Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
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Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday:.....10:00 am (Paddington)
Wednesday: No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday: ..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

(New Green) Parish Mass Book Page 81

Exodus 34:4-6, 8-9; 2 Corinthians 13:11-14;

John 3:16-18.

Parish of PADDINGTON NORTH

with the churches of

OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)

and

OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

JUNE - MONTH OF THE SACRED HEART OF JESUS

31ST MAY 2026

TRINITY SUNDAY (YEAR A).

Three in One—The Trinity

The Catechism of the Catholic Church in paragraph 234 states: "The mystery of the Most Holy Trinity is the central mystery of Christian faith and life. …. It is the most fundamental and essential teaching in the 'hierarchy of the truths of faith'." - Wow, How many of us realise this? The catechism goes on to explain that the Trinity is the source of all the other mysteries of faith and the light that enlightens them!

When the church uses the word 'mystery' it is not in the sense of an Agatha Christie 'Who done it' puzzle, but meaning that by human reason we could not have worked it out; God had to reveal it to us. And it is first hinted at right back in the first chapter of the whole bible, where we read: "Let **us** make man in **our** image, after **our** own likeness" (Genesis 1:26).

When the Lord (singular) appears to Moses by the oaks of Mamre, he sees "three men stood in front of him" (Gen 18:1-2). Even though it had been gradually revealed to us in time, we need to see the Trinity present and in action at every stage in the history of the world. Everything that was, has been and will be is made and happens through the Holy Trinity.

This might seem of limited significance but the most simple action of making the sign of the cross reminds us that we place all that we are doing in the Name (notice **Name** [singular] not **names** [plural]) of the Father, and of the Son and of the Holy Spirit—i.e. the Trinity—three titles, three persons but a single name, one nature, one God and we must try to do everything in that name.

We are not simply asked just to ponder the mystery but consider how it should affect our action; the nature of the Trinity gives us a

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Mass Intentions for week beginning Saturday 30th May 2026

Saturday	6:00 pm	Archie McAllister (RIP)
Sunday	11:30 am	Holy Souls
Tuesday	10:00 am	-
Thursday	10:00 am	-
Sat (6 Jun)	10:00 am	Josephine Murphy (Anniv)
Sun (7 Jun)	9:30 am	Irene Hand (RIP)
Sunday	9:30 am	Noel Laranjo (Anniv)
Monday	10:00 am	-
Wednesday	No Mass	
Friday	10:00 am	Rosaline Lascona (Anniv)
Saturday	6:00 pm	Ben Hutton (RIP)
Sunday	11:30 am	People of the Parish

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direction for doing something (and that is Love). The Father sends the Son, who becomes one with us in Jesus, and they both send the Holy Spirit to us, enabling us to be spiritually connected to the Trinity as the Spirit makes us members of the Body of Christ.

Thus just as the Word and the Spirit are sent, so are we sent into the world—but each in our own small way.

Diocesan News

The Life of Christ -The Story Of Jesus, Brought To Life: 16 -20 June 2026.

Discover the wonder of Jesus' life with an unforgettable event for all the family. The Life of Christ is a play like no other, placing you in the middle of an immersive theatre experience. Join over a hundred actors in the stunning grounds of Wintershall Estate as this magnificent story is movingly recreated with authentic detail in an epic open-air production. Watch the Wedding in Cana, the Feeding of the 5000 and the Last Supper unfold before your eyes. It's the perfect day out for families, faith groups, theatre lovers and schools. Tickets can be booked at *https://www.wintershall.org.uk/event/life-of-christ/*
Please note that 16th & 17th June are schools only days. There is limited availability on Thursday 18th & Friday 19th June. At present there is availability on Saturday 20th June but please book as soon as possible to avoid disappointment.

Parish News

Walsingham Pilgrimage. The 10th Diocesan Pilgrimage to the Shrine at Walsingham will take place on Saturday 19 September 2026. If you are interested please sign up on the forms at the back of the church, depending on numbers we will either book a coach or look to join with an adjacent parish. (Cost is not known at this stage)

Would you like the Blessings of Our Lady of Fatima in your home? The Legion of Mary is offering a program to bring the Pilgrim Virgin statue to your home. The statue of Our Lady of Fatima will be brought to your home by two members of the Legion. Welcoming prayers and the Rosary will be said. The statue will remain in your home for 1 week. Farewell prayers will be said and the statue then moves to a new home. If interested please sign the sheet at the back of the church.

Pope Leo's Prayer Intention for June 2026

June's prayer intention invites us to look at sport with fresh eyes. It's not just about winning medals or cheering from the side-lines; it's a brilliant way for people to meet, mix, and understand one another. Whether it's kids swapping high fives after a match or nations coming together for a tournament, sport has this gentle power to build peace. It teaches **respect, solidarity,** and real **personal growth**—often without us even noticing. So this month, let's pray that every game, race, and kickabout becomes a small step toward a kinder, more connected world. This month Pope Leo invites us to join in his prayer intention, "**….that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth**."

Marriage Matters

(www.marriagecare.org.uk)

Holy Trinity

(Exodus 34:4-6, 8-9 2 Corinthians 13:11-13 John 3:16-18)

Be united and live in peace

In today's readings, God is revealed as full of compassion, tenderness and love for His people. Through the sacrament of marriage, we are called to reflect these qualities through our relationship with each other. When we are irritated and react angrily, it is important that we look at ourselves together, trying to recognise why, and seek to correct the causes.

Funeral Notices

The Reception and Requiem Mass of the late **Carlos Abraham** will take place on **Monday 8th June at 11:30 am** at **Our Lady of Lourdes Church,** followed by committal at West London Crematorium.

The Reception and Requiem Mass of the late **Dexter Alexander** will take place on **Thursday 25th June at 11:30 am** at **Our Lady of Lourdes Church,** followed by internment at St Mary's Catholic Cemetery.