

Parish Priest: Father James Mulligan

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St. Paul's, Harefield

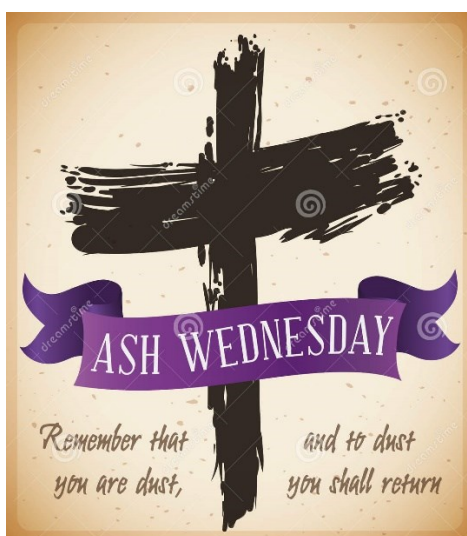
Mass daily at 9.15am ... Sunday Vigil Mass Saturday 6.30pm
Sunday Masses ... 9.00am and 11.00am
Holy Hour Monday ... 9.45am - 10.45am
Exposition of the Blessed Sacrament ... Friday 8.30am, Saturday 8.30am
Rosary each weekday morning after Mass ... Confessions 6.00pm Sat.
Online Morning Prayer 8.00am Online Night Prayer 9.00pm

Seventh Sunday in Ordinary Time ... 19th February 2023

Mass intentions

Saturday 18 th February	6.30pm	Helen Johnson
Sunday 19 th February	9.00am	Tony O'Sullivan R.I.P
Sunday 19 th February	11.00am	Leo Gallagher
Monday 20 th February	9.15am	Anthony Ang Kong Hee R.I.P.
Tuesday 21 st February	9.15am	Lim Poh Eng and Wee Jou Lwee R.I.P.
Wednesday 22 nd February	9.15am	Holy souls
Wednesday 22 nd February	7.00pm	Private intention
Thursday 23 rd February	10.30am	Funeral Mass Tony O'Sullivan R.I.P.
Friday 17 th February	9.15am	Tony O'Sullivan R.I.P.
Saturday 18 th February	9.15am	Private Intention

ASH WEDNESDAY 22nd FEBRUARY



Masses and distribution of ashes at St Paul's at 9.15am and 7.00pm
Distribution of Ashes at Harefield hospital between 12 noon and 1.00pm

Meat Free Fridays

For centuries, Catholics around the world have honoured the age-old observance of abstaining from eating meat during certain times of the year. Ash Wednesday and Good Fridays are dedicated as days of fasting, while it is tradition for Catholics to refrain from eating meat on all Fridays during Lent, in honour of Christ, who sacrificed His own flesh for us on Good Friday.

Abstinence is first and foremost a form of penance and an act of self-denial, helping us to answer our Christian call to live more simply. But did you know that reducing our meat intake can also have a positive impact on the environment? According to Greenpeace, over a quarter of the world's landmass is used to graze animals or grow food for farm animals – food that could be eaten by humans in the first place. Accommodating this has led to mass deforestation, pushing the Amazon in particular to tipping point. As well as contributing significantly to global warming through emissions and loss of trees, it is destroying countless habitats, and is responsible for a huge abuse of human rights and land-grabbing. By reducing our meat intake, or opting for more sustainable and ethical meat options, we can have a big impact on our planet; protecting lives and livelihoods around the world, in addition to beautiful corners of creation and supporting biodiversity – not to mention cutting carbon emissions. So this Lent, why not think about extending your meat-free Fridays, or extending your abstinence past Lent to help care for our common home?

No-Buy Lent Challenge

During this holy season in which we pray, fast, and practice almsgiving, we could all give up buying non-essential items in order to make space for the sacred and to give the planet a rest. To find out more... Join: igsol.net/nobuy

Missionary Sisters of St Peter Claver

A very big thanks to all parishioners for raising the magnificent total of £393.00 in response to the appeal on behalf of the missionary work of the Sisters of St Peter Claver. Well done!

Asylum seekers and refugees at the Catholic Worker Farm

Many thanks for your continued donations of essential items for the asylum seekers and refugees at the Workers Farm

Money counter volunteer needed

A volunteer is needed for the weekly money count which takes place at 10.00am each Wednesday morning. Please contact Fr Jim if you wish to volunteer.

Carpet for the new extension floor area

Many parishioners have been asking how they might assist with raising the funds for the new church extension. One realistic project may be to raise funds to provide a good quality carpet. Approximately £2,000 will be needed. From this week onwards, a collection box for this purpose will be available in the church. Donations will be banked each week and information will be published in the newsletter on the current totals raised.

The 7-Day sanctuary candle and the 7-day candle for Our Lady's Chapel are sponsored this coming week by the Andrews family.