

## Presbytery

337 Harrow Road, London, W9 3RB  
Tel: 020 7286 2170

## Parish Priest

Fr. Michael Jarmulowicz  
michaeljarmulowicz@rcdow.org.uk

## Harrow Rd Office

Parish Administrator: Mrs Jennifer Ellis  
Office Hours: Mon & Friday 9 - 3 pm  
Tel No: 020 7286 2170  
E-mail: harrowroad@rcdow.org.uk  
Website: parish.rcdow.org.uk/harrowroad

## Paddington Office

Parish Administrator: Mrs Mandy O'Sullivan-Whitting  
Office Hours; Thursday 10 - 2 pm  
Tel No: 020 7286 2672  
E-mail: paddington@rcdow.org.uk  
Website: parish.rcdow.org.uk/paddington

## Mass Times

Monday: 10:00 am (Harrow Rd)  
Tuesday: 10:00 am (Paddington)  
Wednesday: Churches closed  
Thursday: 10:00 am (Paddington)  
Friday: 10:00 am (Harrow Rd)  
Saturday: 10:00 am (Paddington)  
6:00 pm (Harrow Rd)  
(Vigil Mass of Sunday)  
Sunday: 9:30 am (Paddington)  
11:30 am (Harrow Rd)

## Eucharistic Adoration

One hour before weekday and Saturday morning  
Masses plus Saturday: 5:00 - 5:50 pm

## Confessions

During periods of exposition of the Blessed Sacrament; and on request.

Parishes of  
**OUR LADY OF LOURDES & ST VINCENT DE PAUL**  
(HARROW RD)

and

**OUR LADY OF SORROWS, (PADDINGTON)**

**JUNE - MONTH OF THE SACRED HEART OF JESUS**

**5<sup>TH</sup> JUNE 2022**

**PENTECOST SUNDAY**

**YEAR C**

## Prisoners No More



The disciples have locked themselves in an upper room for fear of the Jews. We know exactly where they're at. We too are good at making prisons for ourselves. We make prisons where feelings of inadequacy, apathy, guilt, pride or confusion rule our lives. We lock ourselves into debilitating patterns of behaviour where fear and other self-defeating traits become habit. Eg. We know that we should witness to our faith, but then we tell ourselves that we might get asked a question that we can't answer, so we keep quiet.

The disciples, fellow human beings, are behaving very much how we behave when we are facing difficulties. Then everything changes. Jesus promised them that He would send the Holy Spirit telling them: "But you shall receive power when the Holy Spirit has come upon you...."(Acts 1:8). And when that happens a group of frightened and inactive disciples begin to do amazing things. Suddenly they can reach out around the world regardless of language culture or race.

This isn't just an account about something that happened a long time ago, it's a promise to us too. We too have received exactly the same Holy Spirit, with exactly the same power, but so often we lock it up and put up blocks to using the gifts received. We each have been given a component that fits into God's greater picture. We each have a talent that lends itself to God's purpose. Unlocking that talent is a daily challenge. How do we use our skills to best advantage? How do we knock down the barriers that prevent us reaching our true potential? Where do we look for direction, focus and discernment? How do we find courage, faith, energy and foresight?

The answer to all these questions is the 'Holy Spirit'. The same Holy Spirit that enabled the early disciples will also liberate and empower us. The Holy Spirit is God's presence in our lives whenever we ask. Let us never forget Jesus' words ".....how much more will the heavenly Father give the Holy Spirit to those who ask him!" (Luke 11:13). So let this prayer be regularly on our lips "Come, Holy Spirit".

## Mass Intentions for both parishes for week beginning Saturday 4th June 2022

Saturday	6:00 pm	Angela Macdonald (RIP)	Sunday	09:30 am	-
Sunday	11:30 am	People of the Parish	Monday	10:00 am	Mary Chhaganlall (RIP)
Tuesday	10:00 am	-	Wednesday	10:00 am	Church closed
Thursday	10:00 am	-	Friday	10:00 am	Kim Lawrence (RIP)
Saturday (11.6)	10:00 am	-	Saturday	6:00 pm	People of the Parish
Sunday (12.6)	09:30 am	Noel Laranjo (RIP)	Sunday	11:30 am	Samuel Awuku & Family (Ints)

## Diocesan News

### Eucharistic Octave

The Diocesan Shrine of the Blessed Sacrament, Corpus Christi, Maiden Lane in Covent Garden will be hosting a Eucharistic Octave from 11th to 19th June. This has been organised by several London parishes to celebrate our Eucharistic Lord in the lead up to the Solemnity of Corpus Christi. Full details can be found at [www.catholiclondon.org](http://www.catholiclondon.org) or on the poster at the back of the church.

### Catholic Miracle Rally

The *Cor et Lumen Christi* Community is running their annual Miracle Rally from 9th to 10th July at Friends House in Euston. Speakers for the Event include Archbishop Kevin McDonald, Fr Patrick Collins, lecturer at All Hallows Dublin, Fr Joseph Edattu, Director of the Divine Retreat Centre Ramsgate, and Fr Columba Jordan CFR.

### Relics of St Bernadette coming to tour UK



The relics of St Bernadette of Lourdes, currently in the Upper Basilica in Lourdes, will be touring Britain in the Autumn. The tour will start in Westminster Cathedral where the relics

will be from 3<sup>rd</sup> to 5<sup>th</sup> September. We await further details from the diocese, but we will certainly be organising a pilgrimage to venerate these relics from our parishes. Watch this space.

## Parish News

### Weekly Catechesis Leaflets

Leaflet 6 is published this week — **Sacred Scripture and Tradition**. This addresses important facts about Sacred Scripture. As is obvious, it should not all be taken literally (eg world created in 6 days), but how should we interpret scripture, and how do we know what is the right interpretation? This leaflet looks at some of these issues.

### Pentecost Celebration

Today (5th June) after the 11:30 Mass at Harrow Road, we will have a feast to celebrate Pentecost and the Queen's platinum jubilee. All are invited to this feast, and I thank all those who have worked hard to make it happen. The Lighthouse Community Church, who use our hall, will also join us and help celebrate with their wonderful gospel singing.

### Call for Catechists

The feast of Pentecost is an appropriate reminder that all of us, through our baptism, are called and instructed to tell the world about the good news of our salvation by Jesus. But how do we learn about the details of what we believe? Much of this is through the formal catechesis of those being prepared to receive one of the sacraments.

With Covid and people moving away, I have been left with one catechist helping me prepare our teenagers for confirmation,

and two helping prepare children to receive their first Holy Communion. Currently I have no help in preparing adults to be received into the church, or prepare adults for confirmation (who missed out as teenagers). In addition I have no help in preparing parents asking for baptism of their children. Very few fully understand the nature of this great gift. I would also love to offer a marriage preparation course in this parish, for couples getting married.

But I know the reaction of many will be that you do not feel qualified to be able to do this. But have no fear—the diocese is offering a total of 17 short courses covering all aspects of catechesis. They are either two 90 minute sessions or 3 hours on a Saturday.

**Please pray and ask the Lord whether he is calling you to offer this service.** And then see me—You will not be left alone; catechesis is best done in at least pairs—Jesus sent them out in pairs! - and I will always be involved to help.

## Pope Francis' Prayer Intention for June 2022

### For families



Future generations depend on the leadership found in the home, and the values and love they receive there. As parents, grandparents, aunts and uncles, it is our job to teach our children about the values that they will use to guide their own lives.

This requires a lot of work because not only do we have to directly teach these values to our children, but our children will look to us as role models. Our children will notice if we do not behave in the same way that we expect of them. This month Pope Francis invites us to join in his prayer intention for June, "**We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.**"

## Funeral Notices

The Reception and Anglican Funeral Service of the late **Zacharia Herbert** will take place on **Friday 17 June at 11:15 am, at Our Lady of Lourdes Church,** followed by Internment at St Mary's Cemetery.

The Requiem Mass with the Ashes of the Late **Josephine Francois** will take place at **Our Lady of Lourdes Church** during week 20th June (Date to be confirmed) followed by internment of ashes at Kensal Green Cemetery

The Reception and Requiem Mass of the late **Leon James** will take place on **Friday 24th June at 11:00 am, at Our Lady of Lourdes Church,** followed by Internment at Gunnersbury Cemetery.

The Reception and Requiem Mass of the late **Mrs Maria Clark** will take place on **Monday 27th June at 11:30 am, at Our Lady of Sorrows Church,** followed by committal at West London Crematorium.