

Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
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Also in Residence (for advanced studies)
Fr Daniel Isah

Harrow Rd Office

Parish Administrator: Mrs Jennifer Ellis
Office Hours: Mon & Friday 9 - 3 pm
Tel No: 020 7286 2170
E-mail: harrowroad@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Paddington Office

Parish Administrator: Mrs Mandy O'Sullivan-Whitting
Office Hours; Thursday 10 - 2 pm
Tel No: 020 7286 2672
E-mail: paddington@rcdow.org.uk
Website: parish.rcdow.org.uk/paddington

Mass Times

Monday: 10:00 am (Harrow Road)
Tuesday: 10:00 am (Paddington)
Wednesday: No Mass
Thursday: 10:00 am (Paddington)
Friday: 10:00 am (Harrow Road)
Saturday: 10:00 am (Paddington)
6:00 pm (Harrow Rd)
Sunday: 9:30 am (Paddington)
11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and both Saturday
Masses

Confessions

During periods of exposition of the Blessed
Sacrament, and on request.

Sunday Readings

Parish Mass Book—page 132.
Deut 18:15-20; 1 Cor 7:32-35; Mk 1:21-28.

Parishes of
OUR LADY OF LOURDES & ST VINCENT DE PAUL
(HARROW RD)

and

OUR LADY OF SORROWS, (PADDINGTON)

JANUARY - MONTH OF THE HOLY NAME OF JESUS

28TH JANUARY 2024

4TH SUNDAY IN ORDINARY TIME — YEAR B

Lessons to be Learned

How many people, years after their driving test can still hear their driving instructor loud and clear in their mind's ear every time they take a corner. "Slower.... Slower.... Slower... Whoa! Slow it right down!"

A good teacher is very powerful. The words of a good teacher are with us forever. A good teacher opens up our eyes and helps us to understand. A good teacher adds something to our world and changes us forever.

Today Mark tells us how Jesus went into the synagogue and began to teach. He tells us how amazed the people were at how he taught and at the authority in his teachings. His authority was powerful enough to expel demons even. You'll notice that Mark doesn't tell us what Jesus taught but only how he taught and the impression he made. He taught in a way that was to change all our lives. It is testament to his skill as a teacher that news of him spread quickly over the whole region of Galilee.

We do not have the benefit of listening first hand to Jesus' teaching, but it is testament to his authority that we still read his words twenty centuries after he spoke them. There are still demons in our lives, and Jesus' teaching still has the authority to drive them out. There are still lessons to be learned for those who believe Jesus can add something to our world and change us forever.

Presentation of the Lord—February 2nd

Simeon had waited all his life to see Jesus. The Holy Spirit had promised him that he would live long enough. When Mary and Joseph presented the baby at the temple, Simeon said, "Now, Lord, you have kept your promise, and you may let your servant go in peace. With my own eyes I have seen your salvation, which you have prepared in the presence of all peoples."

Seeing Jesus satisfied Simon's life. We are prompted to ask what would satisfy us in our lives. Is the weekly encounter with Jesus at Mass sufficient for us? Can there be any other goals that we think worth a lifetime of waiting, as Simeon's was?

Mass Intentions for both parishes for week beginning Saturday 27th January 2024

Saturday	6:00 pm	People of the Parish	Sunday	9:30 am	Irene Gabrielle Barry (Anniv)
Sunday	11:30 am	Michael & Aaglina (RIP)	Monday	10:00 am	Augustine Thomas (Ints)
Tuesday	10:00 am	Mateo Quintero (Bday)	Wednesday	10:00 am	No Mass
Thursday	10:00 am	Anthony Steven (Anniv)	Friday	10:00 am	Bridget Powell (Ints)
Saturday (3.2)	10:00 am	-	Saturday	6:00 pm	Maureen Jarmulowicz (Anniv)
Sunday (4.2)	9:30 am	Stanislaus Megueu (anniv)	Sunday	11:30 am	People of the Parish

Diocesan News

Racial Justice Sunday

Seeing one another in the life of the Church - 28th January 2024.

Racial Justice Sunday is the day the Church focuses on the need to oppose racism and pursue racial justice with renewed vigour. Racial harmony works best when we have a shared experience. When we have a shared experience, we stop seeing differences and see similarities instead. On this Racial Justice Sunday we are invited to see Catholicism as that shared experience. In particular we are invited to look to our Catholic saints around the globe and celebrate their heroic deeds.

World Day of Consecrated Life - 2nd February 2024 .

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples.

Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

Parish News

The only Catholic Parish in Gaza. As announced last week, Cardinal Nichols has made an appeal, after talking (via Zoom) to the Parish Priest of the Church of the Holy Family in Gaza City, to help the 600 people sheltering and being cared for in the parish compound, together with over 50 seriously disabled and vulnerable children. Water and food can be bought in the local markets at much inflated prices. The Patriarchate is able to get funding to the parish leadership to provide food etc to many in the West Bank.

As you leave mass you can make a donation to the Catholic Parish in Gaza.

Annual Mass of Our Lady of Lourdes.

On **Saturday 10th February 2024**, 2.30pm, Cardinal Vincent will celebrate the Annual Mass of Our Lady of Lourdes **at the Cathedral**, during which anointing of the sick will be offered. Are there any more requiring tickets? There are three categories:

1. Wheelchair users who require anointing.
2. Walking sick who require anointing.
3. Those assisting the sick, who **do not** require anointing.

Please give your name and ticket type to Fr Michael so he can order ticket for next week.

Red Caps: They require red cap volunteers to assist with welcoming, the processions, anointing of the sick and collections. Be at the Cathedral (Saturday 10th February) at 1:30 pm to have your role allocated.

Feast of St Blaise—The Blessing of Throats - 3rd February. Saint Blaise was the bishop of Sebaste in Armenia during the fourth century. According to various accounts he was a physician before becoming a bishop. His cult spread throughout the entire Church in the Middle Ages because he was reputed to have miraculously cured a little boy who nearly died because of a fishbone in his throat. From the eighth century he has been invoked on behalf of the sick, especially those afflicted with illnesses of the throat. In a ritual dating back to the 17th century, the blessing was originally made by touching the throat with two crossed candles. There will be blessing of throats after the Saturday morning Mass in Paddington.

Funeral Notices

The Reception and Requiem Mass of the late **Carlos Teixeira Da Arrochela Lobo** will take place on **Thursday 1st February at 11:00 am** at the church of **Our Lady of Lourdes, Harrow Rd**, followed by burial at St Mary's Cemetery.

The Reception and Requiem Mass of the late **Albert Shillingford** will take place on **Thursday 8th February at 11:15 am** at the church of **Our Lady of Lourdes, Harrow Rd**, followed by burial at St Mary's Cemetery