## Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

## Parish Priest

Fr. Michael Jarmulowicz
michaeljarmulowicz@rcdow.org.uk

Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

## Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

## Mass Times this week

**Monday:.....10:00 am (Harrow Road)**
**Tuesday: .....10:00 am (Paddington)**
**Wednesday: No Mass**
**Thursday: .....10:00 am (Paddington)**
**Friday: .....10:00 am (Harrow Road)**
**Saturday:.....10:00 am (Paddington)**
**..... 6:00 pm (Harrow Rd)**
**Sunday: ..... 9:30 am (Paddington)**
**.....11:30 am (Harrow Rd)**

## Eucharistic Adoration

One hour before weekday and Saturday Masses.

## Confessions

During periods of exposition of the Blessed Sacrament, and on request.

## Mass Readings

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Jeremiah 20:10-13; Romans 5:12-15;

Matthew 10:26-33.

# Parish of PADDINGTON NORTH

**with the churches of**

**OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)**
and
**OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)**

**JUNE - MONTH OF THE SACRED HEART OF JESUS**

**21ST JUNE 2026**

**TWELFTH SUNDAY IN ORDINARY TIME (YEAR A).**

## Courage and Worth

Some people leave their homes and go to work with the poorest of the poor in far flung third world countries … but we are not one of those people. Other people campaign tirelessly for the vulnerable ... but neither are we one of those people. We could go on. But why are not one of those people?

We are capable of doing great things, but most of us don't come anywhere near meeting our God-given potential. We are afraid to step out of the comfort zone of our well-worn lifestyles, jobs and homes. We are afraid of the unknown, of failure, disruption and discomfort. In short, we lack the necessary courage.

In the face of a sometimes hostile and sceptical world, Jesus asks us to have the courage of our convictions and trust in Him. The Church today is built on the courage of those who have refused to compromise their beliefs. Today's gospel urges us to be courageous. "Have no fear of them," Jesus urges us. Why fear those who can make life temporarily uncomfortable when God has our everlasting interests at heart? And what God offers is so much greater than any honour or pleasure we can have here on earth.

Today's gospel teaches us an important lesson; courage is all to do with self-worth. If we feel we are worthless we can easily be intimidated, but if we feel we do have worth, our conviction will lend us real courage. So do we appreciate our worth? Jesus convinces us that even the sparrows that are two a penny have worth in God's eyes, so how much more worth have we? We have an individual worth to God who has counted each and every hair on our heads. We all have great potential. We all have something to offer …. no excuses, no exceptions, but remember, we will only achieve our full potential if we surrender to God and accept his great gifts which the Holy Spirit is willing to pour out on us.

I am conscious of St Thomas More, whose feast day is on Monday. Our diocesan seminary of Allen Hall is built on the site of his home when he was a close friend as well as Chancellor to King Henry VIII (1529 to 1532).

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**Mass Intentions** for week beginning Saturday 20th June 2026

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|---|---|---|---|---|---|
| Saturday | 6:00 pm | Lyra St Omer (Ints) | Sunday | 9:30 am | People of the Parish |
| Sunday | 11:30 am | Rasilia, Nicole & Family (Ints) | Monday | 10:00 am | Marian & Martin (Ints) |
| Tuesday | 10:00 am | Allison Cosgrove (RIP) | Wednesday | No Mass | |
| Thursday | 10:00 am | Sharon Eusebe (Anniv) | Friday | 10:00 am | - |
| Sat (27 Jun) | 10:00 am | Patricia Abisoye Martins (B'day) | Saturday | 6:00 pm | People of the Parish |
| Sun (28 Jun) | 9:30 am | Fe Laranjo (RIP) | Sunday | 11:30 am | Anthony James (Anniv) |

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But King Henry wanted him to support his second illicit marriage and sanction his authority over the Church in England. Thomas More refused and lost his job, status, money, reputation, friends, family and freedom—at each loss Henry hoped Thomas would give in—but he didn't and eventually lost his life. But Thomas' last words before his execution are instructive here: "I die his majesty's good servant, but God's first."

## Diocesan News

**Prayer and Fasting**. On **Tuesday 23rd June**, please pray and fast for the end of abortion and euthanasia in this country. Your prayer and fasting is urgently needed. For information on the days of Prayer and Fasting contact The Good Counsel Network on 020 7723 1740, or via *www.goodcounselnetwork.com*. "And the people of Ninevah believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least…God saw their efforts to renounce their evil ways. And God relented about the disaster which He had threatened to bring on them, and He did not bring it." (Jonah 3:5,10)'

**Assisted Suicide** Lauren Edwards MP has decided to use her second place in the Private Members' Bill ballot to re-introduce Kim Leadbeater's Assisted Suicide bill from the last Parliamentary Session. Archbishop John Sherrington, Lead Bishop for Life Issues, is calling on us to join in work and prayer to prevent this flawed bill from succeeding.

**Volunteer Fair.** Join Caritas Westminster for our annual Fair, bringing together charities and community organisations from across London & Herts. **Saturday 4 July 2026 3-5pm, Westminster Cathedral Hall**, Ambrosden Ave, SW1P 1QW. Discover volunteering opportunities, and find out how you can put your time and talents into action to support others! See Poster at the back of the Church.

## Parish News

**Mission Red Box—Thank you and Appeal.** Fr Gerry Hastie wishes to thank the parish for the welcome and generous response to the Red Box appeal last weekend. If you did not get a chance to collect a Red Box or Direct Debit form, please speak to Fr Michael. You can also find more information at: *www.missio.org.uk*.

**Papal Encyclical**. Fr Keith Barltrop, Parish Priest at our neighbouring parish of St Mary of the Angels, will be giving a series of three talks on Pope Leo's recent encyclical on 'Artificial Intelligence; Threat or Opportunity?' on **Tuesdays June 30, July 7 and 14,** in the Newman Room at St. Mary of the Angels, W2 5DJ, 6.30pm, with Cheese and Wine.

The **Pilgrim Mother Apostolate** are holding a retreat in our Hall next Saturday (**27th June**) from **12:30 to 5pm**. The main objective is evangelizing families and individuals. The Schoenstatt Rosary Campaign reaches out to everyone, promoting the Rosary, Christian values, and renewing the life of prayer in homes, schools, and wherever people search for God. All are welcome. See *https://schoenstatt.com/in-mission/church/pilgrim-mother/* for more information.

**The Parish needs more Catechists.** Would you like to help teach others the faith? The diocese is holding a **Three-day Catechists' Course**, in Autumn 2026. In September and October the Catechesis Support team will be running a three-day course for catechists in Vaughan House, Westminster. This course will take place over three Saturdays (**12 and 26 September & 17 October**), from **10am-4pm** (4.30pm on the 17th October), and catechists do need to come to all three days as we shall be covering different material each day.
The course is free and open to all current and prospective catechists in the diocese, however new or experienced they might be. Please bring a packed lunch.
We ask that all attendees book in advance to say that they will attend all three days. More information and the booking form can be found by visiting *https://rcdow.org.uk/catechists-course/* or contact the Agency for Evangelisation by email at *catadmin@rcdow.org.uk* or by telephone: 020 7798 9152.

## Marriage Matters

(www.marriagecare.org.uk)

**Twelfth Sunday in Ordinary Time**

(Jeremiah 20:10-13 Rom 5:12-15 Matt 10:26-33)

**Fear conceals itself…**

How easy to become paranoid, to wonder what others might be saying about us. These aspects can be present outside our relationship and within it; at their core is fear! Jesus continuously exhorts the Twelve, "do not be afraid…every hair on your head has been counted". Living our life now in Christ, we will not fear what others think.

## Funeral Notices

The Reception and Requiem Mass of the late **Dexter Alexander** will take place on **Thursday 25th June at 11:30 am** at **Our Lady of Lourdes Church,** followed by internment at St Mary's Catholic Cemetery.

First Anniversary Memorial Mass for **Tony James** will take place on **Tuesday 30th June at 6pm** at **Our Lady of Lourdes Church**