Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
michaeljarmulowicz@rcdow.org.uk

Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday:.....10:00 am (Paddington)
Wednesday: No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday: ..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

Parish Mass Book Page 122
Jeremiah 20:7-9; Romans 12:1-2;
Matthew 16:21-27.

Parish of PADDINGTON NORTH

with the churches of
OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)
and
OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

AUGUST - THE IMMACULATE HEART OF MARY
30TH AUGUST 2026
22ND SUNDAY ORDINARY TIME (YEAR A)

Accepting Our Crosses



Jesus began to tell his disciples that he must go to Jerusalem and undergo great suffering and death at the hands of the elders, chief priests and scribes. Peter took Jesus aside, "This must never happen to you," he said. Surely Peter only had Jesus' best interests at heart. Imagine how mortified he must have felt to hear Jesus reply, "Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man."

What kind of deal is it to get everything you want in life but lose your soul? Often, in life, when finally we get what we want, the euphoria is short lived. We might feel elated for a few days at achieving one of our closest held ambitions, but then we are left with that hollow, 'what next?' kind of feeling.

Today Jesus is talking about the necessity for suffering and dying. But why does Jesus see accepting the cross as a necessity? Why does he not stop to consider the alternative that Peter suggests?

As Christians we are asked to live life differently from those who struggle to fill life with pleasure and enjoyment. This is the paradox of Christian life—if we live a life of TRUE love—ie 'willing the good of the other and doing something about it' (but knowing that we can ONLY do this with the help of God's grace) then we get the true peace that only God can give. But freely given love means putting God and others before ourselves—ie. sacrifice. Others can reject our love / help —which hurts.

There is a well-known saying that goes, 'It is better to die a meaningful death, than live a meaningless life.' As Christians we have to transcend, self-interest, self-preservation and ego trips. The person who tries to indulge in every enjoyment may find him or herself chasing impossible rainbows. Could this be Satan's favourite trick? By trying to make life perfect by our own human agendas, are we in danger of reaching the end of life only to realise we have not lived life at all?

Mass Intentions for week beginning Saturday 30th August 2026

Saturday	6:00 pm	Patricia Sylvester (Anniv)
Sunday	11:30 am	People of the Parish
Tuesday	10:00 am	-
Thursday	10:00 am	-
Sat (5 Sept)	10:00 am	-
Sun (6 Sept)	9:30 am	
Sunday	9:30 am	Hannah & Maria Ngobeh (RIP)
Monday	10:00 am	-
Wednesday	No Mass	
Friday	10:00 am	Catherine Long & Family (Ints)
Saturday	6:00 pm	People of the Parish
Sunday	11:30 am	Maria Meza (5th Anniv)

Diocesan News

The Cardinal Vaughan Memorial School September 2027 Year 7 Admissions.

Our Year 7 open evenings will be held on **Thursday 17 September** 2026 and **Tuesday 22 September** 2026, for boys who will be eligible for Year 7 entry in September 2027. The Headmaster will address parents and pupils at 4.30pm and again at 6.00pm. Following each speech, parents will be taken on a tour of the school. We therefore recommend you arrive in good time for either 4.30pm or 6.00pm. The online application form link for Year 7 is available on the school website *www.cvms.co.uk/admissions*

Marriage in a Rut? Or need help with deeper issues? **Retrouvaille** has helped thousands of couples find hope and healing in their marriage. Next dates: **2nd - 4th Oct**.
www.retrouvaille.org.uk/info Tel: 0788 7296983

Caritas Deaf Service 50th Anniversary. The Deaf Service will celebrate 50 years of becoming part of the diocesan family on **Saturday 26th September 2026, with a Mass at 2pm in Westminster Cathedral** celebrated by Bishop Paul McAleenan. All are invited to join this Mass in Word and Sign.

Parish News

Walsingham Pilgrimage. Final Call: The Diocesan Pilgrimage to the Shrine at Walsingham will take place on **Saturday 19 September 2026**. Currently 22 people have signed up for this pilgrimage. I am about to book the coach and so need final numbers . If you have not previously signed up, then please add your name and Tel No to the list at the back of the church.
I do not know the cost yet (will depend on numbers) but diocese is asking for a £7 Pilgrimage Levy fee for each pilgrim, in addition to our coach fare.

Legion of Mary: ***Peregrinatio pro Christo***. A team from the Legion of Mary will be visiting our parish during the week 5th—12th September, and visiting all homes in the parish, irrespective of their faith. Lapsed Catholics will be gently encouraged to return. Miraculous medals will be given to those who accept them. The team will be introduced to you at mass next weekend.

SVP. We are in desperate need for more committed members who can spare about an hour per week helping the vulnerable and those in need. We are getting regular referrals for help which the current membership cannot respond to. Requests vary in nature—some are lonely and just need a regular chat with another human being. Some require help with completing forms. Some are people who have been moved into the area but have minimal necessities to furnish their homes.

Special Needs Mass. **Our Lady of The Holy Souls**, **Kensal New Town**, invites you to a Mass for children and adults with additional needs, to be celebrated by **Fr. Damian Ryan** on **Saturday, 12 September 2026 at 2:00 pm**, followed by light refreshments. All are most welcome, particularly parishioners and visitors with additional needs, together with their families, friends and carers.

RCIA—The Rite of Catholic Initiation of Adults (Journey in Faith). This is a final call to all adults who never been baptised, or have been baptised, but for various reasons never received the sacrament of Confirmation. Please see Fr Michael if you are one of these adults. The **first meeting will be on Saturday 11th September at 12:00 noon** at Harrow Road (parish office entrance).

Bible in a Year: Family edition. In 2021 Ascension Press produced a very successful 'Bible in a Year' podcast presented by Fr Mike Schmitz. They received many requests for a version families could listen to together. This has been produced and will start on January 1st 2027. It will be free on YouTube and designed primarily for families with children aged 7-12 years. For a sneak preview of a session goto: *https://www.youtube.com/watch?v=4kmsLaab3pI*

I am a Catholic. Help yourself to a card at the back of the church to carry in your wallet, so that a priest can be called in an emergency.

Marriage Matters

(www.marriagecare.org.uk)

Twenty-Second Sunday in Ordinary Time

(Jeremiah 20:7-9 Romans 12:1-2 Matthew 16:21-27)

The 'sign' of growth is change

St Paul urges us to think of God's mercy and change the way we behave so that the will of God is visible in us. As husbands and wives we can help each other in this endeavour, so that a renewed and deeper love is revealed in our relationship and, in turn, reflected out to our family, friends and community.