Presbytery

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Parish Priest

Fr. Michael Jarmulowicz
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Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

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Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday: .....10:00 am (Paddington)
Wednesday: No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday: ..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

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Genesis 2:7-9, 3:1-7; Romans 5:12-19;
Matthew 4:1-11.

Parish of PADDINGTON NORTH

with the churches of
OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)
and
OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

FEBRUARY - MONTH OF THE HOLY FAMILY
22ND FEBRUARY 2026
FIRST SUNDAY IN LENT (YEAR A).

The Devil's Attention.



Do we sometimes feel that temptation never comes our way? Maybe is it that we are not worth the devil's attention? Do we think of temptation as something that will lead us into a life of crime or immorality? The truth is that temptation is simply anything that threatens to take us away from God. If temptation never seems to come our way, perhaps it's because we are not trying to be close to God in the first place.

Many of us fail to recognise temptation, and the reason is that we don't really know who we are or what we're about. It's surprising that we can get far on in years without being about to answer simple questions like "What am I doing for God?" "How would I like to be remembered?" The reason we struggle with questions like these is because as human beings we are governed hugely by self-interest. Self-interest is essential for survival and it's in all of us, but as Christians we need to put self-interest on a back burner and put in the time and effort into defining who we really would like to be. Once we have achieved this, then the devil's temptations are suddenly crystal clear. After all, we can't be tempted away from our path in life if we've no idea what our path in life is. If we have no plan, we are hardly worth the devil's attention.

When we choose to give up something this Lent, perhaps it should be something that reflects the path we have chosen and the temptation we are trying to transcend. If we decide to avoid certain foods, with the intention of losing weight, God won't be hugely impressed and the devil won't be remotely interested. But

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Mass Intentions for week beginning Saturday 21st February 2026

Saturday	6:00 pm	Michael Connolly (RIP Anniv)	Sunday	9:30 am	James & Eilen Barrett (Anniv)
Sunday	11:30 am	John McHugh (Anniv Ints)	Monday	10:00 am	Rosh McConnon (RIP)
Tuesday	10:00 am	-	Wednesday	No Mass	
Thursday	10:00 am	-	Friday	10:00 am	All Souls
Sat (28 Feb)	10:00 am	Samuel Martinet (Ints)	Saturday	6:00 pm	People of the Parish
Sun (1 Mar)	9:30 am	Jane & Dennis Kiely & Maurice Geary	Sunday	11:30 am	Roy Joseph (for change of heart)

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if we fast because we have identified that it is stopping us from doing some important work of God's making, our Lenten journey will take on a life changing significance. Jesus gives us an important clue; "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" When we make our daily choices ask, "Is this about me.... or is it about God?"

Parish News

Lent Stations of the Cross. During Lent we will have the stations of the Cross on Fridays, at **Our Lady of Lourdes Church, Harrow Road, after the 10:00 am Mass**, and at **Our Lady of Sorrows, Paddington, at 7:00 pm**.

Lent Family Fast Day is this coming **Friday 27th February.** Our support of this Fast Day will help our neighbours grow enough food to eat.
Around the world – despite farmers' best efforts – crops are failing and families are going hungry - but there is hope and there is a solution.
In South Sudan and Bangladesh, devastating floods are destroying farmland but - thanks to the extraordinary generosity of the Catholic community at Fast Days - our local partners have been helping families to develop ingenious solutions like floating gardens that can grow food above floodwaters.
In Zimbabwe, where rain is scarce, with the help of our local experts, farmers have turned dry ground into fertile land by using drought-resistant crops and helping build solar-powered water pumps. As one farmer said: "A good neighbour is someone who can help me in periods of need."
In God's eyes, we are one global family, called to be neighbours. Our parish's support this Family Fast Day will mean more of our neighbours can put food on the table.
So please take an envelope from the back of the church and return it next week.

Westminster Diocesan Pilgrimage to Lourdes 17th – 24th July 2026. Registration is now open at *https://pilgrimages.rcdow.org.uk/registration-form/* or via the Pilgrimage Office on 0207 798 9173.
Fr Michael has booked into the *Alba* Hotel, the hotel in which the Redcaps will be staying, as we will have a number from our parish. Our Group is 'Paddington North Parish'. A number of adults have asked if they could volunteer to help in Lourdes—the answer is **YES**, and more are required.

We Dare to Ask—Lenten meditations. There are still 8 books in the repository. Price is £4 each. A free PDF version will also be available. See Fr Michael with USB stick to get free download of the 52 page booklet.

Lourdes Pilgrimage—sick pilgrims. Do you know of any sick parishioners who would like to go to Lourdes, but would need some medical or nursing care support? The diocesan pilgrimage has a team of doctors and nurses who can provide that support at the St Frai. If you know of any such friend / or family who would love to go then please let Fr Michael know ASAP, so that a member of the medical team can visit to do an assessment. In Lourdes priority is given to the sick.

Archbishop Richard Moth (our new archbishop) is keen to get to meet the people of the diocese. He has specifically requested that parishioners know about the masses he will celebrate across the diocese, to which are all most welcome to attend. The Mass for the Western Deaneries (that's us) in on **Thursday 26th February at 6:30 pm at St Benedict's Ealing Abbey**, Marchwood Crescent, Ealing, London W5 2DZ.

Marriage Matters

(www.marriagecare.org.uk)

First Sunday of Lent

(Genesis 2:7-9; 3: 1-7. Romans 5:12-19. Matthew 4:1-11)

Avoid independence

Today, both Eve and Jesus are tempted to become independent, to turn away from the love of God. In marriage, we can think we have a right to fulfil our own desires without considering our partner, but we need to share these deepest hopes and dreams, and be prepared to hear the impact on our loved one and our relationship.

Funeral Notices

The Reception and Requiem Mass for the late **Marie Dowe** will take place on **Thursday 12th March at 11:30 am** at the church of **Our Lady of Lourdes, Harrow Rd** followed by internment at St Mary's Cemetery**.**