

Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
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Also in Residence (for advanced studies)
Fr Daniel Isah

Harrow Rd Office

Parish Administrator: Mrs Jennifer Ellis
Office Hours: Mon & Friday 9 - 3 pm
Tel No: 020 7286 2170
E-mail: harrowroad@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Paddington Office

Parish Administrator: Mrs Mandy O'Sullivan-Whitting
Office Hours; Thursday 10 - 2 pm
Tel No: 020 7286 2672
E-mail: paddington@rcdow.org.uk
Website: parish.rcdow.org.uk/paddington

Mass Times

Monday: 10:00 am (Harrow Road)
Tuesday: 10:00 am (Paddington)
Wednesday: No Mass
Thursday: 10:00 am (Paddington)
Friday: 10:00 am (Harrow Road)
Saturday: 10:00 am (Paddington)
6:00 pm (Harrow Rd)
Sunday: 9:30 am (Paddington)
11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and both Saturday
Masses

Confessions

During periods of exposition of the Blessed
Sacrament, and on request.

Sunday Readings

Parish Mass Book—page 129.
Jon 3:1-5, 10; ! Cor 7:29-31; Mk 1:14-20.

Parishes of
OUR LADY OF LOURDES & ST VINCENT DE PAUL
(HARROW RD)

and

OUR LADY OF SORROWS, (PADDINGTON)

JANUARY - MONTH OF THE HOLY NAME OF JESUS

21ST JANUARY 2024

3ND SUNDAY IN ORDINARY TIME — YEAR B

Change of Heart



“Wanted:- Men and women willing to leave behind their old way of life and become fishers of men.”

Can you see job applicants queuing round the block? Would we respond to Jesus' call with the same immediacy as those first disciples? Probably not! A hundred and one questions would hold us back. What is the 'Job Description'? What would being a disciple involve? Would we be up to the job? What would we have to leave behind? What would we have to give up? Would part time discipleship be okay ... after all we've got lots else to do! Would candidates be permitted to serve two masters, giving up one's own agenda is surely too much to ask!

There would be lots of questions we would ask, but sadly no easy answers. There is no one answer that is right for everybody. But the one important message for us today is that discipleship usually means a major shift in direction; a change that involves leaving behind things that get in the way of our relationship with God. The choice we make has consequences, and we need to ask ourselves 'what stands in the path of my new direction?' Our new direction has to start with some good hard soul searching, and a change of heart.

Conversion of St. Paul—25th January



The great thing that we learn about God is that forgiveness and conversion are possible for all of us. Paul is portrayed as the greatest enemy of the earliest followers of Christ, but rather than smite him, or demonise him, Jesus instead takes his gifts of zeal and persuasion, and puts them to work for the Gospel.

An encounter with the risen Lord can do that for any of us. God doesn't give up on Paul, nor does God give up on us.

Mass Intentions for both parishes for week beginning Saturday 20th January 2024

Saturday	6:00 pm	Mary Brennah (Ints)	Sunday	9:30 am	James, Ellen & Jim Barrett (Anniv)
Sunday	11:30 am	People of the Parish	Monday	10:00 am	Medi & Duralid & Wife (RIP)
Tuesday	10:00 am	-	Wednesday	10:00 am	No Mass
Thursday	10:00 am	-	Friday	10:00 am	Ann & Gerry Forgal (Ints)
Saturday (27.1)	10:00 am	People of the Parish	Saturday	6:00 pm	People of the Parish
Sunday (28.1)	9:30 am	Irene Gabrielle Barry (Anniv)	Sunday	11:30 am	Michael & Aaglina (RIP)

Diocesan News

The only Catholic Parish in Gaza. In the last few days Cardinal Nichols has heard directly, via Zoom, from the Parish Priest of the Church of the Holy Family in Gaza City (which he visited last year) and from the CEO of the Latin Patriarchate. The situation they face is grave and most demanding. He was told that there are still 600 people sheltering and being cared for in the parish compound, together with over 50 seriously disabled and vulnerable children. Water and food can be bought in the local markets at much inflated prices. With the damage inflicted on this site some time ago now, cooking hot meals is only possible three times a week. The parish is also providing for 200 people in the Orthodox property as well as for local Muslim neighbours. The Patriarchate is able to get funding to the parish leadership to provide food etc to many in the West Bank.

Our Finance Office can get money to the Patriarch, and the Cardinal has asked us to make a collection. I will add an option to our contactless machine, and will make collection.

Retrouvaille in England and Wales is a lifeline for Troubled Marriages. Retrouvaille is a programme designed to help heal and renew marriages. The word Retrouvaille simply means rediscovery. Rediscover yourself, your partner, and a loving relationship in your marriage. For further information including details of programmes taking place in the New Year please visit:

<http://www.retrouvaille.org.uk/>

Parish News

Mary's Meals thank you for your most generous donation at last Sunday's appeal. You donated £453.38 in cash and £390 by credit card; a total of £843.38. An absolutely amazing amount enough to feed 44 children one good meal every school day for a whole year!

Annual Mass of Our Lady of Lourdes. On **Saturday 10th February 2024**, 2.30pm, Cardinal Vincent will celebrate the Annual Mass of Our Lady of Lourdes **at the Cathedral**, during which anointing of the sick will be offered. Those asking for anointing will require tickets. Please let Fr Michael know if you require a ticket, and which type—there are three

categories:

1. Wheelchair users who require anointing.
2. Walking sick who require anointing.
3. Those assisting the sick, who **do not** require anointing.

I need information by the beginning of February, so that I can give you your tickets during the weekend of 3rd/4th February.

Red Caps: They require red cap volunteers to assist with welcoming, the processions, anointing of the sick and collections. Be at the Cathedral at 1:30 pm to have your role allocated.

Do You Create Unity?

"We must all ask ourselves: How do I let myself be guided by the Holy Spirit in such a way that my life and my witness of faith are both unity and communion? Do I convey the word of reconciliation and of love, which is the Gospel, to the milieu in which I live? At times it seems that we are repeating today what happened at Babel: division, the incapacity to understand one another, rivalry, envy, egoism. What do I do with my life? Do I create unity around me? Or do I cause division by gossip, criticism, or envy? What do I do? Let us think about this. Spreading the Gospel means that we are the first to proclaim and live the reconciliation, forgiveness, peace, unity, and love that the Holy Spirit gives us."

—Pope Francis, *The Church of Mercy*

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you should be in agreement and that there should be no divisions among you, but that you should be united in the same mind and the same purpose. *1 Corinthians 1:10*

From Manney, Jim. *An Ignatian Book of Days* (p. 24). Loyola Press.

Funeral Notices

The Reception and Rite of Committal for Cremation of the late **Ian Patrick Bernard** will take place at **West London Crematorium** on **Friday 26th January at 12:15 pm.**

The Reception and Requiem Mass of the late **Carlos Teixeira Da Arrochela Lobo** will take place on **Thursday 1st February at 11:00 am** at the church of **Our Lady of Lourdes, Harrow Rd**, followed by burial at St Mary's Cemetery.

The Reception and Requiem Mass of the late **Albert Shillingford** will take place on **Thursday 8th February at 11:15 am** at the church of **Our Lady of Lourdes, Harrow Rd**, followed by burial at St Mary's Cemetery