

**FIFTH SUNDAY IN ORDINARY TIME**

# ST ALBAN

**PARISH NEWSLETTER - 4th February 2024**

**First reading**

**Job 7:1–4, 6–7**

**Psalm:**

**Praise the Lord who heals the broken-hearted.**

**Second reading:**

**1 Corinthians 9:16–19, 22–23**

**Gospel:**

**Mark 1:29–39**



**MASS TIMES & MASS  
INTENTIONS WEEK  
COMMENCING 3RD FEBRUARY**

**Saturday 3rd February-Saints Laurence, Dunstan and Theodore,  
Archbishops of Canterbury  
6pm** Bridget Corcoran (RIP)

**Sunday 4th February  
9:30am** Clement Chan (RIP)  
**11:30am** Ajit Vadre (RIP)

**Monday 5th February-Saint Agatha, Virgin and Martyr  
NO MASS TODAY**

**Tuesday 6th February-Saint Paul Miki and Companions, Martyrs  
9.30am** James Joseph Burns (RIP)

**Wednesday 7th February  
9.30am** Clement Chan (RIP)

**Thursday 8th February  
9.30am** Orazia Tina Scala (RIP)

**Friday 9th February  
9.30am** Charles McCormack (RIP)

**Please remember in your prayers  
All the sick**

Tom O'Connor, Anne Dooley, Loraine Baxter, Leroy Condor, Sarojini Raman,  
Giridharan Raman, Murdoch McGuire, Julia Forsyth,  
Adam Bogusz, Adriano Grazioli, Noreen Ellisdon, Bob Smith,  
Janet Crawley, Gabriel Hadid, Brendan O'Brien,  
Robert Rowe

**All the recently departed and their loved ones  
Mary Flynn**

**and the faithful departed whose anniversaries occur at about this time:**  
Clement Chan, Orazia Tina Scala

Mark's depiction of Jesus is often noted for its frenetic pace, and that whirlwind is on full display in this passage. Jesus meets need after need, and he responds time and time again. He heals those with whom he has a connection, like Simon's mother-in-law, and he heals those who come to him as strangers. All who encounter him leave changed by the encounter, but at the speed he's working it's hard to see how he'd have time to interact personally, to see each person wholly as they are. Even at his frenetic pace, Jesus also prioritises prayer—he rises early, before the crowds can catch him, and he finds a deserted place. There is perhaps a bit of tension here between his mission—"for this purpose have I come"—and his very human need to be alone, to regroup, to spend time with God.

## Gluten free communion hosts

We have coeliac Hosts in this church which are gluten free. If you wish to receive Holy Communion with gluten free hosts please let Fr Dermot know before which ever mass you will be attending.

## CONTACT INFORMATION

**Parish Priest** - Rev Dermot O'Neill

**Parish Secretary** - Alison McKinnie (Office hours: **Tuesday, Wednesday & Thursday 9.00-1.00pm, Friday 9.00-12noon**  
51 Nether Street, North Finchley, London N12 7NN. Tel: **0208 446 0224** email: **finchleynorth@rcdow.org.uk**

**Parish Website** - Visit our website for all weekly updates at **parish.rcdow.org.uk/finchleynorth**

**Safeguarding** - Claudia Clayman - Email: **finchleynorthsg@safeguardrcdow.org.uk**

**Donations & Gift Aid** - Claire Catney - Email: **finchleynorthgac@rcdow.org.uk**

**Childrens Liturgy** - Takes place at the Family Mass at 9.30am on Sundays.

**Repository** - Open after both Sunday Masses.

## SACRAMENTS

**BAPTISMS:** To arrange a baptism please contact Fr Dermot.

**FUNERALS:** It is normal procedure to first contact your chosen Funeral Director. They will liaise with Fr Dermot.

**WEDDINGS:** Preparation for marriage: Six months' notice is required. Please contact Fr Dermot.

**CONFESSIONS:** Saturday from 5.15pm

**REGISTRATION IN THE PARISH:** Registration forms are available from the porch. Complete and return to the Presbytery. Thank you.

**ST BARNABAS FOODBANK:** Accepts donations of food each Saturday between 9.30 & 12.30. They are open for those in need on Monday's 12.30-2pm. 913 High Road, North Finchley.

**NEWSLETTER:** If you wish to receive a copy of our weekly newsletter by email, please sign up by using the website e-Alert or, email the parish office to request.

## St Alban's Thursday Club

**Thursday, 8 February 2024 1.00pm-3.00pm**

We welcome all to our monthly social gathering. Claudia Clayman is coming to help us make painted bookmarks. No painting skills required. At the end of the session you will have created a beautiful hand painted piece with Claudia's help. Lynda will lead the Tai Chi . Come for a chat over a bowl of soup. All for the price of £2.00pp.

## Helpers for the Thursday Club

The Thursday Club has been meeting for over 10 years with the same team organising activities and making older parishioners welcome in the Church Hall. Some helpers are to stand down and we are seeking new people to help. The club is held on the second Thursday of the month for two hours between 1.00-3.00pm. If you can help , please contact Margaret on **07885708218** , Mo on **07941855789** or drop in to the club on Thursday, 8 February.

## MISSION APPEAL

This weekend there will be a Mission Appeal at all masses on behalf of the Columban Fathers. They now have both priests, nuns and lay Missionaries working internationally.

The purpose of the Appeal is to seek greater support for their work principally through the readership of their Mission magazine, 'The Far East', to request the prayers of the parish community and to commend our missionary work to their continued material support.

## Volunteer Cleaners needed

A volunteer team of 11 have cleaned the church weekly for over a year. Two have left so we are inviting you to help. The cleaners work in small teams for approximately 1 hour per month. If you have a spare hour once a month to join a team, we'd be very grateful.

Contact Margaret on **07885708218**.



QR  
CODE

Parish QR code  
For online donations

The church will remain open during the day for private prayer.

