

**19 JULY AND THE RELAXING OF COVID PRECAUTIONS AND RESTRICTIONS:** We have now entered the next stage of the relaxing of our Covid precautions and restrictions. Whilst things have changed, we do still need to keep some restrictions at this time, such as sanitizing our hands when we enter church and wearing face coverings as we care for each other and giving our contact information. For all the changes in detail **INCLUDING CHANGES TO SUNDAY MASS TIMES** please go to our special website page [here](#).

**RESPECT FOR THE BLESSED SACRAMENT:** If you are able to come to the grace of Holy Communion remember the guidelines: Holy Communion is received in the hands, which should be extended as far as possible in front of you, and you should be holding nothing else in your hands, including for example face coverings or a rosary. You are respectfully asked **not** to wear your face covering when coming to Holy Communion, so that you may worthily consume the Blessed Sacrament. This is why the priest wears his face covering at this point, to maximise mutual safety.

*These guidelines are not invented by your parish clergy - they come to us from the bishops and we are all asked to respect them, clergy and faithful alike.*

**VOLUNTEERS NEEDED TO HELP WITH THE NEXT STAGE OF FIGHTING COVID:** With the easing of Covid restrictions we will have all the more need of volunteers to keep the churches clean and safe. There will be less stewarding work to do, however. Please can you help by offering an hour or two every so often?? Everyone over the age of 18 can be a volunteer, including those over 65 who have received both vaccinations. Send you contact number and email to [harrowsouth@rcdow.org.uk](mailto:harrowsouth@rcdow.org.uk). **THANK YOU.**

**FR TOM:** As you already know, Fr Tom is moving on and this week we got the news that he is to become Parish Priest of the Parish of St Matthew Northwood. Congratulations to Fr Tom but above all is our assurance of prayers for this new responsibility in guiding souls and proclaiming the Gospel. Fr Tom's last Sunday with us will be 5 September and there will be more information to follow about how we will mark that occasion. Please keep Fr Tom, Fr Chinedu and Fr James in your prayers during this time.

**NEWS FROM CARITAS WESTMINSTER: "Introduction to Volunteering":** 21st September, 10 – 11:30 am, Zoom.

Thinking about volunteering? Find out how to get started at a free interactive session run by Caritas Westminster. It is for people thinking about or just starting out in volunteering. Explore what your perfect role could be and how to find it, discover what your first days might be like, and how to deal with issues that may crop up along the way. This event covers all the basic need-to-knows about becoming a volunteer.

Book your place on Eventbrite: <https://www.eventbrite.co.uk/e/introduction-to-volunteering-tickets-159672389415>

*Volunteering Opportunity with the Caritas Volunteer Service:*

The Caritas Volunteer Service is growing! We are looking for a couple of volunteers who share our passion for social action and volunteering. This is an opportunity to help transform lives throughout the Diocese by helping charities and outreach projects find volunteers. Deadline for applications: 31 July. For more information please contact: <https://www.caritasvs.org.uk/volunteer-with-us.php>

**CATHOLIC HISTORY WALKS:** See [www.catholichistorywalks.com](http://www.catholichistorywalks.com) for information. There's a regular programme of events around London. Trouble is they usually tell us about them with too little notice! If you would like to join the group for these interesting excursions, check the website.

**DIOCESAN LOURDES PILGRIMAGE MASS:** Cardinal Vincent will celebrate the Lourdes Pilgrimage Mass at the Cathedral on 28 July at 2pm. With restrictions removed on the 19th July, the Cathedral will be at increased capacity, so all are welcome in person and via livestream at [www.westminstercathedral.org.uk](http://www.westminstercathedral.org.uk).

**DIOCESAN WALSINGHAM PILGRIMAGE MASS:** will be celebrated by Bishop John Sherrington at the Cathedral on 11 September at 2.30pm.

**YOUNG CHRISTIAN CLIMATE NETWORK RELAY:** Westminster Justice and Peace is hosting two events to contribute to the Young Christian Climate Network Relay on Friday 6 August.

1) A lunch at Farm Street parish and walk to Westminster Cathedral from 1pm to 3pm. Sign up at <https://www.eventbrite.co.uk/e/163375276851>.

2) On the same day is an ecumenical prayer service at Westminster Cathedral from 3.30pm to 4pm. Sign up at <https://www.eventbrite.co.uk/e/163372454409>.

**EUCCHARISTIC OCTAVE:** The International Eucharistic Congress is due to take place in September in Budapest. Travel restrictions are likely to make it difficult to be there, and as such, there will be a Eucharistic Octave in London organised by several of the London Parishes to celebrate our Eucharistic Lord.

- Saturday 11 September: a day of Adoration, with Mass celebrated at 12noon by Cardinal Vincent Nichols

- The week of 13 September: Mass at Corpus Christi, Maiden Lane every evening at 6:30pm. Will include Mass in the Ordinary and Extraordinary Forms of the Roman Rite, the Ordinariate Use and the Ukrainian Divine Liturgy. There will also be a Requiem Mass for all those who have died from Covid-19.

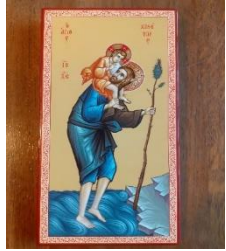
- Sunday 19 September: a grand Eucharistic Procession at 3:30pm, departing from Our Lady of the Assumption, Warwick Street, and heading towards St James, Spanish Place, via Farm Street and the Ukrainian Cathedral.

Full details of events during the octave can be found at [www.catholiclondon.org](http://www.catholiclondon.org)

**MARCH FOR LIFE UK: SATURDAY 4 SEPTEMBER:** This year March for Life is back on the streets of London. Join the pro-life movement in this act of witness. Details at [www.marchforlife.co.uk](http://www.marchforlife.co.uk).

**HAND MADE ICON FOR SALE:** Cristinel Paslaru, who made the icons of the Baptism of Christ in St Gabriel's and of the Holy Trinity in St Bernard's is a professional Icon Writer from Iasi in Romania.

He has made a new icon of St Christopher (25cms x 12cms) which is looking for a home. His price is £150. Cristi's work is beautiful and of the highest quality. All questions or enquiries to Fr James.



## Support our parish.

You can make a donation to the parish by scanning the QR code or making a card payment on the card machine at the entrance of both of our churches.