Diocese of Westminster

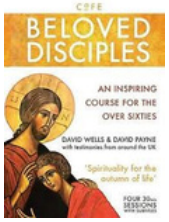
Agency for Evangelisation

Resources for Grandparents and the Elderly

The Catholic Grandparents' Association (CGA) provides ways to help and support grandparents in passing on their faith in God to their grandchildren. CGA host a monthly Faith Café sharing session via Zoom.
https://www.catholicgrandparentsassociation.org/faithcafe/



A collection of Pope Francis' audiences on the meaning and value of old age emphasizing its value and importance within the Church and society (downloadable as a free eBook)
https://opusdei.org/en-uk/article/pope-francis-catechesis-ebook-old-age/



Presented by David Wells and David Payne this is an inspiring course for the over sixties in four 30-minute sessions: The Autumn of Life; Changing your World; Thy will be done; and, the best is yet to come!
https://www.charisuk.com/cafe-ondemand/general-resources/beloved-disciples

The Society of St. Vincent de Paul (SVP) provides practical, emotional, and social support to the elderly and other individuals in need.
https://svp.org.uk/visiting-and-befriending

Practical resources and online sessions for older people produced by the Diocese of Leeds.
https://www.growingoldgracefully.org.uk/