

## Presbytery

337 Harrow Road, London, W9 3RB  
Tel: 020 7286 2170

## Parish Priest

Fr. Michael Jarmulowicz  
michaeljarmulowicz@rcdow.org.uk

## Harrow Rd Office

Parish Administrator: Mrs Jennifer Ellis  
Office Hours: Mon & Friday 9 - 3 pm  
Tel No: 020 7286 2170  
E-mail: harrowroad@rcdow.org.uk  
Website: parish.rcdow.org.uk/harrowroad

## Paddington Office

Parish Administrator: Mrs Mandy O'Sullivan-Whitting  
Office Hours; Thursday 10 - 2 pm  
Tel No: 020 7286 2672  
E-mail: paddington@rcdow.org.uk  
Website: parish.rcdow.org.uk/paddington

## Mass Times

Monday: 10:00 am (Harrow Rd)  
Tuesday: 10:00 am (Paddington)  
Wednesday Church closed  
Thursday 10:00 am (Paddington)  
Friday 10:00 am (Harrow Rd)  
Saturday: 10:00 am (Paddington)  
6:00 pm (Harrow Rd)  
(Vigil Mass of Sunday)  
Sunday: 9:30 am (Paddington)  
11:30 am (Harrow Rd)

## Eucharistic Adoration

One hour before weekday and Saturday morning  
Masses plus Saturday: 5:00 - 5:50 pm

## Confessions

During periods of exposition of the Blessed  
Sacrament; and on request.

Parishes of  
**OUR LADY OF LOURDES & ST VINCENT DE PAUL**  
(HARROW RD)

and

**OUR LADY OF SORROWS, (PADDINGTON)**

**MAY - MONTH OF THE BLESSED VIRGIN MARY**

**15<sup>th</sup> MAY 2022**

**5<sup>TH</sup> SUNDAY OF EASTER**

**YEAR C**

## Love is catching

Does it ever seem to you that Jesus can be a little unrealistic? Today Jesus tells us "I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another." But how can we go round loving everyone we meet? Isn't this love reserved to those closest to us ... our parents, spouses, children and family? Harder still, how can we love as Jesus loved? Jesus loved us to the point of death. Surely following this kind of example is a very tall order!

The main thing to remember in following Jesus' teaching is that he wouldn't ask anything of us that we couldn't do. Secondly, we might not be ready to love each other to the point of death, but Jesus gives us plenty of other lessons in how to love. We're not talking some impossible ideal or some form of idealistic behaviour. We simply need to recognise, as Jesus recognised that love is a basic human need. Jesus had a talent for seeing everyone as an individual. We too need to see people as individuals rather than lump them together into categories. We too need to recognise need and respond accordingly. St John Paul II clearly and repeatedly taught that loving someone is a decision that we make rather than the nice feelings we get when with a person we love, or harbouring fluffy romantic sentiments found in greeting cards. The great theologian St Thomas Aquinas defined love as: "Love is to will the good of the other." Returning to St John Paul—he said it in this way: "Love is not merely a feeling; it is an act of will that consists of preferring, in a constant manner, the good of others to the good of oneself." That is why and how we should love someone we dislike. Not only do we will the good of the other, but also do something about it. We follow Jesus' lessons in love every time we seek to alleviate someone else's suffering ... every time we reject violence and retaliation ..... every time we make a stand against neglect or greed or apathy.

There are plenty of people who are already living their lives by Jesus' example. These people are shining examples of discipleship, not by what they say but by how they behave. Have you ever been filled with so much respect for someone that you wanted to imitate them? If you start to behave in the same way it won't be long before others are looking up to you as a role model. Watch out .... love is catching.

## Mass Intentions for both parishes for week beginning Saturday 14th May 2022

Saturday	6:00 pm	Mary Kinsella & John Connelly (Ints)	Sunday	09:30 am	Private Intention
Sunday	11:30 am	People of the Parish	Monday	10:00 am	Tsion Abrah & Family (T'giving)
Tuesday	10:00 am	Fr Anthony Brunning (RIP)	Wednesday	10:00 am	Church closed
Thursday	10:00 am		Friday	10:00 am	Arthur Kibart (RIP)
Saturday (21.5)	10:00 am	Irtiban Biset (RIP)	Saturday	6:00 pm	People of the Parish
Sunday (22.5)	09:30 am		Sunday	11:30 am	Angela Awuku & Family (Ints)

## Returning to Mass at Pentecost

### An invitation from the Bishops of England and Wales

*This is the bread come down from heaven (John 6:58)*

The bishops of England & Wales all met together in Cardiff for their annual post Easter meeting, and discussed their concern that many parishioners have not returned to the regular worship at Sunday Mass. Below is an extract of the fruit of their discussions.

‘A beautiful hallmark of the Catholic faith is the profound desire to participate in the Holy Mass and share in the Eucharist. We do so with deep gratitude and joy. The Eucharist gives the Church her identity - “The Eucharist makes the Church, and the Church makes the Eucharist.” It enables us to worship Almighty God, to support each other on our journey of faith, and to be a visible sign of faith in the world. This hallmark is supported and strengthened by the precept that our fundamental Christian duty is to worship God by participating in the celebration of Mass. Attending Mass on Sundays and Holy Days is the greatest of all privileges, sometimes referred to as “the Sunday Obligation.”

Since the beginning of the Covid pandemic, until the present time, we have shared with you our judgment that the situation of the last two years has meant that the Sunday Obligation has been impeded and has needed to be fulfilled in other ways. We thank God that this situation has now changed. The pressing challenges of the pandemic have lessened significantly. Most people have resumed the wide range of normal activities, no longer restricted by the previous Covid measures. We therefore believe that the reasons which have prevented Catholics from attending Mass on Sundays and Holy Days of Obligation no longer apply.

Our Catholic people and parishes have benefitted during these difficult times from the online streaming of Mass and other services. “Virtual viewing” of Mass online does not fulfil the Sunday Obligation. It may, however, be a source of continual spiritual comfort to those who cannot attend Mass in person, for example those who are elderly and sick, for whom the obligation does not apply. In this context, we recognise gratefully the ministry of those who administer Holy Communion to the elderly, sick and housebound.

In the Holy Sacrifice of the Mass, the Lord’s Supper, the Lord Jesus entrusted to us the precious gift of Himself. With humility, we glory in being a Eucharistic people for whom attendance at Mass is essential. Looking forward to the forthcoming feast of Pentecost, we now invite all Catholics who have not yet done so to return to attending Mass in person.

As the Church needs the witness of the presence of each person, so too each believer needs to journey in faith and worship with their fellow disciples. Nourished by our encounter with the Risen Lord Jesus, fed with His Word and His Body and Blood in Holy Communion, and supported by the presence of

each other, we receive strength week by week, to serve the Lord and glorify Him with our lives.’

Approved by the Plenary Assembly of the Bishops’ Conference Friday 6th May 2022

## Diocesan News

### The Good Counsel Network

On Saturday 21<sup>st</sup> May the Vigil of the Feast of St Rita, please pray and fast for the end of abortion and euthanasia in this country. On this month’s Day of Prayer and Fasting for Life, we are especially asking you to fast and pray for the end of DIY abortions at home. Please join in and invite others to join as well.  
[www.GoodCounselNetwork.com](http://www.GoodCounselNetwork.com)

## Parish News

### Weekly Catechesis Leaflets

Leaflet 4 is published this week — **The Blessed Trinity**. The Church teaches us that the Blessed Trinity “is the central mystery of Christian faith and life” (CCC 234) and yet because we can’t fully grasp that concept, we often just overlook it. This short leaflet helps to explain some aspects of this profound mystery.

### Pentecost Celebration

We should celebrate great feasts—and we do by celebrating Christmas and Easter, but Pentecost is another great feast which marks the public beginning of the Church when the Holy Spirit came down on the Apostles and gave them the power to go out and boldly proclaim the Gospel, and so we should celebrate that.

The feast of Pentecost falls on Sunday June 5<sup>th</sup> which is also the long bank holiday weekend to celebrate the Queen’s platinum jubilee. So let us have a joint celebration of both events.

I propose that after the 11:30 Mass at Harrow Road we have a celebratory lunch. I would like to have a Hog Roast, which we have previously had (but the company I used is fully booked up and so I am looking for an alternative source). But as previously may I suggest that some of you cook your national dishes for us to share in.

Some may be aware that the hall is hired out on Sunday afternoons to the Lighthouse Community Church for their service, and I have invited them to join in with our celebration and I am sure they will want to help us celebrate with their wonderful singing.

## Funeral Notice

The Funeral Service and committal of the late **Graham Flitton** will take place on **Tuesday 24th May at 2:30 pm** at West London Crematorium

The Reception and Requiem Mass of the late **Mrs Maria Clark** will take place on **Monday 27th June at 11:30 am**, at **Our Lady of Sorrows Church**, followed by committal at West London Crematorium.