

## Presbytery

337 Harrow Road, London, W9 3RB  
Tel: 020 7286 2170

## Parish Priest

Fr. Michael Jarmulowicz  
michaeljarmulowicz@rcdow.org.uk

Also in Residence (for advanced studies)  
Fr Daniel Isah

## Harrow Rd Office

Parish Administrator: Mrs Jennifer Ellis  
Office Hours: Mon & Friday 9 - 3 pm  
Tel No: 020 7286 2170  
E-mail: harrowroad@rcdow.org.uk  
Website: parish.rcdow.org.uk/harrowroad

## Paddington Office

Parish Administrator: Mrs Mandy O'Sullivan-Whitting  
Office Hours; Thursday 10 - 2 pm  
Tel No: 020 7286 2672  
E-mail: paddington@rcdow.org.uk  
Website: parish.rcdow.org.uk/paddington

## Mass Times

Monday: 10:00 am (Harrow Road)  
Tuesday: 10:00 am (Paddington)  
Wednesday: No Mass  
Thursday: 10:00 am (Paddington)  
Friday: 10:00 am (Harrow Road)  
Saturday: 10:00 am (Paddington)  
6:00 pm (Harrow Rd)  
Sunday: 9:30 am (Paddington)  
11:30 am (Harrow Rd)

## Stations of the Cross

Fridays of Lent—10:30 am (At Harrow Rd)  
7:00 pm (At Paddington)

## Eucharistic Adoration

One hour before weekday and Saturday Masses.

## Confessions

During periods of exposition of the Blessed Sacrament, and on request.

## Sunday Readings

Parish Mass Book—Page 162

2 Chr 36:14-16,19-23; Eph 2:4-10; John 3:14-21.

Parishes of  
**OUR LADY OF LOURDES & ST VINCENT DE PAUL**  
(HARROW RD)

and

**OUR LADY OF SORROWS, (PADDINGTON)**

**MARCH - MONTH OF THE ST JOSEPH**

**17<sup>TH</sup> MARCH 2024**

**5<sup>TH</sup> SUNDAY IN LENT (YEAR B)**

## Unless A Grain of Wheat Falls



'Eat drink and be merry ....for tomorrow we die.'

In a life or death situation, human nature would always prompt us to hold on to life no matter what the consequences, but in today's gospel a grain of wheat is used to teach us a valuable lesson. The selfless grain of wheat falls and dies to

enable a fresh harvest. What point is there in choosing life, if that life boils down to nothing more than self preservation? On the other hand, what great value death is, if that sacrifice gives others life.

Many of us fail to understand why Jesus perceived the necessity of going to Jerusalem where he knew he would die. Wouldn't it have made more sense for him to bypass Jerusalem and carry on teaching into his old age? Jesus however, isn't about to compromise his purpose.

Jesus determines to give his life so others can find true life. This is what Christianity is all about. Jesus teaches us that we must 'die to self' before we can be of any use to God. Letting one's own ambition die to be replaced by God' plans for us? 'Dying to self'? Could we be blamed for not feeling enthused? How many of us really see the wisdom in ditching our own exciting life plans to go around being holy? Perhaps we need to think again about how exciting our ambitions really are.

Perhaps sacrificing our own agenda and recognising God's plan in our lives could be the best and most exciting thing that ever happened to us. Perhaps sacrificing something of ourselves for a greater purpose could put us in touch with who we really are.

The old adage "Eat drink and be merry for tomorrow we die"

*(Continued overleaf)*

## Mass Intentions for both parishes for week beginning Saturday 16<sup>th</sup> March 2024

Saturday	6:00 pm	People of the Parish	Sunday	9:30 am	-
Sunday	11:30 am	Daniel Sheehan (RIP)	Monday	10:00 am	-
Tuesday	10:00 am	-	Wednesday	No Mass	
Thursday	10:00 am	-	Friday	10:00 am	Jamie Carlos A Loba (RIP)
Saturday (23.3)	10:00 am	-	Saturday	6:00 pm	Mary Kinsella (Ints)
Sunday (24.3)	9:30 am	-	Sunday	11:30 am	Leney O De Restrepo (Ints)

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epitomizes everything that as Christians we should **not** aspire to!

### **St Joseph Husband of Mary. 19th March.**



Joseph was wholeheartedly obedient to God .... In marrying Mary, in naming Jesus, in shepherding the precious pair to Egypt, in bringing them to Nazareth, in the undetermined number of years of quiet faith and courage. The Bible pays Joseph the highest compliment in calling him a “just” man. This just man lived his life by faith, seeking to do good in every concrete circumstance of life .... a model for fathers everywhere.

### **Diocesan News**

**Chrim Mass.** On **Tuesday 26th March at 12:00 noon in Westminster Cathedral.** At this Mass the Cardinal consecrates all the sacred oils which will be used in our parishes during the year. (The oils from last year are burned at the Easter Vigil when we light the new Paschal Candle) All the priests of the diocese attend and we renew our priestly promises during the Mass. The Cardinal also asks at this Mass for the laity to pray for him and the priests. All are welcome to come to this mass.

### **Parish News**

**We Dare to Say.** Our last session is this Monday at **7:00 pm.** Tea, Coffee and Biscuits will be available during these reflections.

**Stations of the Cross.** On **Friday, at 10:30 am** (after 10:00 am Mass) at **Our Lady of Lourdes, Harrow Road** and at **7 pm** at **Our Lady of Sorrows, Paddington.**

**Parish Merger Consultation.** As previously announced I will be holding an open meeting after the Masses this weekend (Sat 16th & Sun 17th) (At Harrow Rd in the Parish Hall, At Paddington in church). All who wish to are invited to attend. I will share the written comments made so far and you can then make further comments. All will be minuted and in due course passed to the Council of Priests and the

Cardinal for their consideration and final decision.

**Freedom in Christ Conference.** We will be hosting a Deliverance Ministry '*Freedom in Christ Conference*' in the Hall at the Church of Our Lady of Lourdes, Harrow Road next weekend.

**Friday (22<sup>nd</sup> March) 7:00 pm to 9:30 p.m.**

**Saturday (23<sup>rd</sup>): 9:30 am to 3:00 pm.**

Join the team in learning how to let go of guilt, shame, anger and feelings of rejection and to receive God's blessings for your life using the Five Keys from the book '*Unbound: A Practical Guide to Deliverance*'.

Jesus came to set us free from the bonds of sin, but many of us are still bound by events in the past, often dating back to childhood. See poster at the back of the church.

We would be grateful if you could register at

<https://wvdq.uk> or by giving me your name – that way we can plan properly knowing numbers.

**Lourdes Pilgrimage 19th- 26th July 2024** – Registration for the Westminster diocesan pilgrimage led by Cardinal Vincent Nichols is now open via the application form on <https://rcdow.org.uk/pilgrimages/lourdes/> or by contacting the Pilgrimage Office on 020 7798 9173. Options to travel by plane, train or coach are available and there are many volunteering opportunities for those wishing to serve. All need to also complete the Medical Form. **All applications to join this year's pilgrimage need to be submitted by Tuesday 30th April.**

Fr Daniel will be coming also. I will be booking to stay at the Alba (where most of the redcaps stay) and will be going by air rather than train.

Redcaps (age 16-25)—please apply to the Catenian Bursary to help fund your trip—last year each applicant received £100. Goto <https://catenianbursary.com/lourdes-awards/> to apply.

**Holy Week Liturgies.** With Fr Daniel here, this year we will be able to offer the Triduum services (Maundy Thursday, Good Friday and Easter Vigil) in both parishes. Please take a leaflet home with all the dates and times of the Holy Week Liturgies. They are available at the back of the church.

**Statue of Our Lady of Lourdes.** (Harrow Rd) I agree that the microphones etc did not sit well around the statue, and I hope parishioners will be happy that the statue has been moved a few feet to the side, so restoring its tranquil ambiance.