

Lenten Reflection from Pope Francis

Do you want to fast this Lent?

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and trust in God.

Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and fill your heart with joy.

Fast from selfishness and be compassionate to others.

Fast from grudges and be reconciled.

Fast from words and be silent so you can listen.

Divine Mercy Retreat

The Marina Fathers will lead a retreat focusing on the Divine Mercy, here in church on Saturday, 9th April, from 11.00 am to 4.00 pm. The Devotional Programme for the retreat is as follows:

11.00 am	Procession, Enthronement of the Image of Merciful Jesus and Worship
11.20 am	Talk on <i>Divine Mercy in the Present Day</i>
12.00 noon	Holy Mass
1.00 pm	Lunch Break (please bring your own lunch)
2.00 pm	Worship with the Seven Last Words
2.30 pm	Talk on the work of St. Faustina, Apostle of Divine Mercy
3.00 pm	Hour of Mercy with Benediction and Chaplet
3.45 pm	Veneration
4.15 pm	Depart

Our Lady of the Visitation Parish

Under the pastoral care of the Pallottines, Society of the Catholic Apostolate.

Registered Charity No. 252929

358 Greenford Road, Greenford, Middlesex, UB6 9AN

020-8578-1363

greenford@rcdow.org.uk

COMMUNITY

Fr. Liam O'Donovan SCA,

Fr. Joe McLoughlin SCA, Fr. Tom Daly SCA,

Reverend Deacon Jayson Wingrove

OFFICE HOURS

Monday - Saturday 9.00 am – 4.00 pm

Sunday 10.00 am – 1.30 pm

MASS TIMES

From Monday to Saturday Mass at 12.00 noon will be streamed online, and on Sundays both the 12.00 noon and 2.00 pm Masses.

<https://parish.rcdow.org.uk/greenford/>

Saturday – 12.00 noon and 7.00 pm

Sunday – 8.00 am, 10.00 am, 12.00 noon and 2.00 pm.

Confessions – Saturdays 11.00 am to 12.00 noon.
and 6.15 pm to 6.45 pm

ADORATION of the BLESSED SACRAMENT
will be in the Church

Tuesday, Wednesday, Thursday and Friday
from 6.00 pm to 8.00 pm,

and First Friday of the month from 5.00 pm to 9.00 pm.

The Second Sunday of Lent (Year C)

13th March 2022

The readings for this Sunday's Masses start on page 156 of the purple mass books.

**Thursday 17th March –
St. Patrick's Day
Mass at 12.00 noon**

CAFOD Family Fast Day

Every child should grow big and strong. Your donations this Lent will make a big difference to many communities affected by extreme hunger and children suffering from malnutrition. You can donate in church using a CAFOD envelope, by visiting the CAFOD website (cafod.org.uk/lent) or scanning the QR code on the envelope or poster to make a cashless donation.

**This weekend's second collection will be for
CAFOD's Family Fast Day.**

**Annual Mass of Thanksgiving for the Sacrament of Matrimony
Westminster Cathedral, Saturday 14th May at 3.00 pm.**

If you are celebrating a significant wedding anniversary this year, please note that the deadline for applications is Wednesday 30th March.

Gift Aid

If your circumstances have changed in any way, please inform the Parish Office, so that we can amend our records. Many Thanks.

**During Lent, Stations of the Cross will take place at
7.30 pm every Friday.
Everyone welcome.**

Lenten Reflections and Stations of the Cross

Each Friday during Lent at 7.00 pm, Fr Liam will give a short reflection, followed by the Stations of the Cross, the themes for each of the talks are as follows:

Week 2	Growing in Prayer (18 th March)
Week 3	How to Profit from your Faults (25 th March)
Week 4	The Secrets of the Eucharist (1 st April)
Week 5	Living the Eucharist (8 th April)

Expression of Gratitude

Bernadette Abi-Karam and her family would like to thank all those who have supported them in any way since the sudden death of her husband Hadi. A Mass will be offered for your intentions.

Funeral Arrangements

George Kennedy

Mass 7.00 pm, Tuesday 15th March, Visitation Church, cremation will take place at 11.00 am, Wednesday 16th March at Breakespear Crematorium.

Thomas Michael Dillon

Mass 10.00 am, Friday 18th March, Visitation Church, to be followed by burial in Greenford Park Cemetery.

Advance Notice

Stephen Albert Morley

Service 1.15 pm, Monday 21st March, Breakespear Crematorium.

John Patrick Guiheen

Mass 1.00 pm, Tuesday 22nd March, Visitation Church, to be followed by cremation at Breakespear Crematorium.

Dennis Patrick Cockley

Mass 1.00 pm Wednesday 23rd March, Visitation Church, to be followed by burial in Greenford Park Cemetery.

**Easter Novena Cards (price is £5.50)
are now available from the Parish Office,
as well as items for St. Patrick's Day and
Mother's Day (27th March).**