Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
michaeljarmulowicz@rcdow.org.uk

Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday:.....10:00 am (Paddington)
Wednesday: ..... No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday: ..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

Parish Mass Book Page 133

Is 58:6-10; 1 Cor 2:1-5;

Matt 5:13-16.

Parish of PADDINGTON NORTH

with the churches of

OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)

and

OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

FEBRUARY - MONTH OF THE HOLY FAMILY

8TH FEBRUARY 2026

FIFTH SUNDAY IN ORDINARY TIME (YEAR A).

Come in Procession!

On 11th February we celebrate the 34th World Day of the Sick, for which Pope Leo XIV has chosen the theme: "*The compassion of the Samaritan: loving by bearing the pain of the other*". The World Day of the Sick, established by St. John Paul II in 1992, is a special moment of prayer and reflection for the entire Church to recognise the face of Christ in our sick and vulnerable brothers and sisters. Focusing on the Gospel figure of the Samaritan who cares for the man who fell into the hands of thieves, we are reminded of our call to love our neighbour. Like the Good Samaritan that bent down to help the injured man along the road, the Christian community is also called to stop and help those who suffer and be evangelical witnesses of closeness and service to the sick and most vulnerable.

One of the ways in which we do this in our diocese, is through supporting the sick and the vulnerable on our diocesan pilgrimage to Lourdes each summer. In doing this we are answering the call of Our Lady to St Bernadette to encourage people to go to Lourdes in procession. We are also following the example of pilgrims who for nearly 170 years have travelled to this great shrine where so many have received healing and discovered God's love.

In 2023, the 71st healing to be proclaimed a miracle was that of the pilgrim from Liverpool, Jack Traynor, whose catastrophic injuries from World War One were miraculously healed during a visit to the grotto. Many other healings, although less dramatic, have had an enormous impact on the lives of so many, and this is a good news story we should want to share.

Travelling with the diocesan pilgrimage is also an opportunity for all of us to discover more about the Westminster Diocese, and the opportunities we have to love our neighbour not only on pilgrimage but also when we return home. The pilgrimage this year takes place on **17th-24th July 2026**. If you are interested in joining our pilgrimage as a volunteer, a

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Mass Intentions for week beginning Saturday 7th January 2026

Saturday	6:00 pm	Mary Brennan (Ints)	Sunday	9:30 am	Graeme Porteous (Anniv)
Sunday	11:30 am	People of the Parish	Monday	10:00 am	Cecil Elie (Bday Ints)
Tuesday	10:00 am	People of Parish	Wednesday	No Mass	
Thursday	10:00 am	In honour of the wound on Right Shoulder of Jesus	Friday	10:00 am	Stephen Ituy (Ints)
Sat (14 Feb)	10:00 am	Nubia Cardona (Anniv)	Saturday	6:00 pm	Breda & Michael Curran (Ints)
Sun (15 Feb)	9:30 am	Hannah Ngobeh (RIP)	Sunday	11:30 am	John & Grace Ekechukwu (RIP)

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member of our medical team, a praying pilgrim or an assisted pilgrim, or if you feel you are able to support others to go to Lourdes in 2026, please do go to *https://rcdow.org.uk/pilgrimages/lourdes/* or contact the pilgrimage office on 0207 798 9173 for further details.

Diocesan News

Solemn Vespers Westminster Cathedral—Friday 13th February 5:30 pm. This event, at which the Archbishop-elect Richard Moth will preach is open to all. No tickets required. Unfortunately the installation of the new Archbishop on Saturday is a ticket only event, but it will be live streamed on the Cathedral website: *www.westminstercathedral.org.uk.*

Installation of New Archbishop. Saturday 14th February at 12:00 noon. Unfortunately admission to the Cathedral for the Installation Mass is by ticket only, but the mass will be live streamed on the Cathedral website.

Westminster Diocesan Pilgrimage to Lourdes 17th – 24th July 2026. Registration is now open at *https://pilgrimages.rcdow.org.uk/registration-form/* or via the Pilgrimage Office on 0207 798 9173. If you would like to sponsor or fundraise for an Assisted Pilgrim, member of the medical team or volunteer then please also contact the Pilgrimage Office for further details.

Advance Notice: Annual Mass of Thanksgiving for the Sacrament of Matrimony: Westminster Cathedral, Saturday 23rd May 2026 at 2:30pm.

The Archbishop is inviting to this Mass all couples in the Diocese, who are celebrating their **5**th **10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** wedding anniversary of Catholic marriage in 2026. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and contact email (or telephone number, if no email).

Parish News

Bishop Jim Curry. Bishop Jim is sorry that he was not able to come last week. He is now recovered and is happy to be celebrating the Good Friday Liturgy with us here at Our Lady of Lourdes Church, Harrow Road.

Peregrinatio Pro Christo. A team of Legionaries (about 10) from Ireland will be visiting our parish from **Saturday 28th March to Saturday 4th April (Holy Week).** The legionaries start the day with Mass and then set out in pairs to visit every home in the parish. They gently invite non-Catholics to consider the Catholic Church and invite non-practicing Catholics to return to the sacraments. **They are looking for accommodation**. If you can offer a room (bed and breakfast) please let Fr Michael know. They will pay £100 for the accommodation. This is part of the mission of the church to re-evangelise. Their approach is gentle with no criticism or judgement. A great number of discussions take place and many barriers are broken down.

We Dare to Ask—Lenten meditations. A small number of books have been ordered for the repository. Price is £4 each. A free PDF version will also be available. See Fr Michael with USB stick to get free download of the 52 page booklet.

Lourdes Pilgrimage—sick pilgrims. Do you know of any sick parishioners who would like to go to Lourdes, but would need medical / nursing care? If so please let Fr Michael know ASAP, so that a member of the medical team can visit to do an assessment.

Marriage Matters

(www.marriagecare.org.uk)

Fifth Sunday in Ordinary Time

(Isaiah 58:7-10 1 Corinthians 2:1-5 Matthew 5:13-16)

Unity is the key

When we married, a new flame was lit in our Church, signified by the lighting of a new candle as we made our vows and became "Little Church" together. Now, as we think of our life up to now, we can see how our love has been reflected on to our children, our family and our Church community.

Funeral Notices

The Reception and Requiem Mass for the late **Marie Dowe** will take place on **Thursday 12th March at 11:30 am** at the church of **Our Lady of Lourdes, Harrow Rd** followed by internment at St Mary's Cemetery**.**