Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
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Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday: .....10:00 am (Paddington)
Wednesday: ..... No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday: ..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

Parish Mass Book Page 127

Is 9:1-4, 6-7; 1 Cor 10:13-17;

Matt 4:12-23.

Parish of PADDINGTON NORTH

with the churches of

OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)

and

OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

JANUARY - MONTH OF THE HOLY NAME OF JESUS

25TH JANUARY 2026

THIRD SUNDAY IN ORDINARY TIME (YEAR A).

What Are You Doing With Your One And Only Life?



What if Jesus had asked Peter, Andrew, James and John, " How do see yourself in five years from now?" Do you think they might have replied, "Still fishing for a living, in the same old fishing boats on the same old lake!" Not likely! The early disciples knew exactly where their priorities lay and they understood the urgency of Jesus' ministry. There was a whole world that needed to hear what Jesus had to say and not much to time to complete the job.

What if Jesus levelled the same question at us? "Where do you see yourself in five years time?" Do you see yourself doing the same thing you do right now? Do you see yourself doing the same things day in and day out for the rest of your one and only life? Jesus has a better idea. Jesus asks each of us to be fishers of men. Do we jump to it with the same immediacy as the early disciples or do we hunt for an excuse?

Many of us feel uncomfortable about evangelising. We associate evangelisation with the eccentric or the holier than thou. We associate evangelisation with the man laden with bill boards in the city precinct or the woman handing out leaflets through the crack in the front door. We have a 'live and let live' ethos today that doesn't sit comfortably with trying to persuade others to adopt our own beliefs. Funnily, this wasn't really Jesus' style either.

Being a fisher of men doesn't have to be about notching up conversions. Being a 'fisher of men' is more about making a real difference in the lives of others. Being a disciple of Jesus means attracting others to our lifestyle by our shining example. Being a disciple is most certainly not about being overly holy or wearing sackcloth. Discipleship could be about writing a song or a book, it

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Mass Intentions for week beginning Saturday 24th January 2026

Saturday	6:00 pm	People of the Parish	Sunday	9:30 am	Gwen Johnson (Ints)
Sunday	11:30 am	Fr Patrick Hayward (RIP)	Monday	10:00 am	-
Tuesday	10:00 am	Eileen & Patrick Connole (RIP)	Wednesday	No Mass	
Thursday	10:00 am	Holy Souls	Friday	10:00 am	Antony Tulley (RIP)
Sat (31 Jan)	10:00 am	Samuel Martinet (Ints)	Saturday	6:00 pm	Natalie St Omer (Ints)
Sun (1 Feb)	9:30 am	Jim Johnson (Ints)	Sunday	11:30 am	Robert Ellis (Ints b'day)

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might be about bringing our children up with a conscience or giving an elderly relative somewhere to live. Discipleship might be about starting a meaningful conversation in the local pub, or just being a good friend to someone lonely.

Whatever mode of discipleship we choose, we only have one life left to do it.

Diocesan News

Thanksgiving Mass for the Cardinal. There is a special Mass in thanksgiving for the Cardinal's ministry over his sixteen and more years as Archbishop of Westminster. This is to take place on **Thursday 5 February 2026 at 5.30pm in the Cathedral**. All are welcome.

Annual Mass of Our Lady of Lourdes. On **Saturday 7th of February** there will be **Mass for the Sick at the Cathedral at 2pm**, celebrated by the H.E. Cardinal Vincent Nichols, during which **Anointing of the Sick** will be offered. Those wishing to be anointed need tickets (Free and obtained through parish—so I need your names). Tickets are in three categories:
1. Wheelchair users who require anointing
2. Walking sick who require anointing,
3. Those assisting the sick, who do not require anointing.

Parish News

LAST CALL for online marriage programme.
Does your marriage need some TLC? Need help with communication and trust? Retrouvaille helps marriages. It can bring hope and healing to relationships. **Next date: 12th February 2026**. *www.retrouvaille.org.uk*
Tel: 07887 296983

Mary's Meals would like to thank everyone in the parish for their wonderful generosity last weekend. You donated £1256.95 (including donations from the Maronite community). This will enable Mary's Meals to feed 65 children one good meal every school day for a whole year. Thank you so much for your support, please continue to pray for the work of Mary's Meals. God bless you all.

Papal Award. Next Saturday (31st) **Bishop Jim Curry** will be with us to celebrate the **6pm Mass** at which he will formally invest Patricia McAllister into the Papal Order of St Gregory the Great. This is the highest of the five Papal honours which is given in recognition of her service to the church and society.

Legion of Mary. There will be a meeting for those interested in the Legion after coffee following the 11:30 Mass at Our Lady of Lourdes, and on Tuesday after the 10:00 am Mass at Our Lady of Sorrows.

Peregrinatio Pro Christo. A team of Legionaries (about 10) from Ireland will be visiting our parish from **Saturday 28th March to Saturday 4th April (Holy Week).** The legionaries start the day with Mass and then set out in pairs to visit every home in the parish. They gently invite non-Catholics to consider the Catholic Church and invite non-practicing Catholics to return to the sacraments. **They are looking for accommodation**. If you can offer a room (bed and breakfast) please let Fr Michael know. They will pay £100 for the accommodation. This is part of the mission of the church to re-evangelise. Their approach is gentle with no criticism or judgement. A great number of discussions take place and many barriers are broken down.

We Dare to Ask—Lenten meditations. The bishops' conference are publishing a book for Lent which can be used for individual meditation, featuring five sessions on the theme of our Baptismal Vocation. Each session includes scripture, prayers and a reflection with questions. As we prepare to renew our baptismal promises at Easter, let us explore the depth of what baptism truly means. Books will cost £4. Please let Fr Michael know so we can order the correct number of copies. A free PDF version will also be available.

Marriage Matters

(www.marriagecare.org.uk)

Third Sunday in Ordinary Time

(Isaiah 8:23-9:3; 1 Cor 1:10-13, 17; Matt 4:12-23)

God has a stake in our marriage

Today, we see two aspects of God's plan for our marriage: '… (I will make) their joy increase' (Isaiah) and 'I will make you fishers of men' (Matthew). God wants us to make our love for each other as close to Jesus' love for us as possible, that all whose lives we touch might experience how much God loves them.

Funeral Notices

The Reception and Requiem Mass for the late **Thelma Charlemagne** will take place on **Tuesday 27th January at 11:00 am** at the church of **Our Lady of the Holy Souls, Bosworth Rd**,(NB Our adjacent parish church)
followed by internment at Kensal Green Cemetery**.**