

Parish Priest: Father James Mulligan

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St. Paul's, Harefield

Mass daily at 9.15am ... Sunday Vigil Mass Saturday 6.30pm
Sunday Masses ... 9.00am and 11.00am
Holy Hour Monday ... 9.45am - 10.45am
Exposition of the Blessed Sacrament ... Friday 8.30am, Saturday 8.30am
Rosary each weekday morning after Mass ... Confessions 6.00pm Sat.
Online Morning Prayer 8.00am Online Night Prayer 9.00pm

Please note that this church is live streamed 24 hours per day

First Sunday in Lent ... 26th February 2023

Mass intentions

Saturday 25 th February	6.30pm	Michelle Delaney R.I.P.
Sunday 26 th February	9.00am	Charlie MacKinnon R.I.P
Sunday 26 th February	11.00am	Dorothy Basterfield R.I.P.
Monday 27 th February	9.15am	Gertrude Mary Towey R.I.P.
Tuesday 28 th February	9.15am	Leo Gallagher
Wednesday 1 st March	9.15am	Holy souls
Thursday 2 nd March	9.15am	Tony Day
Friday 3 rd March	9.15am	Tony O'Sullivan R.I.P.
Saturday 4 th March	9.15am	Sean Houlihan R.I.P.

Asylum seekers and refugees at the Catholic Worker Farm

The asylum seekers and refugees at The Catholic Worker Farm, Maple Cross have been expressing their gratitude for all the wonderful Christmas presents this parish contributed. The Farm often receives donations of food but there are many specific household items they have to buy such as those listed below. This may vary from month to month. We'd like to get going on it asap as obviously they're struggling this winter with heating bills etc.

Items for February:

Long life milk
Long life juice
Toilet paper
Cleaning supplies
Washing machine pods
Washing up liquid
Dishwasher detergent or tablets
Dishwasher salt
Rinse aid
Plastic wrap

Vegetables

Meat Free Fridays

For centuries, Catholics around the world have honoured the age-old observance of abstaining from eating meat during certain times of the year. Ash Wednesday and Good Fridays are dedicated as days of fasting, while it is tradition for Catholics to refrain from eating meat on all Fridays during Lent, in honour of Christ, who sacrificed His own flesh for us on Good Friday.

Abstinence is first and foremost a form of penance and an act of self-denial, helping us to answer our Christian call to live more simply. But did you know that reducing our meat intake can also have a positive impact on the environment? According to Greenpeace, over a quarter of the world's landmass is used to graze animals or grow food for farm animals – food that could be eaten by humans in the first place. Accommodating this has led to mass deforestation, pushing the Amazon in particular to tipping point. As well as contributing significantly to global warming through emissions and loss of trees, it is destroying countless habitats, and is responsible for a huge abuse of human rights and land-grabbing. By reducing our meat intake, or opting for more sustainable and ethical meat options, we can have a big impact on our planet; protecting lives and livelihoods around the world, in addition to beautiful corners of creation and supporting biodiversity – not to mention cutting carbon emissions. So this Lent, why not think about extending your meat-free Fridays, or extending your abstinence past Lent to help care for our common home?

No-Buy Lent Challenge

During this holy season in which we pray, fast, and practice almsgiving, we could all give up buying non-essential items in order to make space for the sacred and to give the planet a rest. To find out more... Join: igsol.net/nobuy

LENTEN REPAIRS

A DAY WITH SAINT FANCIS

Saturday 4th March 9.45am – 14.45pm

St Mathews Catholic Church

32 Hallowell Road Northwood

HA6 840736

Carpet for the new extension floor area

Many parishioners have been asking how they might assist with raising the funds for the new church extension. One realistic project may be to raise funds to provide a good quality carpet. Approximately £2,000 will be needed. From this week onwards, a collection box for this purpose will be available in the church. Donations will be banked each week and information will be published in the newsletter on the current totals raised.

Total donations as of week ending 25th February 2023: **£129**

The 7-Day sanctuary candle and the 7-day candle for Our Lady's Chapel are sponsored this coming week by the Andrews family.