

Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
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Harrow Rd Office

Parish Administrator: Mrs Jennifer Ellis
Office Hours: Mon & Friday 9 - 3 pm
Tel No: 020 7286 2170
E-mail: harrowroad@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Paddington Office

Parish Administrator: Mrs Mandy O'Sullivan-Whitting
Office Hours; Thursday 10 - 2 pm
Tel No: 020 7286 2672
E-mail: paddington@rcdow.org.uk
Website: parish.rcdow.org.uk/paddington

Mass Times

Monday: 10:00 am (Harrow Rd)
Tuesday: 10:00 am (Paddington)
Wednesday No Mass
Thursday 10:00 am (Paddington)
Friday 10:00 am (Harrow Rd)
Saturday: 10:00 am (Paddington)
6:00 pm (Harrow Rd)
(Vigil Mass of Sunday)
Sunday: 9:30 am (Paddington)
11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday morning
Masses plus Saturday: 5:00 - 5:50 pm

Confessions

During periods of exposition of the Blessed
Sacrament; and on request.

Stations of the Cross

Fridays at 7 pm at Our Lady of Lourdes & St
Vincent de Paul, Harrow Road

Parishes of
OUR LADY OF LOURDES & ST VINCENT DE PAUL
(HARROW RD)
and
OUR LADY OF SORROWS, (PADDINGTON)

MARCH - MONTH OF ST JOSEPH
6TH MARCH 2022
FIRST SUNDAY OF LENT—YEAR C

Tempted to Distraction?

I am sure none of us are criminals, and most of don't particularly consider ourselves to be sinners, so do we really need to worry about the devil, or the dangers of temptation? If the temptations in our lives are simply to sit at the computer too long, or indulge in the odd tittle, does that really matter?

On the first Sunday of Lent we are always treated to the same readings. Jesus temptations mirror the temptations we face; immediate gratification of a desire, to be held in respect, and to be safe. We are asked to consider what we are about, how the devil might put spanners in the works, and what we can do about it. Today the devil finds Jesus in the wilderness, when he is hungry and weak and tempts him with attractive options; food, fame and protection. We don't see Jesus dithering, He is able to put the temptations behind him because he knows what he is about. Jesus understands his mission and it isn't about materialistic benefit or power. Jesus is able to put aside the temptation because he is confident that the same Holy Spirit that has taken him into the wilderness will lead him back out.

Our wilderness comes in all shapes and sizes; it could be moments when we're feeling lost, broken, unloved, tired or overburdened. It is in these moments of weakness that we are most in danger. These are moments when the devil can come to us offering comfortable and attractive options, which can tempt us to make poor decisions; decisions that provide distractions. The devil can be subtle. Temptations rarely lead the majority of us into crime or even into sin. Being tempted to finish off a bottle of wine or spend longer than we ought on Facebook doesn't seem so bad, but are the tens of little distractions we succumb to each and every day taking us away from who we really are, and from what is genuinely important?

Every day the Holy Spirit is guiding us towards our specific missions in life. Do we say 'yes' to the work God has lined up for us, or do we fall for all those comfortable little distractions?

Mass Intentions for both parishes for week beginning Saturday 5th March 2022

Saturday	6:00 pm	John Whelan (Anniv)	Sunday	9:30 am	Mary Willis (RIP)
Sunday	11:30 am	People of the Parish	Monday	10:00 am	Michael Finegan (RIP)
Tuesday	10:00 am	Kamilla Pillai (Anniv)	Wednesday	10:00 am	No Mass
Thursday	10:00 am	Mrs Pillar, Mr J Lopez, Jun Tuvera (RIP)	Friday	10:00 am	Mass for the Holy Souls
Saturday (12.3)	10:00 am	Juan Jose Daguier (RIP)	Saturday	6:00 pm	People of the Parish
Sunday (13.3)	09:30 am	James Ellen & Jim Barrett (Anniv)	Sunday	11:30 am	Joao Bergante (RIP)

Diocesan News

The God Who Speaks: Lent & Eastertide

There are a number of resources and events, which the diocesan agency for evangelisation would like us to share with you, obviously for those with Internet access

<https://www.godwhospeaks.uk/the-god-who-speaks/focus/preparing-for-lent-and-eastertide/>

Fr Michael Hall opens our eyes with Luke and the Open Heaven - <https://www.godwhospeaks.uk/the-god-who-speaks/bible-basics/scripture-seekers/between-the-testaments/luke-and-the-open-heaven/>

Bishop David Evans launches a new series on The Meaning of Life using the Bible and modern philosophy to help explore some big questions - <https://www.godwhospeaks.uk/the-god-who-speaks/focus/preparing-for-lent-and-eastertide/the-meaning-of-life-part-1-identity/>

Bishops statement on Ukraine

Meeting in London, on 4th March 2022, the Presidents and Vice-Presidents of the Catholic Bishops' Conferences of England and Wales, Ireland, and Scotland said:- "In the face of the shocking loss of life, bloodshed, displacement of people and destruction of property in Ukraine, we make these heartfelt appeals.

We ask our Catholic communities to sustain the prayer and self-denial of Lent as a constant offering to God, begging for an end to this pointless violence.

We ask our fellow Christians everywhere, including Patriarch Kirill and all in the Russian Orthodox Church, to join in solidarity with us in daily spiritual and practical efforts for a ceasefire, for humanitarian outreach and the silencing and laying down of weapons.

We ask all who have an instinct for God to raise their hearts and minds in prayer for peace.

We urge everyone to open their hearts and respond generously to the many appeals for help and support for all who are fleeing their homeland. We call on the UK and Irish governments to offer an open and generous welcome to those who seek refuge in the face of this warfare.

Family Fast Day : Friday 11 March 2022

This Family Fast Day—this coming Friday— we remember that there are many people who need our love and support all around the world. Children experiencing malnutrition like Amie's daughter Lombeh did in Sierra

Leone or as we are seeing now in Ukraine, families affected by conflict. Your small act of love can make big things happen. Donations to CAFOD this Lent will reach families around the world, enabling local experts to provide support to families in times of need or conflict. You can donate in church using a CAFOD envelope or by visiting the CAFOD website: cafod.org.uk/lent

Divine Mercy Apostolate

Parishioners are invited to the Divine Mercy Apostolate in Ealing where, every day from Monday to Friday we run the devotional Lenten programme to Divine Mercy.

We believe it will be useful preparation for Easter and Divine Mercy Sunday. See Poster at the back of the church or visit www.divinemercyapostolate.co.uk;

Parish News

Helpful spiritual contact during Lent

In keeping with Cardinal's appeal to help bring people back to church, I have subscribed to a trial whereby I can send you, via email, links to short videos (by Bishop Robert Barron) on various Lenten topics. I will start by using e-mail lists I have. You can unsubscribe if you don't want to receive any more. Let others know that they can subscribe to this project by going to the website: HarrowRoadandPaddington.flocknote.com where they will be asked to enter name and e-mail address—and they will be in! During this trial you also have total access to a massive library of video material by Bishop Barron and his *Word on Fire Institute*, such as his renowned 'Catholicism' series.

Readers Rota

The Saturday & Sunday readers Rota are now available for March & April. Please check to see when you are reading & if for some reason you cannot read, please find suitable cover. Thank you.

Funeral Notices

The Reception and Requiem Mass of the late **Brian Stanford** will take place on **Thursday 17th March at 11:00 am at Our Lady of Lourdes, Harrow Road** followed by committal at West London Crematorium

The Reception and Requiem Mass of the late **Edward Alexander** will take place on **Thursday 24th March at 11:00 am at Our Lady of Lourdes, Harrow Road** followed by internment at St Mary's Cemetery