



MASS TIMES W/C 1ST AUGUST

Sunday:	9am & 11am
Monday	9.30am
Tuesday:	9.30am
Wednesday:	NO MASS
Thursday:	NO MASS
Friday:	NO MASS
Saturday:	6pm-

CONTACT INFO

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PARISH WEBSITE

Visit our website
parish.rcdow.org.uk/finchleynorth
for all weekly updates and
Children's Liturgy Lessons.

NEWSLETTER

If you wish to receive a copy of our weekly newsletter by email, please sign up by using the website **e-Alert** or email the parish office to request.

ST ALBAN

Parish Newsletter – 1st August 2021
+ 18th SUNDAY IN ORDINARY TIME

First reading:	Exodus 16:2-4, 12-15
Psalm	<i>The Lord gave them bread from heaven.</i>
Second reading:	Ephesians 4: 17, 20-24
Gospel:	John 6: 24-35

Alongside John 6 and the discourse on the bread of life, the church hears most of the fourth and fifth chapters of Paul's Letter to the Ephesians. Known as one of the captivity letters (Colossians, Philippians and Philemon are the others) because it is apparently written from prison (Ephesians 4:1), the Letter to the Ephesians discusses the mystery of life in Christ. Paul's exhortation to 'live in a manner worthy of the call you have received,' which we heard last week, strikes at the heart of Christian discipleship. This week, Paul continues to call the Ephesians to a renewal in Christ to 'put away the old self of your former way of life ... and be renewed in the spirit of your minds' (4:22-23). It was expected that Baptism into the death and Resurrection of Christ would bring radical life changes for early Christians. For some, this meant giving up jobs and wealth; for others, it meant hospitality or service. For everyone, life in Christ was life lived according to God and not according to the world. Christians were encouraged to embrace love rather than ambition, greed, or power and to focus on the treasure of heaven rather than on earthly wealth.

Consequently, this small section of the Letter to the Ephesians provides the perfect prelude to the discourse on the bread of life in John's account of the Gospel. Jesus warns the crowd that they are thinking wrongly, running to see him for perishable bread (6:26). In Paul's vocabulary, the crowd sees Jesus with old eyes, with their old selves. If they saw Jesus with spiritual eyes, they would know him as the Bread of Life. They would seek only the bread of life. They would hear Jesus' gentle correction to their assertion that Moses gave them manna from heaven. "My Father gives you the true bread from heaven" (6:32). Physical hunger and thirst made the Jews rely on God in the desert. Jesus shows the crowd that hunger has much deeper implications for the soul. If they believe Christ is food and drink, they will never be hungry or thirsty.

FIRST HOLY COMMUNION 2021-2022

In our Parish, baptised children attending non-Catholic schools (as well as unbaptised children), need to register for a Foundation Course in the Catholic Faith before they can be admitted to First Holy Communion preparation. This Foundation Course is for children in **Year 3** and above and takes place on Saturday mornings at 10am, beginning on 18th September 2021. If your child attends a non-Catholic school (or has never been baptised), you should complete the application form which is on our website and is in the church porch and return it by 5th September 2021 by email or by posting the completed application form through the presbytery door.

CHANGES TO WEEKDAY MASSES DURING HOLIDAY PERIOD

Fr. Dermot will be away on holidays for a few weeks. As supply priests are getting more scarce, there will not be Mass every weekday during that time. Please keep an eye on the website or notice board for Mass times here. On days there is no mass here, St. Philips in Finchley Church End has Mass every weekday at 10.00am, except Wednesday. St. Mary Magdalen in Whetstone has a Mass every weekday until August 13th at 9.30am.

Parish QR code

For online donations



SACRAMENTS

Baptisms:

To arrange a baptism please contact Fr Dermot.

Funerals:

It is the normal procedure to first contact your chosen Funeral Director. They will liaise with Fr Dermot.

Weddings: Preparation for marriage: Six months' notice is required. Please contact Fr Dermot.

REGISTRATION IN THE PARISH

Registration forms are available from the porch. Complete and return to the Presbytery. Thank you.

ST BARNABAS FOODBANK:

Accepts donations of food each Saturday between 9.30 & 12.30. They are open for those in need on Monday's 12.30-2pm.
913 High Road, North Finchley.



HELP REQUIRED AT FOODBANK

Would you be able to help at the foodbank for the summer? If you are 18+ and are able to help out on either Saturdays 11am – 2pm or Tuesdays 1-4pm, Wednesdays 9.45am-1pm, Thursdays 10am-1pm or Fridays 1.45-7pm. If you are able to help please contact finchleyeast@rcdow.org.uk and your details will be forwarded to the relevant people. Thank you.

UPDATE ON SAFETY GUIDELINES IN CHURCH

We are required to continue to wear masks, (unless you have a medical reason not to), keep a safe distance, especially when joining others to sit on a bench. Please sanitize your hands on entering and leaving the church and before coming to receive Holy Communion. We are obliged to continue to take details of those entering the church for track and trace purposes. All benches in the center part of the church are now available to use. The side benches however, will continue to have 1m distance applied. To that end, I once again thank our volunteer stewards who have been so generous with their time and energy over the past year.

COME AND SEE

Would you like to know more about the Catholic Church and its Teachings? Perhaps you might be thinking of becoming a Catholic and want to know how? St Alban's Church, North Finchley, has a group for adults which meets every **Wednesday evening** at 8.00pm in the Presbytery beginning on **Wednesday 15th September**. Why not come along to find out more? In the meantime, just phone or email the parish to let us know you're interested and if you wish, we can put you in touch with someone who can tell you what to expect and answer your questions. You will be made very welcome.

DONATE TO THE CHURCH

Thank you to all who have converted their weekly contribution to Direct Debit. This has been a great asset to us. If you wish to join the planned giving scheme in our Parish, please contact the Parish office by email, if possible or visit our website for more information. Alternatively, simply set up a direct debit:
A/c name: WRCDT St Alban North Finchley-
Sort code: 40-05-20
A/c No: 51094491
Reference: Your name/donation

MASS INTENTIONS AND PRAYERS

Sunday 1st August	9am	Bruno & Celeste Inzani RIP
	11am	PARISH
Monday 2nd August	9.30am	Sabina Macajewski RIP
Tuesday 3rd August	9.30am	Thanksgiving
Wednesday 4th August	9.30am	NO MASS
Thursday 5th August	9.30am	NO MASS
Friday 6th August	9.30am	NO MASS
Saturday 7th August	6pm	Kathy Gude RIP

Please remember in your prayers the sick:

Therese Jones, John Came, Tina Florio

John Foran

all the recently departed and their loved ones

David Schild

and the faithful departed whose anniversaries occur at about this time:

Zofia & Jan Czech, Roy Morrissey, Bruno & Celeste Inzani, Kathy Gude

