

Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
michaeljarmulowicz@rcdow.org.uk

Harrow Rd Office

Parish Administrator: Mrs Jennifer Ellis
Office Hours: Mon & Friday 9 - 3 pm
Tel No: 020 7286 2170
E-mail: harrowroad@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Paddington Office

Parish Administrator: Mrs Mandy O'Sullivan-Whitting
Office Hours; Thursday 10 - 2 pm
Tel No: 020 7286 2672
E-mail: paddington@rcdow.org.uk
Website: parish.rcdow.org.uk/paddington

Mass Times

Monday: 10:00 am (Harrow Rd)
Tuesday: 10:00 am (Paddington)
Wednesday 10:00 am (Harrow Road)
Thursday 10:00 am (Paddington)
Friday 10:00 am (Harrow Rd)
Saturday: 10:00 am (Paddington)
6:00 pm (Harrow Rd)
(Vigil Mass of Sunday)
Sunday: 9:30 am (Paddington)
11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday morning
Masses plus Saturday: 5:00 - 5:50 pm

Confessions

During periods of exposition of the Blessed
Sacrament; and on request.

Parishes of
OUR LADY OF LOURDES & ST VINCENT DE PAUL
(HARROW RD)

and

OUR LADY OF SORROWS, (PADDINGTON)

FEBRUARY - MONTH OF THE HOLY FAMILY

20TH FEBRUARY 2022

SEVENTH SUNDAY OF ORDINARY TIME —YEAR C

Confining War to the Dusty History Books



Love your enemies and do good to those who hate you? Surely that's a recipe for becoming a doormat; but is this really what Jesus is asking us to do in today's gospel?

The six o'clock news fuels our anger. We want to fight back at the aggressors. We want to hit back at the terrorists who hurt us. We want to see consequences for those who kill or maim or take away from us. Jesus' advice doesn't make any

sense. How can we love those we don't even like! How can we forgive when punishment feels more human? But in the words of Martin Luther King Jr "When you live by the rule 'an eye for an eye and a tooth for a tooth, you end up with a nation of blind and toothless people'".

These are tremendous words, because they tell us that when we respond to those who hate us with love instead of recrimination, we defeat evil. So how do we make it work? Firstly we have to know that love isn't a warm fuzzy emotion that leaps out of a Valentine's card. Love is a decision. Love is not a feeling it's a choice. We have to make decision to do good and then do it. We know we are loved by the way we are treated, and in the same way we have to show others that we love them by the way we treat them. Next come the rules. Do not judge and you will not be judged. Do not condemn and you will not be condemned. Give and it will be given to you. In short we have to treat everyone the way we would like to be treated ourselves whether we like them or not. If everyone could live their lives by Jesus' teaching then conflict and war would be confined to dusty history books.

Mass Intentions for both parishes for week beginning Saturday 19th February 2022

Saturday	6:00 pm	People of the Parish	Sunday	9:30 am	Margaret & Kitty Geary (IAnniv)
Sunday	11:30 am	John & Comfort Ekechukwu (RIP)	Monday	10:00 am	Mary Phillips (Ints)
Tuesday	10:00 am	Thomas Thornicroft (RIP)	Wednesday	10:00 am	Gabrielle Barry's funeral Mass at Paddington
Thursday	10:00 am	Victoria Kupec (Ints)	Friday	10:00 am	Rosh McConnon (RIP)
Saturday (26.2)	10:00 am	Gladys Rodriguez (Sick)	Saturday	6:00 pm	Michael Connolly (RIP)
Sunday (27.2)	09:30 am	People of the Parish	Sunday	11:30 am	Liza Andrade (RIP)

Diocesan News

Annual Mass of Thanksgiving for the Sacrament of Matrimony

Westminster Cathedral, Saturday 14th May 2022 at 3pm.

The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their **5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** wedding anniversary of Catholic marriage in 2020. If you are celebrating an anniversary, please give Fr Michael the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email), and you will get a specific invitation to this mass. I have received details from one couple only so far.

The God Who Speaks: Lent & Eastertide

There are a number of resources and events, which the diocesan agency for evangelisation would like us to share with you, obviously for those with Internet access

<https://www.godwhospeaks.uk/the-god-who-speaks/focus/preparing-for-lent-and-eastertide/>

Fr Michael Hall opens our eyes with Luke and the Open Heaven - <https://www.godwhospeaks.uk/the-god-who-speaks/bible-basics/scripture-seekers/between-the-testaments/luke-and-the-open-heaven/>

Bishop David Evans launches a new series on The Meaning of Life using the Bible and modern philosophy to help explore some big questions - <https://www.godwhospeaks.uk/the-god-who-speaks/focus/preparing-for-lent-and-eastertide/the-meaning-of-life-part-1-identity/>

CAFOD's Walk Against Hunger Lent challenge

There are 200 million children in the world whose lives are at risk from malnutrition. This Lent, challenge yourself to walk 200km, and help give hunger its marching orders. Do 5k a day, your way, for 40 days, get sponsored and you'll conquer your 200km target in time for Easter – and help people around the world to live free from hunger. To find out more or take part, go to cafod.org.uk/walk.

Caritas—Volunteering

Are you interested to try volunteering for the first time or are looking for a new role, come and find out what volunteering opportunities are out there at the moment. Saturday 5 March, 12-2pm—Westminster Cathedral Hall. Find out more at: www.eventbrite.co.uk/e/caritas-volunteering-fair-tickets-250053004267

There are also volunteering one-to-one consultations— Find out more by calling 07738183833 or emailing cvs@rcdow.org.uk.

Caritas Westminster Energy Crisis

If you know of parishioners struggling to pay their heating bills: Caritas has been talking to National Energy Action, who can provide support to households facing energy stress. Their Warm and Safe Homes helpline, 0800 304 7159 is open daily, 10am-12pm, to support clients with energy advice around topics such as reducing energy consumption, Warm Home Discount and Priority Services Register, fuel debt, water rates and benefits advice.

Parish News

Mary's meals—Job vacancy

You may recall that recently we had an appeal from Mary's Meals, to which you most generously responded. I have received an email from them that they have a new job opportunity in the London/South England team. The role of 'Supporter Engagement Officer' is an exciting and varied one which will suit someone with good organisational and people skills. The closing date is 24th February. Job details are at <https://www.marysmeals.org.uk/useful-links/work-for-us/supporter-engagement-officer-london>

Pilates / Chair Exercises—now cancelled

Due to unforeseen circumstances, the chair exercise classes will no longer take place from March. If this changes, we will let you know.

Funeral Notices

The Reception and Requiem Mass of the late **Gabrielle Barry** will take place on **Wednesday 23 February at 10:00 am at Our Lady of Sorrows, Paddington** followed by internment at Kensal Green Cemetery. Her son's (Patrick) ashes (funeral was on 22nd November) will be interred with her body