Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
michaeljarmulowicz@rcdow.org.uk

Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday: .....10:00 am (Paddington)
Wednesday: No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday: ..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

Parish Mass Book Page 288

Acts 2:1-11; 1 Corinthians 12:3b-7, 12-13;

John 20:19-23.

Parish of PADDINGTON NORTH

with the churches of

OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)

and

OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

MAY - MONTH OF THE BLESSED VIRGIN MARY

24TH MAY 2026

PENTECOST SUNDAY (YEAR A).

Pentecost

"**COME HOLY SPIRIT**……." **THE HOLY SPIRIT** transformed the apostles from being inward- looking, timid and afraid, to being outward-looking and bold in proclaiming the Risen and Ascended Lord. The Spirit set them on fire: for this reason we sometimes call the Feast of Pentecost the **BIRTHDAY** of the Church.

The Holy Spirit can do the same for us—if we are open and really want to be transformed.

Pope Francis said "The Spirit is the wind pushing us forward, keeping us going, that makes us feel like pilgrims and foreigners and doesn't allow us to get comfortable and become sedentary……

HOPE collects the wind of the Spirit and transforms it into energy".

This Pentecost, pray that we shall all be filled with the Holy Spirit and be full of hope.

How well do we know the Gifts and Fruits of the Holy Spirit?

The Seven Gifts of the Holy Spirit are: **Wisdom, Understanding Counsel, Fortitude, Knowledge Piety Fear of the Lord**.

The Twelve Fruits of the Holy Spirit are: **Charity, Joy, Peace, Patience, Kindness, Goodness, Generosity, Gentleness, faithfulness, Modesty, Self-Control and Chastity**.

Prayer to the Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

V. Send forth your Spirit, and they shall be created.

℟. And You shall renew the face of the earth.

Let us pray: O, God, who taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Holy Spirit

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Mass Intentions for week beginning Saturday 23rd May 2026

Saturday	6:00 pm	People of the Parish
Sunday	11:30 am	-
Tuesday	10:00 am	Michael Arnold (RIP)
Thursday	10:00 am	Charlie Pillai (Anniv)
Sat (30 May)	10:00 am	-
Sun (31 May)	9:30 am	Noel Laranjo (Anniv)
Sunday	9:30 am	People of the Parish
Monday	10:00 am	-
Wednesday	No Mass	
Friday	10:00 am	-
Saturday	6:00 pm	Archie McAllister (RIP)
Sunday	11:30 am	-

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we may be always truly wise and ever enjoy rejoice in his consolations. Through Christ Our Lord. Amen.

Diocesan News

Annual Eucharistic Octave & Central London Corpus Christi Procession: The Diocesan Shrine of the Blessed Sacrament, Corpus Christi, Maiden Lane will be hosting a **Eucharistic Octave from 30th May -7th June**. Organised by several London parishes to celebrate our Eucharistic Lord in the lead up to the Solemnity of Corpus Christi & includes the celebration of Masses in the various Rites of the Church and the *Quarant'Ore* (40 Hours) devotions. The Octave concludes on **Sunday 7th June at 11am** with Mass celebrated by **Bishop Paul Mason**, Bishop for the Armed Forces, followed by the annual Corpus Christi Procession through Central London. See *www.catholiclondon.org* for the full programme

CELEBRATE Trust have produced some engaging resources for the Feast of Pentecost, but specifically an online webinar to support parents of teenagers. '**Raising teenagers in a Catholic Family**' - is a webinar on 2 June with Mike and Alicia Hernon from the Messy Family Project that will support and equip parents and carers.
See *https://www.celebratetrust.org/faith-parenting* for more details and how to book.

Easy Evangelisation. *www.IsItTrue.net* is a new website designed to encourage people to consider joining the Catholic faith. Please consider sharing it with family and friends. It is very instructive about explaining our faith, and will be useful for all us to remind ourselves of many things about our faith that sw have maybe forgotten!

The Life of Christ -The Story Of Jesus, Brought To Life: 16 -20 June 2026.

Discover the wonder of Jesus' life with an unforgettable event for all the family. The Life of Christ is a play like no other, placing you in the middle of an immersive theatre experience. Join over a hundred actors in the stunning grounds of Wintershall Estate as this magnificent story is movingly recreated with authentic detail in an epic open-air production. Watch the Wedding in Cana, the Feeding of the 5000 and the Last Supper unfold before your eyes. It's the perfect day out for families, faith groups, theatre lovers and schools. Tickets can be booked at *https://www.wintershall.org.uk/event/life-of-christ/* Please note that 16th & 17th June are schools only days. There is limited availability on Thursday 18th & Friday 19th June. At present there is availability on Saturday 20th June but please book as soon as possible to avoid disappointment.

Parish News

Walsingham Pilgrimage. The 10th Diocesan Pilgrimage to the Shrine at Walsingham will take place on Saturday 19 September 2026. If you are interested please sign up on the forms at the back of the church, depending on numbers we will either book a coach or look to join with an adjacent parish. (Cost is not known at this stage)

Would you like the Blessings of Our Lady of Fatima in your home? The Legion of Mary is offering a program to bring the Pilgrim Virgin statue to your home. The statue of Our Lady of Fatima will be brought to your home by two members of the Legion. Welcoming prayers and the Rosary will be said. The statue will remain in your home for 1 week. Farewell prayers will be said and the statue then moves to a new home. If interested please sign the sheet at the back of the church.

Marriage Matters

(www.marriagecare.org.uk)

Pentecost

(Acts 2:1-11 1 Corinthians 12:3-7, 12-13 John 20:19-23)

The Spirit works in all sorts of different ways

Years ago, on a Marriage Encounter weekend, we had a real experience of the Spirit working "in all sorts of different ways in different people", not in Church documents, but in real life. We were like the disciples at Pentecost, "filled with joy when they saw the Lord", and we heard our own native language, deep inside each of us.

Funeral Notices

The Reception and Requiem Mass of the late **Dexter Alexander** will take place on **Thursday 25th June at 11:30 am** at **Our Lady of Lourdes Church,** followed by internment at St Mary's Catholic Cemetery.