

THE GOD WHO SPEAKS – SUNDAY MEDITATIONS

01/11	ALL SAINTS	Matt 5:1-11
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Meditate

A saint is someone who has met the love of God and this encounter changes his or her life radically. The gospel for today's mass is a description of what that change looks like, and hence a saint is someone who is poor in spirit, meek, peace maker and so on with the result that he or she becomes truly blessed. We don't need to make an effort to become like the person these beatitudes describe but we do need to have a meeting with the source of blessedness, God our Father.

Act

Many of us are called after a saint, take some time to research the life and/or writings of that person.

08/11	32 nd OT-A	Matt 25:1-13
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Meditate

Wisdom and foolishness are used elsewhere by Matthew to describe those who put the word of God in practice and build their house on rock and those who do not put the word into practice and build on sand (cf Mat 7:24-27). Wisdom or foolishness are not moral categories but refer to those who either obey or not God's invitation.

Act

The invitation is to be ready and put into practice what the word tells us to do. Think of a word from God that you might want to act on.

15/11	33 rd OT-A	Matt 25:14-30
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Meditate

Talents in this reading refer to a precious coin not to qualities one might have. God, who is represented by landowner, has entrusted his most precious property to us, his own Son given to us through his word and the sacraments. He made us his children in Baptism. We receive Him in the Blessed Sacrament; he forgives us our sins in the sacrament of reconciliation. How do we live out our lives after receiving these gifts?

Act

Consider how you use the gifts given to you by God, especially those present in the sacraments.

22/11	Christ the King	Matt 25:31-46
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Meditate

How do we reign with Christ? St John of the Cross, the Spanish mystic, gives an answer when he said "In the evening of life, we will be judged on love alone." That

love expresses itself by the way we treated the weakest members of society: the hungry, the thirsty, the foreigner, the naked, the housebound, the imprisoned or those who are frail around. This is so because Jesus is present in them. We reign by serving the others.

Act

The gospel suggests some physical works of mercy. Perhaps pick up one and try to put it into practice.

29/11	1 st Advent-B	Mk 13:33-37
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Meditate

God's interventions always happen under cover of darkness: creation happens in the darkness, the exit from Egypt in the middle of the night as the liberation of Peter and Paul from the dungeon. Night is God's favourite time, because when we are at our weakest he shows his might. Stay awake to see him acting!

Pray

God of all times who come to visit us when we least expect you, open our eyes to your arrival so that we may experience the liberating power of your presence.