Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
michaeljarmulowicz@rcdow.org.uk

Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday: .....10:00 am (Paddington)
Wednesday: No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday: ..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

Parish Mass Book Page 164

1 Samuel 16:1,6-7,10-13; Ephesians 5:8-14; John 9:1-41.

Parish of PADDINGTON NORTH

with the churches of
OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)
and
OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

MARCH - MONTH OF ST JOSEPH
15TH MARCH 2026
FOURTH SUNDAY IN LENT (YEAR A).

Insights



Today Jesus cures a man who has been blind from birth, but it is not the blindness of the man himself that is central to this story but the blindness of those around him. The Pharisees are pretty sure they know who Jesus is and they are fairly certain that he is not of God. Consequently, they are completely non-plussed by Jesus' miracle. They question the cured man over and over as though seeking some other explanation. The Pharisees are unable to believe the evidence before their eyes. They are just as blind as the blind man once was. They are blind to the truth because they refuse to see it.

Jesus chose to cure the blind man, not simply because he felt a sympathy for him but because he wanted to display how God can work through any one of us. Jesus could see that the blind man would make a persuasive evangelist, and he was right. The cured blind man, unlike his frightened parents, spoke out boldly and persistently first proclaiming Jesus as a prophet, and then as he gained more insight, that this man was the Son of God. Even so, the short-sighted Pharisees were not convinced. Their belief that only Moses could act as spokesperson for God, rendered them totally myopic when it came to Jesus. Perhaps there is a lesson here for all of us. Are we so blinkered in what we believe and how we worship, that we are unable to see the broader picture that would allow our faith to move forwards?

Jesus' miracle and choice of subject teaches that God can work through any one of us. In the circumstances of our lives we can show others how God works. In our skills and talents we too can be evangelists, we just need the vision and a little bit of lateral thinking.

Mass Intentions for week beginning Saturday 14th March 2026

Saturday	6:00 pm	Jim & Rose Byrne (60th Wed Anniv)	Sunday	9:30 am	Alma Laranjo (Ints)
Sunday	11:30 am	Daniel Sheehan (Anniv)	Monday	10:00 am	Sheila John (Sick)
Tuesday	10:00 am	-	Wednesday	No Mass	
Thursday	10:00 am	-	Friday	10:00 am	-
Sat (21 Mar)	10:00 am	Samuel Martinet (Ints)	Saturday	6:00 pm	Mary Kate Curran (Ints)
Sun (22 Mar)	9:30 am	Margaret Mumford (RIP)	Sunday	11:30 am	Private Intention, for Healing.

Diocesan News

Choral Eucharistic Healing Service. **Saturday 21st March at 7:15pm at St Dominic's** - The Rosary Shrine, Southampton Road, NW5 4LB. Prayers for healing from various afflictions (spiritual, moral, physical), with individual benedictions. Accompanied by sacred music.

Learn to Pray | Series. Time: 6-8pm. Date: Tuesday 31st March for 5 weeks; Location: (via Zoom)

Parish News

Evangelism Explosion: The Lighthouse Community is having a day of training in evangelisation this coming **Saturday (21st March)** in our Church hall at Harrow Road, from **10:00 am to 4:00 pm**. Their model / material they use trains people in how to share their faith in Christ boldly, but in loving and natural way. It has produced growth in churches where it has been used. All welcome. See poster at the back of the church.

Maybe we can take a Lesson from St Patrick (feast day on Tuesday). Patrick was a great storyteller, and he had to figure out how to tell his story of faith to an audience that had never heard such a story before. Plus, he had to do it in such a way that people would be inclined to listen and believe. We are in that position today, and Evangelism Explosion is a method relevant to today.

CAFOD thanks you for your generous support last Family Fast Day – (**£373.76**) your kindness is helping families grow food, even in the face of drought and floods. You have shown what it means to love your neighbour this Lent. It's still not too late to donate – including online *cafod.org.uk/envelope*.

Diocesan Lenten Appeal: "Because we are formed in faith, we are sent in love." Our annual Lenten appeal across the diocese supports one shared mission: helping people encounter Christ and live that faith in love and service. Through education, youth and evangelisation, and marriage and family life, the diocese forms hearts, nurtures faith, and strengthens people within our parishes. Through social action, that formed faith reaches outward, ensuring that no one in our communities faces life's hardest moments alone. Your generous support this Lent will enable the Church to continue walking with people at every stage of life and be a visible sign of Christ's love, both within our parishes and among our neighbours. Donate at: *www.rcdow.org.uk/LentenAppeal*.
Alternatively, envelopes are available at the back of the church. Thank you.

History of Mothers' Day (Mothering Sunday)

Unlike Father's day—which is of recent secular origin, Mother's Day has a religious origin dating back to 16th century. 'Mother's Day' is always on the 4th Sunday of Lent (*Laetare Sunday*).

During the sixteenth century, people made a point of going on this day, not to their local church, but to their Cathedral – often called the Mother Church—for us that is Westminster Cathedral. Such visitors were said to have gone, "a-mothering." Often, this was the only time whole families could come together as it was the single day in the year when boys and girls "in service" were allowed to go home. The house-keeper or cook would allow maids to take home a cake they had baked, and the boys could bring eggs or flowers from the hothouse. Walking home through the village, all would pick flowers (a form of "scrumping?") for their mothers and in time this practice dominated and the religious significance of a pilgrimage on this day was lost.

As we remember our mothers today we should remember the religious significance and go "a-mothering". Whatever you do today to honour your mother, don't forget our Heavenly Mother and Holy Mother Church. And to all our mums, thank you and God bless you.

Marriage Matters

(www.marriagecare.org.uk)

Fourth Sunday of Lent

(1 Sam 16:1, 6-7, 10-13 Eph 5:8-14 John 9:1, 6-9,13-17, 34-38)

Stop and see, be aware

God was aware of David's adultery with Bethsheba, Uriah's wife, and how he arranged Uriah's murder to cover his sin. Amid political and business 'cover ups' in today's world, it's important to 'stop and see' – the beauty of nature, the beauty and goodness of your spouse. Don't be too busy to recall the joys you have brought to each other.

Funeral Notices

The Reception and Requiem Mass for the late **Norma Margaret Mann** will take place on **Friday 27th March at 12:45 am** at the church of **Our Lady of Lourdes, Harrow Rd** followed by committal at West London Crematorium**.**