

19 JULY AND THE RELAXING OF COVID PRECAUTIONS AND RESTRICTIONS: We received the latest guidelines on Friday and will be working through them to see what, if anything, needs to change for next weekend. Here are a few basics:

- We will continue to use Face Coverings in church as we do now. For the safety of everyone, we are all asked to do this.
- We will continue with sanitizing of hands on entry to the church.
- Capacity in church will be increased as is prudent and as most people are comfortable. Places in church will not be so strictly limited.
- It will still be necessary to give contact information for Track and Trace. However, with more places in church we may well end the reservation system. ***However, coming as early as possible to Mass is always the best idea in order to use space well and comfortably.***

RESPECT FOR THE BLESSED SACRAMENT: If you are able to come to the grace of Holy Communion remember the guidelines: Holy Communion is received in the hands, which should be extended as far as possible in front of you, and you should be holding nothing else in your hands, including for example face coverings or a rosary. You are respectfully asked **not** to wear your face covering when coming to Holy Communion, so that you may worthily consume the Blessed Sacrament. This is why the priest wears his face covering at this point, to maximise mutual safety.

These guidelines are not invented by your parish clergy - they come to us from the bishops and we are all asked to respect them, clergy and faithful alike.

VOLUNTEERS NEEDED TO HELP WITH THE NEXT STAGE OF FIGHTING COVID: With the easing of Covid restrictions we will have all the more need of volunteers to keep the churches clean and safe. There will be less stewarding work to do, however. Please can you help by offering an hour or two every so often?? Everyone over the age of 18 can be a volunteer, including those over 65 who have received both vaccinations. Send you contact number and email to harrowssouth@rcdow.org.uk. **THANK YOU.**

FR TOM: As you already know, Fr Tom is moving on and this week we got the news that he is to become Parish Priest of the Parish of St Matthew Northwood. Congratulations to Fr Tom but above all is our assurance of prayers for this new responsibility in guiding souls and proclaiming the Gospel. Fr Tom's last Sunday with us will be 5 September and there will be more information to follow about how we will mark that occasion. Please keep Fr Tom, Fr Chinedu and Fr James in your prayers during this time.

PARISH WEBSITE: As you will have seen the parish website has been redesigned at Diocesan HQ, as has the site for every other parish! This is presenting us with a few problems about how to present information and how useful information can be found. Bear with us as we try to sort out the issues. The benefits of this upgrade are amongst others that hopefully the new version is more easily used on smart phones.

AID TO THE CHURCH IN NEED: An appeal has been made for us to write to the Home Secretary. On 7th June Priti Patel stated in the House of Commons that she would meet Sir Edward Leigh MP and representatives of Aid to the Church in Need (ACN) to discuss granting asylum to Maira Shahbaz. Maira, 15, is a Christian girl in Pakistan receiving death threats because of a false apostasy accusation. Over a month on, Priti Patel has not offered a date yet. Visit our [Aid to the Church in Need page](#) on our new updated website for more details.

PARISH OFFICE: The office remains closed to visitors, because the building is not open to unscheduled visits. You can contact the office by the parish telephone number and Cynthia can make arrangements to collect or drop off documents etc on an individual basis. Please respect this and please don't ring the door bell on the way in to or out of Mass.

NEWS FROM CARITAS WESTMINSTER: *"Introduction to Volunteering"*: 21st September, 10 – 11:30 am, Zoom.

Thinking about volunteering? Find out how to get started at a free interactive session run by Caritas Westminster. It is for people thinking about or just starting out in volunteering. Explore what your perfect role could be and how to find it, discover what your first days might be like, and how to deal with issues that may crop up along the way. This event covers all the basic need-to-knows about becoming a volunteer.

Book your place on Eventbrite: <https://www.eventbrite.co.uk/e/introduction-to-volunteering-tickets-159672389415>

Volunteering Opportunity with the Caritas Volunteer Service:

The Caritas Volunteer Service is growing! We are looking for a couple of volunteers who share our passion for social action and volunteering. This is an opportunity to help transform lives throughout the Diocese by helping charities and outreach projects find volunteers. Deadline for applications: 31 July. For more information please contact: <https://www.caritasvs.org.uk/volunteer-with-us.php>

[us.php](#)

VOCATIONS VIDEO: The vocations team have produced a new video featuring interviews with the Cardinal. Follow the link [here](#) and encourage your sons to do the same!

DIOCESAN LOURDES PILGRIMAGE MASS: Cardinal Vincent will celebrate the Lourdes Pilgrimage Mass at the Cathedral on 28 July at 2pm. With restrictions removed on the 19th July, the Cathedral will be at increased capacity, so all are welcome in person and via livestream at www.westminstercathedral.org.uk.

DIOCESAN WALSINGHAM PILGRIMAGE MASS: will be celebrated by Bishop John Sherrington at the Cathedral on 11 September at 2.30pm.

YOUNG CHRISTIAN CLIMATE NETWORK RELAY: Westminster Justice and Peace is hosting two events to contribute to the Young Christian Climate Network Relay on Friday 6 August.

1) A lunch at Farm Street parish and walk to Westminster Cathedral from 1pm to 3pm. Sign up at <https://www.eventbrite.co.uk/e/163375276851>.

2) On the same day is an ecumenical prayer service at Westminster Cathedral from 3.30pm to 4pm. Sign up at <https://www.eventbrite.co.uk/e/163372454409>.

EUCHARISTIC OCTAVE: The International Eucharistic Congress is due to take place in September in Budapest. Travel restrictions are likely to make it difficult to be there, and as such, there will be a Eucharistic Octave in London organised by several of the London Parishes to celebrate our Eucharistic Lord.

- Saturday 11 September: a day of Adoration, with Mass celebrated at 12noon by Cardinal Vincent Nichols

- The week of 13 September: Mass at Corpus Christi, Maiden Lane every evening at 6:30pm. Will include Mass in the Ordinary and Extraordinary Forms of the Roman Rite, the Ordinariate Use and the Ukrainian Divine Liturgy. There will also be a Requiem Mass for all those who have died from Covid-19.

- Sunday 19 September: a grand Eucharistic Procession at 3:30pm, departing from Our Lady of the Assumption, Warwick Street, and heading towards St James, Spanish Place, via Farm Street and the Ukrainian Cathedral.

Full details of events during the octave can be found at www.catholiclondon.org

11TH ANNUAL G.K.CHESTERTON PILGRIMAGE: Sunday 24 July. Should you wish for some fresh air and up to 27 miles of walking!! More information is available at www.catholicgkchestertonsociety.co.uk or tel: 07795 205114. Pilgrims are taking prayer requests, especially for Life Issues, on catholicgkcsociety@yahoo.co.uk

RIGHT TO LIFE UK ASK FOR YOUR HELP: Ask your MP to vote against abortion up to birth

The abortion lobby, led by the UK's largest abortion provider, BPAS, has worked with Diana Johnson MP to bring forward an amendment to hijack the Police, Crime, Sentencing and Courts Bill to introduce abortion on demand, for any reason, up to birth to England and Wales.

This would be the single biggest change to abortion legislation since 1967 and would leave England and Wales with one of the most extreme abortion laws in the world. We are expecting that this radical proposal will be voted on by MPs this Monday.

Right To Life UK has launched an easy-to-use tool that makes it simple for you to send an email to your MP asking them to vote against the motion. Please click the link below to contact your MP now. It only takes 30 seconds!

www.righttolife.org.uk/StopAbortionUpToBirth

MARCH FOR LIFE UK: SATURDAY 4 SEPTEMBER: This year March for Life is back on the streets of London. Join the pro-life movement in this act of witness. Details at www.marchforlife.co.uk.

APPEAL FOR PRAYER FOR LEBANON: The Assembly of Catholic Patriarchs and Bishops of Lebanon have asked for prayers and support as the Lebanese nation is facing a serious risk of losing its identity forged by encounter, plurality and fraternity, in the light of an unprecedented political, social, sanitary and economic crisis. Practical support can be given through Aid to the Church in Need.

REDUNDANCY COACHING: <https://www.vitaeopus.co.uk> provides free online information and advice about Job Hunting, Self Employment and Active Retirement for Parishioners adversely affected workwise by the pandemic. This has been passed on to us by the Diocese of Northampton.

GRANT MONEY AVAILABLE FOR GREENER HOMES: Maybe you have already heard of the scheme, but in brief, it offers grants of up to £10,000 to owner occupiers (and in some cases have been able to offer much more using additional schemes such as ECO) to carry out energy efficiency works on their properties at absolutely no cost to the resident. The West London Green Homes Grant: Local Authority Delivery Scheme is open to landlords and homeowners of D, E, F, and G rated homes in Barnet, Brent, Ealing, Hammersmith & Fulham, Harrow, Hounslow, Kensington and Chelsea, Lambeth, Newham, Richmond, and Wandsworth. To be eligible, the total household income must be below £30k/year (and up to £20k in housing benefits). If you believe that you or your tenant may qualify, please call Healthy Homes Ealing at 0800 083 2265 and ask to be screened for the LAD program or register for the scheme by visiting: <https://london.greendoctors.org.uk/green-homes-grant>.

"JESUS, I ADORE YOU": is a new book of prayers before the Blessed Sacrament for younger children. Available from St Gabriel's office or stewards priced £5.95. A really good teaching resource for parents, especially in this time without public celebration of Mass.

HAND MADE ICON FOR SALE: Cristinel Paslaru, who made the icons of the Baptism of Christ in St Gabriel's and of the Holy Trinity in St Bernard's is a professional Icon Writer from Iasi in Romania.

He has made a new icon of St Christopher (25cms x 12cms) which is looking for a home. His price is £150. Cristi's work is beautiful and of the highest quality. All questions or enquiries to Fr James.



Support our parish.

You can make a donation to the parish by scanning the QR code or making a card payment on the card machine at the entrance of both of our churches.