SUNDAY 1ST FEBRUARY +4TH SUNDAY ORDINARY TIME +

MASSES THIS WEEKEND

31ST JANUARY / 1ST FEBRUARY

6.00 PM SHARON EVANS **RIP**
9.30 AM KEITH WORRELL **RIP**
11.30 AM PEOPLE OF THE PARISH
6.00 PM YOUTH MASS

FOR THOSE WHO ARE SICK / IN NEED
Josephine McRae, Judy Doke**,** Bill Garvey , Loreto Berry, Ida Houlden, Stella Murray, Andrew Hencel, Teresa Collins, Audrey Farrell.

THOSE IN OUR NURSING HOMES especially Sarah Joyce, Katie Loftus, Hilda Minoli, Martin Duggan, Ray and Elizabeth King.

FOR OUR HOUSEBOUND PARISHIONERS
especially Marie Hardy **,** Pat Faille, Bill Smyth.

FOR THOSE WHOSE ANNIVERSARIES OCCUR AROUND THIS TIME : Norah Donnelly, Joseph McConnell, John Philpott, Anne Cox.

RECENTLY DEPARTED : Donald Jackson **RIP**

THE CANDLE FOR THE SANCTUARY LAMP

has been donated this week
in loving memory of

MICHAEL HILL

RIP



THE VIGIL LAMP AT OUR LADY

burns this coming week
in loving memory of

JOSEPH MCCONNELL

RIP

Dear Parishioners,

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."

In this Sunday's Gospel we hear the beginning of the teaching of Jesus in his Sermon on the Mount. Jesus starts by offering us the Beatitudes. The Beatitudes reveal the way that Jesus himself lives and also call us to the heights of his morality and holiness. Those who live according to these divine precepts are blessed beyond measure. The promises to those who live this high calling are great: we become children of God and inherit the Kingdom of Heaven, we receive comfort, satisfaction, mercy, purity, and peace. Though the rewards are great, so are the requirements: spiritual poverty, holy sorrow, meekness, longing for righteousness, a merciful heart, purity, peace-making, and patient endurance during persecution. The Beatitudes elevate all laws of God which we find in the Old Covenant, or Old Testament. Jesus does not abolish these previous laws but now fulfils them in a higher and more perfect way. Jesus not only calls us to profound holiness, he also provides the means to achieve it through his sacrifice. To live the Beatitudes is to live in imitation of Jesus Christ, who perfectly embodied all virtues, especially in his life, Passion, death and Resurrection. Hence, the Beatitudes are not only a moral code we must follow, they are a participation in and union with the Son of God, who lived the Beatitudes to perfection. We can now find the grace to participate in this Christian way of life as we live the Gospel commandments of love through the power of the Holy Spirit and our membership of the Church. As we ponder the Beatitudes today, let us reflect on their high and glorious calling, as well as their rewards. Sometimes, reading the Beatitudes can leave us discouraged, as we are aware of how far we are away from perfecting them. However, let us remember that these new divine precepts are attainable by God's grace. Let us set our eyes on the heights of perfection and open ourselves to the abundant grace offered to us. Doing so will not only result in glorious spiritual rewards in this life, it will also result in the greatest eternal rewards in Heaven. God Bless You, ***Fr Martin***

WHITE FLOWER APPEAL this weekend there will be a retiring collection after all the masses for the White Flower Appeal organised by SPUC, which is dedicated to protecting unborn children and promoting the right to life in society. Their appeals in Churches raises awareness of pro-life matters to parishioners and the donations received allows SPUC to continue their work to build a culture of life. They work to educate youth, lobby politicians, mobilise pro-life activities in the community, provide support to students facing crisis pregnancies and much more.

YOUTH MASS This Sunday at 6pm—followed by a social in the hall. Please come along and bring a friend.

SVP Meet this Sunday after the 9.30 am mass in the library.

RACIAL JUSTICE SUNDAY 1ST FEBRUARY Racial Justice Sunday is devoted to the promotion of racial justice in our Catholic parishes across England and Wales and society and an encouragement to be conscious of the need for justice in all its forms "Whoever loves God must also love his brother" (1 John 4:21).

ST VINCENTS NURSING HOME St Vincent's Nursing Home was officially opened by his Eminence Cardinal Cormac Murphy O'Connor on the 7th July 2006. They currently have vacancies. Please call 020 8872 4900 to make an enquiry, or alternatively drop by at a time that suits you. Their address is Wiltshire Lane, Eastcote, HA5 2NB. There is plenty of parking on site.

Mass Times
2nd February—8th February

DAY	CHURCH OPEN	MASS TIMES	INTENTIONS / DETAILS / FEAST
MON 2ND FEB	9 AM TO 11 AM	**9.30 AM**	BREDA MCGILLICUDDY **INTS** THE PRESENTATION OF THE LORD
TUES 3RD FEB	9 AM TO 11 AM	**9.30 AM** **11.30 AM**	MRS DOWLING **INTS** THE BLESSING OF ST BLAISE FUNERAL OF THE LATE DONALD JACKSON **RIP**
WED 4TH FEB	9 AM TO 11 AM	**9.30 AM**	PAT AND KEN FAILLE **INTS** ST AGATHA
THURS 5TH FEB	10 AM TO 11 AM	**NO MASS**	**CHURCH CLOSED**
FRI6TH FEB	9 AM TO 11 AM	9.30 AM	BOADICEA NUNN **INTS** ST PAUL MIKI
SAT 7TH FEB	9 TO 11 AM	**9.30 AM**	RITA AND PATRICK **INTS** **FOLLOWED BY EXPOSITION AND CONFESSIONS** BLESSED VIRGIN MARY
SUN 8TH FEBRUARY		**6.00 PM (SAT)** **9.30 AM** **11.30AM**	SHARON EVANS **RIP** KEITH WORRELL **RIP** PEOPLE OF THE PARISH FIFTH SUNDAY ORDINARY TIME

St Thomas More Catholic Church

32 Field End Road, Eastcote, HA5 2QT

PARISH PRIEST: Fr Martin Plunkett

PARISH OFFICE: Mon—Thurs 9.30 to 12 noon **Administrator:** Tessa Maude

Tel. 0208 866 6581 **E mail:** Eastcote@rcdow.org.uk

100 CLUB The draw for January will take place this weekend.

MASS OF THANKSGIVING– for CARDINAL VINCENT NICHOLS—Thursday 5th February 5.30pm at Westminster Cathedral. All welcome to attend.

CHURCHES TOGETHER LENT GROUPS– This year the course is entitled "Life Attitudes" by Robert Warren and Sue Mayfield and explores the Beatitudes and how they might impact on our values, our lifestyle and our approach to global issues. There will be one daytime group that will be held at Pinner Methodist Church, Love Lane, on Tuesday afternoons during Lent, 2.30 - 4pm, led by Lynita Conradie and a Tuesday evening course at St Thomas More Church, 8-9.30pm in the Parish Centre, led by Jane Inglese. Course materials will cost approx. £7—£8. If you would like to know more details and dates see posters. Sign up sheets are at the back of church or you can use the following link https://forms.gle/x2KkH31XnF124C4Q9 Please sign up by 15th February.

MASS FOR THE SICK (with anointing of the sick) - **Saturday 7th of February 2026 at 2pm** Westminster Cathedral. There are three categories of tickets to reserve a place. 1. Wheelchair users who require anointing 2. Walking sick who require anointing 3. Those assisting the sick, who do not require anointing. Please let the parish office know if you would like to attend and in which category you would like seats reserved.

ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY Westminster Cathedral, Saturday 23rd May 2026 at 2:30pm. The Archbishop is inviting to this Mass all couples in the Diocese, who are celebrating their **5**th **10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** wedding anniversary of Catholic marriage in 2026. If you are celebrating an anniversary, please give your parish office the following details: husband and wife's names, wedding date, full postal address and contact email (or telephone number, if no email).

DATES FOR THE DIARY



THE LIFE ASCENDING GROUP meeting on **Wednesday 4th February** at 2.30pm in the Library and every fortnight thereafter. Their welcome extends to all Christians in their middle to later years. This involves half an hour of prayer and a discussion around the current material from the Agency for Evangelisation for small groups.

FOODBANK– Thank you for your donations, the next collection will be Monday **9th February** 2026.

AN EVENING OF IRISH SONG—21ST MARCH 7 FOR 7.30 PM– Save the Date -more details to follow.

FOR MORE PARISH INFO OR TO SIGN UP FOR: E ALERTS, NEWSLETTER BY E MAIL, LIVE STREAMING OF SERVICES , VISIT THE PARISH WEBSITE HTTPS://PARISH.RCDOW.ORG.UK/EASTCOTE/