the link below, where you can book your massage session: <https://lotusholistictherapies.as.me/schedule.php>

## **Earthquake in Turkey and Syria**

The devastating earthquakes this week in Turkey and Syria are on the top of our minds.

Donations can, of course, be directed through CAFOD who will be supporting the work of church agencies on the ground. We pray for our brothers and sisters in Caritas Turkey and Caritas Syria, and you can read about their initial response here:

<https://www.caritas.org/2023/02/earthquake-in-turkey-and-syria-caritas-network-launches-first-phase-of-aid/>

## **Volunteer recruitment**

As you know, the Caritas Volunteer Service is available to help you encourage more parishioners to get involved in the life of the church. This lent, alongside the Cardinal's Lenten Appeal, we are encouraging parishes to ask people to give their time.

We are also hoping that more parishes will find someone to volunteer as a **Caritas Parish Representative**. These are our key contacts in parishes to share news of local opportunities for mission and outreach, networking, training and formation in Catholic Social Teaching. They help put up posters, raise awareness in the parish and with local schools, they let us know about local need, provide information on the amazing community outreach and share data and stories so that we can work together towards social justice.

Find all the details here: <https://www.caritaswestminster.org.uk/parish-social-action.php>

**For people working with those experiencing homelessness or other hardships:**

In collaboration with The Upper Room, Caritas Westminster would like to invite you to learn about the work of organisations *Social Bite* and *Beam*, and the support they might be able to offer the people you are working with.

## **Routes out of Homelessness - Stepping Stones - Dignified Work Series**

**Mondays 20<sup>th</sup> February and 27<sup>th</sup> March 2023, 10:00 - 12:00**

Find out more and sign up here: <https://www.caritaswestminster.org.uk/event-list.php>