Presbytery

337 Harrow Road, London, W9 3RB
Tel: 020 7286 2170

Parish Priest

Fr. Michael Jarmulowicz
michaeljarmulowicz@rcdow.org.uk

Also in Residence
Fr Daniel Isah & Fr Charles Soyombo
(for advanced studies)

Parish Office

Parish Administrators:
Mrs Jennifer Ellis
Office Hours: Mon 9 - 5 pm

Mrs Mandy O'Sullivan-Whiting
Office Hours: Wed (by phone) & Thur 10 - 4 pm
Tel No: 020 7286 2170 (option 3)
E-mail: paddingtonnorth@rcdow.org.uk
Website: parish.rcdow.org.uk/harrowroad

Mass Times this week

Monday:.....10:00 am (Harrow Road)
Tuesday:.....10:00 am (Paddington)
Wednesday: No Mass
Thursday: .....10:00 am (Paddington)
Friday: .....10:00 am (Harrow Road)
Saturday:.....10:00 am (Paddington)
..... 6:00 pm (Harrow Rd)
Sunday:..... 9:30 am (Paddington)
.....11:30 am (Harrow Rd)

Eucharistic Adoration

One hour before weekday and Saturday Masses.

Confessions

During periods of exposition of the Blessed Sacrament, and on request.

Mass Readings

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Exodus 22:21-27; 1 Thesalonians 1:5c-10;
Matthew 22:34-40.

Parish of PADDINGTON NORTH

with the churches of
OUR LADY OF LOURDES & ST VINCENT DE PAUL (337 HARROW RD)
and
OUR LADY OF SORROWS, (17 CIRENCESTER ST, PADDINGTON)

OCTOBER - MONTH OF THE ROSARY
25TH OCTOBER 2026
30TH SUNDAY ORDINARY TIME (YEAR A)

Love, Love, Love … All you need is love.



In that famous pop song, the Beatles tell us, "All you need is love…, Love is all you need" but isn't that just a sentimental ideal? Don't we need other things like food, homes, jobs, clothes, education and laws to make a happy and safe society?

In today's gospel a lawyer employed by the Pharisees asks Jesus a question. "Teacher, which commandment in the law is the greatest?" It's another 'loaded' trap question. The religious leaders had devised six hundred and thirteen commandments, and they taught all were important. If Jesus were to pick any one commandment as being more important than another then it would be to negate one of the other six hundred and twelve.

But, as always, Jesus did not fall into the trap and did not invalidate any one of the commandments. Rather, he chooses the two commandments that underpin and include all the others. "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. (Deut 6:5) And you shall love your neighbour as yourself. (Lev 19:18)"

It is difficult, if not impossible, to think of a human situation that can't be remedied by a mutual love. Love in this context is not the warm fuzzy feelings that come in a Valentines card, but a deep empathy and compassion for fellow human beings.

"It's easy….." sing the Beatles. Well reality is rather different... It is sometimes difficult to even like the people we meet, let alone love them. Love takes practice. Why? Because true love is seeing the similarities between ourselves and not the differences. Love sees that everyone wants the same things and needs the same things. Love starts by the little things we do for each other and gradually turns into a permanent state of being. Only then can we really claim to love God. We cannot claim to love God if we dislike or have a deep disdain for those around us.

Love starts in the mind, so let us be thinking today, and every day, how best to love and serve our neighbours.

Mass Intentions for week beginning Saturday 24th October 2026

Saturday	6:00 pm	Mr & Mrs Clovis (RIP)	Sunday	9:30 am	Francis & Mary Mondero (Anniv)
Sunday	11:30 am	Raimonda Pintus (Anniv)	Monday	10:00 am	Michael & Mary O'Doherty (Anniv)
Tuesday	10:00 am	People of the Parish	Wednesday	No Mass	
Thursday	10:00 am	Melissa & Jairus Estrada (Ints)	Friday	10:00 am	Michael & Mary O'Doherty (Anniv)
Sat (31 Oct)	10:00 am	Josephine Sunderam (Ints)	Saturday	6:00 pm	People of the Parish
Sun (1 Nov)	9:30 am	Dea Ligan (Ints)	Sunday	11:30 am	Michael & Mary O'Doherty (Anniv)

Diocesan News

All Souls. A plenary indulgence, applicable only to the souls in Purgatory, is granted to any of the faithful who (1) on one of the days from 1-8 November visit devoutly a cemetery or simply pray mentally for the dead; (2) on All Souls' Day visit a church or chapel with devotion and there recite the Our Father and the Creed.

Parish News

Mini-Pilgrimage to St Francis of Assisi Church, Pottery Lane – On **Saturday 31st October** there will be a mini pilgrimage to mark the 800th anniversary of the death of St Francis. The pilgrimage will **start at St Mary of the Angels Church, Moorhouse Road, at 2pm** and, after some prayers there, the procession will walk to Pottery Lane for a short service.

November Dead List. Please use the sheets and envelopes at the back of the church to register the names of your deceased loved ones, to be placed on the altar and prayed for each day in November.

November Cemetery Mass. The Bi-Annual Concelebrated Requiem Mass at St. Mary's Cemetery, Kensal Green, NW10 5NU, will be on **Monday 2nd November at 11.30am**.

Parish Pensioners Christmas Dinner. Advance notice that our own senior citizens Christmas dinner will be on **Saturday 12th December**. Sign up sheets for volunteers and diners will be put up closer to the date.

Confirmation and First Holy Communion. Application forms are available from Fr Michael, but also available on the parish website. *https://parish.rcdow.org.uk/harrowroad/sacramental-prep/*. Forms can be filled in electronically. **The closing date for acceptance of all application forms is the end of November**. The sessions will be starting after Christmas, but there will be parents meetings for both the Holy Communion and Confirmation programs before Christmas.

Parish Pastoral Committee. We had our first meeting on Monday but only one person from Harrow Road church came, despite several others indicating their willingness to be involved. Christine will try and see if this interest still exists and so we can have a second meeting very soon.

Free 12-week Digital Confidence Training . A free course is being offered by Ubuntu Pledge CIC, a community organisation supporting residents to develop digital confidence and access essential online services. This is open to all residents who live in Westminster, Harrow Road, Queens Park and Westbourne. They are launching this **free** 12-week Digital Confidence Training programme at Queen's Park Library, starting Friday 23 October, from 10 am to 12 pm. Venue: Queen's Park Library, 666 Harrow Road, London W10 4NE.
See poster at the back of the church with QR code to sign up. I have only just received these details this week, so I am sure missing 1st session will not be a problem.

Marriage Matters

(www.marriagecare.org.uk)

Thirtieth Sunday in Ordinary Time

(Exodus 22:20-26 1 Thess 1:5-10 Matt 22:34-40)

How can I best love you today?

In today's gospel Jesus says love should be at the centre of our lives, so we must ask 'How can I best love my partner today?' To know how our partner experiences our love best, we need to explore together whether it is through compliments, special time together, presents or acts of service, or simple hugging and kissing.

Funeral Notices

The Reception and Requiem Mass of the late **Paul Slattery** will take place on **Friday 13th November at 10:45 am** at **Our Lady of Lourdes Church,** followed by committal at West London Crematorium.

The Reception and Rite of Committal for Cremation of the late **Antonio Pita** will take place on **Monday 9th November at 10:00 am** at the West London Crematorium.