

# ST ALBAN

<b>First reading</b>	<b>Leviticus 13:1–2, 44–46</b>
<b>Psalm:</b>	<b>You are my refuge, O Lord; you fill me with joy of salvation</b>
<b>Second reading:</b>	<b>1 Corinthians 10:31–11:1</b>
<b>Gospel:</b>	<b>Mark 1:40–45</b>



We have coeliac Hosts in this church which are gluten free. If you wish to receive Holy Communion with gluten free hosts please let Fr Dermot know before which ever mass you will be attending.

**Parish Priest** - Rev Dermot O'Neill  
**Parish Secretary** - Alison McKinnie (Office hours: **Tuesday, Wednesday & Thursday 9.00-1.00pm, Friday 9.00-12noon**  
 51 Nether Street, North Finchley, London N12 7NN. Tel: **0208 446 0224** email: **finchleynorth@rcdow.org.uk**  
**Parish Website** - Visit our website for all weekly updates at **parish.rcdow.org.uk/finchleynorth**  
**Safeguarding** - Claudia Clayman - Email: **finchleynorthsg@safeguardrcdow.org.uk**  
**Donations & Gift Aid** - Claire Catney - Email: **finchleynorthgac@rcdow.org.uk**  
**Childrens Liturgy** - Takes place at the Family Mass at 9.30am on Sundays.  
**Repository** - Open after both Sunday Masses.

## ABOUT ASH WEDNESDAY

Lent begins this Ash Wednesday-mass times are **9.30am & 7pm** with distribution of Ashes.

"Rend your hearts, not your garments," proclaims the Lord to the assembly gathered before him (Jl 2:13). As intensely personal as Lent is—with its core disciplines of fasting, prayer, and almsgiving—it is a time of preparing a people worthy of the Lord's special care. As much as we must work on our individual hearts, Lent is also a time when we must work on the heart of the community, calling it to change of life. How might you make a resolution to change something in the Christian community in which you assemble?

### FAITH SHARING GROUP

The Faith Sharing Lent session will start shortly. There are two groups: one on a Sunday night with Chris Wood, the other on Tuesday night with Siobán Thomas in each of their homes. Both run for 5 sessions in the evening for up to an hour and a half. They follow the booklet provided by the Diocese. There is a focus this Lent on the Lord's Prayer which "single short prayer of Christ has everything that needs to be said about God, his kingdom, his life, about all of us". Each week will contain a reflection on Sacred Scripture and on our own experience of being a Catholic today.

Many parishioners have enjoyed these sessions during autumn and Lent in previous years. We reflect on and share aspects of our faith in a friendly group setting. No special knowledge or prior experience is required. If you would like to join us, please contact Chris on 020 8368 3536 or Siobán on 07586 254552. Booklets will be available in the repository.

### Helpers for the Thursday Club

The Thursday Club has been meeting for over 10 years with the same team organising activities and making older parishioners welcome in the Church Hall. Some helpers are to stand down and we are seeking new people to help. The club is held on the second Thursday of the month for two hours between 1.00-3.00pm. If you can help, please contact Margaret on **07885708218**, Mo on **07941855789** or drop in to the club on Thursday, 8 February.

### Community of Hong Kong

香港教友信仰小團體

Community of Faith Hong Kong

2月11日星期日 11 Feb Sunday 12:30

恭賀新禧! 誠邀大家齊來參加廣東話信仰及生活分享聚會

Happy Lunar New Year!! You are invited to join our Cantonese-speaking faith and life-sharing gathering

活動查詢 Enquiries :  
stalbanhkers@gmail.com



QR  
CODE



Parish QR code  
For online donations

The church will remain open during the day for private prayer.