

Transform me into Yourself, O Jesus.

O Jesus! As many times as I breathe, as many times as my heart beats, as many times as my blood pulsates through my body, so many times do I want to glorify your mercy.

I want to be completely transformed into your mercy and to be your living reflection, O Lord.

May the greatest of all divine attributes, that of your unfathomable mercy, pass through my heart and soul to my neighbour.

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearance, but look for what is beautiful in my neighbours' souls and come to their rescue.

Help me, O Lord, that my ears may be merciful, so that I may give heed to my neighbours' needs and not be indifferent their pains and moanings.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbour, but have a word of comfort and forgiveness for all.

Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbours and take upon myself the more difficult and toilsome tasks.

Help me, O Lord, that my feet may be merciful, so that I may hurry to assist my neighbour, overcoming my own fatigue and weariness. My true rest is in the service of my neighbour.

Help me, O Lord, that my heart may be merciful so that I myself may feel all the sufferings of my neighbour. I will refuse my heart to no one. I will be sincere even with those who, I know, will abuse my kindness. And I will lock myself up in the most merciful Heart of Jesus. I will bear my own suffering in silence. May your mercy, O Lord, rest upon me.

You yourself command to exercise the three degrees of mercy. The first: the act of mercy, of whatever kind. The second: the word of mercy, I will assist by my words. The third: prayer – if I cannot show mercy by deeds or words, I can always do so by prayer. My prayer reaches out even there where I cannot reach out physically.

O my Jesus, transform me into yourself, for you can do all things.

Amen.

Our Lady of the Visitation Parish

Under the pastoral care of the Pallottines, Society of the Catholic Apostolate.
Registered Charity No. 252929

358 Greenford Road, Greenford, Middlesex, UB6 9AN
020-8578-1363

COMMUNITY

Fr. Eugene Lynch SCA, Fr. Tom Daly SCA,

Fr. Kevin Ward SCA, Fr. John Egan SCA.

OFFICE HOURS

Monday to Saturday	9.00 am – 4.00 pm
Sunday	10.00 am – 1.30 pm

MASSES

Monday – Friday	12.00 noon
Saturday	12.00 noon
Sunday	7.00 pm Saturday – Vigil Mass 8.00 am, 9.00 am, 10.30 am 12.00 noon and 7.00 pm
Confessions (Saturday)	11.00 am – 12.00 noon and 6.15 pm – 6.45 pm

14th FEBRUARY 2016

FIRST SUNDAY of LENT

The readings for today's Mass are on
page 153 of the Mass book.

The Creed – page 11 The Lord's Prayer - page 57

The response to the Psalm is:

Be with me, O Lord, in my distress.

The Acclamation is:

*We proclaim your Death, O Lord, and profess
your Resurrection, until you come again.*

SECOND COLLECTION – LENTEN ALMS

The Stations of the Cross will take place every Friday during Lent at 7.30 pm in the Church. All are welcome

Next week's second collection will be for CAFOD's Family Fast Day.

This Family Fast Day, we have an opportunity to come together as a Catholic community to ensure that girls living in the world's poorest countries are free to change their lives by getting an education.

CAFOD is working with local expert organisations around the world to bring water to family homes so that girls, who used to have to spend hours collecting water every day now have time for school, study and playing with their friends.

Family Fast Days are our opportunity to support that vital work.

Please collect your Family Fast Day envelopes from church today, and remember to fast on Friday 19th February.

BIBLE STUDY

Please note that Bible Study will NOT take place on Tuesday, 16th February, as Fr. John will be in Ireland for the week. The group will meet again on Tuesday, 23rd February.

RCIA

Please pray for this year's RCIA group, as they continue on their journey towards the Easter celebrations. This weekend they will have attended the Rite of Election at Westminster Cathedral.

THANKSGIVING for THE SACRAMENT of MATRIMONY

3.00 pm, SATURDAY 14th MAY

Cardinal Nichols would like to invite to the Cathedral couples who are celebrating particular anniversaries during this year to join him in a Thanksgiving Mass for the Sacrament of Matrimony. If you would like to attend this Mass, we need your names, wedding date, full postal address (and email if you have one) and telephone number. The Office for Marriage and Family Life need this information by 7th March. Please leave a note in the Parish Office.

PILGRIMAGE to MEDJUGORJE

We are delighted to announce that this year's parish pilgrimage to Medjugorje will be led by Fr. John Egan, and will take place from Saturday 22nd October to Saturday 29th October (half-term). The price for 7 nights half board will be £529.00 per person. If you are interested in joining this pilgrimage, please contact the parish office on 020-8578-1363.

GIFT AID

If you are a member of the Gift Aid scheme, and your tax status has changed, please let the Parish Office know as soon as possible, so that we can adjust our records.

Funeral Arrangements

Margaret Cole

Mass 1.00 pm, Monday 15th February, Visitation Church.

Colin Edward Staggs

Mass 1.00 pm, Tuesday 16th February, Visitation Church, followed by cremation at Breakespear Crematorium.

Mary Foley

Reception 7.00 pm, Wednesday 17th February, Visitation Church.

Mass 10.00 am, Thursday 18th February, followed by burial at Greenford Park Cemetery.

Catherine Hopkins

Mass 1.00 pm, Thursday 18th February, Visitation Church, followed by burial at Greenford Park Cemetery.

*Easter Novena Cards
are available in the Parish Office,
as well as
St. Patrick's cards and gifts.*