



**OUR LADY OF LOURDES  
HARPENDEN  
THE MOST HOLY TRINITY  
7<sup>TH</sup> JUNE 2020**



**Parish Priest Canon Anthony Dwyer**

Presbytery: 1, Kirkwick Avenue, Harpenden AL5 2QH Tel: 01582 712245  
Email: [anthonydwyer@rcdow.org.uk](mailto:anthonydwyer@rcdow.org.uk)

**Parish Administrator Mrs Melanie Armitage**

The office is presently closed, but the Parish Priest and Administrator can be contacted by telephone: 01582 712245 or email: [harpenden@rcdow.org.uk](mailto:harpenden@rcdow.org.uk)

Website: [parish.rcdow.org.uk/harpenden](http://parish.rcdow.org.uk/harpenden) twitter: @RC\_OLOL

Facebook: Our Lady of Lourdes Harpenden

**Parish Safeguarding Representative Mrs Brigid Brennan**

Email: [harpensg@safeguardrcdow.org.uk](mailto:harpensg@safeguardrcdow.org.uk) Tel: 07881 785 299

As we celebrate the Solemnity of the Most Holy Trinity, we are reminded that the mystery of the Trinity is an invitation to live and to love. Once we have incorporated the Trinitarian life into our personal and communal life, we come to understand the mystery of the Trinity better.

The more we live lives of faith, the more we understand the Trinity.

The more we live in unity as family and as parish community, the more we understand the Trinity.

The more we love, the more we understand how we are loved by the Father, Son and Holy Spirit.

Our whole Christian life is caught up in the life of the Trinity. We are taught to imitate the Trinity, which means entering more and more fully into the life of God, a life which is never selfish, but generous and compassionate. Trinity Sunday is an opportunity to remind ourselves of this truth that we sometimes easily forget.

So, we are invited today to share in the life of the Trinity, the very life of God. We are invited to live in a way that reflects this divine love. Let us stay close to Jesus, because only in Him can we begin to understand, however little, this immense mystery of God's love for us. Every time we make the sign of the Cross, we are expressing our belief in the Trinity. When you make the sign of the Cross today, take a moment to pay reverence to the great mystery of the Holy Trinity. It brings together in so few words and a simple movement of the arm all that we believe in and all that we live for.

**THE TRINITY**



## STILL OPEN

Our church, sadly locked, like so many others is upsetting, but Mass is still celebrated there, and the life of the parish continues in, albeit, different ways. Some groups are meeting virtually, and others are giving support to some of those who are confined to their homes. Canon Dwyer continues to be available to parishioners, via telephone or email, or to meet virtually, and is happy to be in contact with anyone who wishes to be in touch.

## OPENING FOR PRAYER

We are still waiting to hear when churches will be allowed to open for private prayer, July 4<sup>th</sup> being the date previously advised. When this takes place, a big responsibility is placed on the parish, of ensuring that the church is cleaned, at least once, daily, and so are places that are safe, and where people will not be fearful of coming. This is quite a big task to organise, and so we will need volunteers to assist with the different tasks. Current Diocesan guidelines indicate that this excludes those who are deemed vulnerable (over 70 years, and/or with certain pre-existing health conditions, self-isolating or shielding); although this could change. How often we open, and for how long, will depend on how many offer their time to assist. Thank to those who have offered to assist, if you can help with this, for which we are required to provide training, please send your details to the parish office.



## UPDATING

The task of updating our parish records continues. We have had a good response but suspect that there are still quite a number who have still to complete a parish data base update. It really is a great help if we have up to date contact information on our parishioners. So, if you haven't yet completed a form, please do so. If you would like a form, you can download one from the parish website and, when complete, return it to the Parish Office. If you are aware of someone who doesn't have an email address, it would be helpful if you would give them a copy.



## LIVESTREAMING

Mass will be live-streamed on Zoom, and You Tube this coming week:

Tuesday 9<sup>th</sup> June 10.00am

Thursday 11<sup>th</sup> June 10.00am

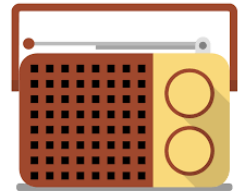
Sunday 14<sup>th</sup> June 11.30am

The best way of using YouTube is via your internet browser of choice, navigate to [www.youtube.com](http://www.youtube.com) and search 'Our lady of Lourdes Harpenden' or use this link [https://www.youtube.com/results?search\\_query=our+lady+of+lourdes+harpenden](https://www.youtube.com/results?search_query=our+lady+of+lourdes+harpenden)

Day	Time	Zoom Code
Sunday 7 <sup>th</sup> June	11.30am	837-6594-4659
Tuesday 9 <sup>th</sup> June	10.00am	868-6582-6377
Thursday 11 <sup>th</sup> June	10.00am	852-3125-3608
Sunday 14 <sup>th</sup> June	11.30am	837-6594-4659

## RADIO MASS

This Sunday, 14<sup>th</sup> June, the Sunday Worship Programme, which airs at 8.10am on BBC Radio 4, will broadcast Mass celebrated by the Cardinal in Westminster Cathedral. This may be appreciated by those unable to access Mass via Zoom or You Tube.



## YOUR THOUGHTS!

Thank you to everyone who completed the Parish Survey. You'll find an attachment, which was sent with the newsletter, and which gives some initial information of the demographic of those who participated. As your responses are reflected on, so we look forward to sharing with you more of the responses received, as well as using this information to inform our renewal process: 'Seeking Christ Together'.



## HAPPY TO HELP

The 'lockdown' continues, and for some it is a very long, and not very easy, time. If you are in this situation and would appreciate a little help, or just a phone call, from time to time, do please let us know.



If we don't know we can't help, and we do have willing volunteers, happy to make contact. Just telephone, or email, your details.

## WE CAN PRAY TOGETHER

Although small steps are being taken to ease the lockdown, it's still important that we pray for everyone affected by Coronavirus. We can't pray in our church, but we can pray together. So, each evening at 7.30pm it would be good if everyone in the parish could pause to pray, maybe to use a prayer that all the family knows, or perhaps a decade, or more, of the Rosary. In that way we can be united in a prayer for ourselves and our country, and all who are affected by Coronavirus.

## BARCELONA, SOUTH AFRICA

For the last ten years or more we have supported the ministry of Sr. Margaret in the Barcelona settlement in South Africa, mainly through the St. Patrick's Day lunch. As you know, the lunch had to be cancelled this year. Many parishioners had already bought tickets and generously didn't ask for a refund, so Marva dropped the £340 through our letter box. With other generous donations I received I was able to send £1,130 to Margaret. The lockdown, which came into effect on 26 March, had a devastating effect on the people of Barcelona. Margaret got word that they were starving. She immediately went to the Police and got permission to go there. She said your donations have been a life saver. Margaret made a number of trips there and was able to give your money where it was most desperately needed. The people were poor already and with the lockdown they were becoming destitute.

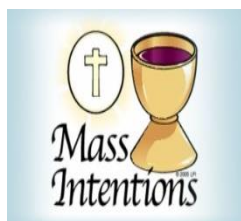
So, dear parishioners, even though we did not have the several hundreds of pounds our St. Patrick's Day lunch itself would have raised, your generous spirit spilled over as the money grew. Sr. Margaret and many people you have helped asked me to thank you and tell you they remember you in prayer. I pray God reward you all.

*Sr. Regina*

**WHILE MASSES ARE SUSPENDED AND THE CHURCH CLOSED, YOU MAY WISH TO NOTE THE FOLLOWING:**

### MASS INTENTIONS

Mass continues to be celebrated, sometimes in private, and at others times, this will be livestreamed. As far as possible Masses already requested will be



celebrated on the date requested, but some may have to be moved to other dates. If you would like to move a Mass Intention or arrange for Mass to be celebrated please contact the parish office by email.

### MASS READINGS

If you would like to have the readings for Mass, you will find them at:

<https://www.universalis.com/mass.htm>  
and <https://us.magnificat.net/free>.

### SPIRITUAL COMMUNION

In the present circumstances, we cannot receive Holy Communion but we can make a **Spiritual Communion**.

Set aside some time either alone, or better with your family. Turn off the tv or radio.

Firstly: Make the sign of the Cross.

Then: Make an act of Contrition.

Then say: *My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally,*



*come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.*

Finish by making the **Sign of The Cross**

### REFLECTIONS FOR FAMILIES & CHILDREN

#### MARY'S MEALS

Mary's Meals provides school feeding programs in some of the world's poorest communities to allow chronically hungry children into the classroom, where they can gain an education and escape from poverty. An activity book for children and young people, can be accessed by clicking here:

[https://d1345tgcm1bzpm.cloudfront.net/assets/global/The\\_Shed\\_That\\_Fed\\_school\\_activity\\_book.pdf](https://d1345tgcm1bzpm.cloudfront.net/assets/global/The_Shed_That_Fed_school_activity_book.pdf)

#### RESOURCES FOR FAMILY CATECHESIS

Support for parents in stories of the Saints (also suitable for Confirmation candidates in considering Saints' names), liturgical calendar, prayer at mealtimes, the crowning of Mary and First Eucharist retreats at home

<https://catechistsjourney.loyolapress.com/>

**FAMILY EXAMEN** - a prayerful way for a family to look back together on their day:

<https://pray-as-you-go.org/player/prayer%20tools/anexamenforthefamily>

**MARRIAGE ENCOUNTER** - A short reflection on nurturing good communication in this time of confinement:

<https://rcdow.org.uk/diocese/marriage-and-family-life/news/how-to-grow-your-relationship-under-lockdown/>

**Many thanks** to everyone who has sent in a family photo we have now filled the centre pews of the Church.

### **NEWSPAPERS & DAY BY DAY BOOKS**

The Universe Newspaper is available from the Presbytery Front Garden. The newspaper costs £1.50 and there is an honesty box for you to use.

**The JUNE editions of Bible Alive and Day by Day** have arrived and are in the box, please come and help yourselves.

The booklets and papers are stored in a clear plastic box on the right-hand side in the presbytery front garden behind the gate.



## MASS INTENTIONS THIS WEEK

**Saturday 6<sup>th</sup> June**     **feria**  
Mary Farmer   RIP

**Sunday 7<sup>th</sup> June**     **THE MOST HOLY TRINITY (A)**  
**11.30am**             People of the Parish  
**MASS WILL BE LIVE STREAMED AT 11.30AM   ZOOM CODE 837-6594-4659**

**Monday 8<sup>th</sup> June**     **feria**  
Hope Nelson   RIP

**Tuesday 9<sup>th</sup> June**     **feria**  
**10.00am**             Georgina Brennan   RIP (Anniv)  
**MASS WILL BE LIVE STREAMED AT 10.00AM   ZOOM CODE 868-6582-6377**

**Wednesday 10<sup>th</sup> June**   **feria**  
Margaret Foulds   RIP

**Thursday 11<sup>th</sup> June**   **St Barnabas, Apostle**  
**10.00am**             Jim & Margery Feeney   (Spec Ints)  
**MASS WILL BE LIVE STREAMED AT 10.00AM   ZOOM CODE 852-3125-3608**

**Friday 12<sup>th</sup> June**     **feria**

**Saturday 13<sup>th</sup> June**     **St Anthony of Padua, Priest & Doctor**  
Jane Hillier   (Spec Ints)

**Sunday 14<sup>th</sup> June**     **THE MOST HOLY BODY AND BLOOD OF CHRIST (A)**  
**11.30am**             **(CORPUS ET SANGUIS CHRISTI)**  
People of the Parish  
**MASS WILL BE LIVE STREAMED AT 11.30AM   ZOOM CODE 837-6594-4659**

**CONFESSIONS - There will be no Confessions**